



AGELESS

ADVENTURE TOURS

Discover Your Own Backyard

Gaspé Peninsula - Québec by the Sea
September 2025

**2025 TOUR
BROCHURE**

604-542-5566
agelessadventures.com
1-877-277-5577

Dear Traveller,

Ageless Adventure Tours is a BC family owned and operated Tour Company specializing in escorted tours of Canada, the US, and beyond, for over 37 years.

We invite you to join us on some incredible journeys this year and experience the Ageless Adventure advantage: the best tour experience possible, diverse sightseeing, comfortable accommodations, quality meals, small intimate group sizes, and tours that provide local knowledge and a historical perspective. A professional tour guide who will create a safe, fun, and casual atmosphere leads each of our tours. All tours are thoroughly researched and designed for the mature adult and are anywhere from two to twenty-two days in length.

Each year we include new or revised tours to keep our long-term customers returning for new adventures. This year we have four new tours, and two tours with revised itineraries/routes.

Many things separate us from other companies: Our Stay'n'Play Programme, designed to include multiple night stays in one location, unpack your suitcase and explore! Our Peace of Mind Cancellation Plan which is second to none in the industry...cancel a tour for any reason up to 48 hours before departure and receive a full refund. Our Home Pick-up and Drop-off Service and 5% Early Payment Discount make travelling with us that much easier. We also offer special discounts for repeat travellers... and these are just to mention a few of the perks of joining us for your getaways!

Please note: *Due to annual summer forest fires we adjusted our tours: coastal tours will be offered during the summer and interior tours are planned for the spring or fall.*

We believe our unique and interesting itineraries will entice you to join our tours and our attention to detail and excellent service will bring you back to travel with us year after year.

To our repeat customers we appreciate your emails, phone calls, and comments cards. Your feedback and loyalty is invaluable and is a huge factor in our success.

Thank you for your business, we look forward to travelling with you in 2025 and beyond!

Kind Regards;

Melinda and George Burns



Table of Contents

Name of Tour	Departure	Length	Page
NEW Portugal Holiday	March 11	22 days	6
Annual Women's Wellness - Kingfisher Resort & Spa	May 12	4 days	8
Explore Salt Spring Island	May 11	4 days	9
Kettle Valley Railway	May 25	4 days	10
Spectacular Gardens of Victoria	June 2	4 days	11
Newfoundland & Nova Scotia	June 9	16 days	12
St. Lawrence Seaway Cruise	June 10	10 days	14
Incredible Iceland	June 19	10 days	16
Haida Gwaii - <i>Experience Super Natural BC</i> . . (3 departure dates)	July 4 & July 19 & August 8	7 days	18
Cruising the Westcoast Waterways	July 11	6 days	19
Shuswap Getaway	July 14	4 days	20
Desolation Sound & Princess Louisa Inlet	August 11 & 18	5 days	21
Yukon and the NWT	July 24	12 days	22
MV Frances Barkley & the Uchuck	August 13	5 days	24
B.C. Wildlife Adventure	August 19	4 days	25
NEW Gaspé Peninsula, Québec by the Sea	September 13	10 days	26
Discovery Coast Passage	September 20	5 days	29
NEW Thousand Islands Cruise and Niagara Falls.	September 20	8 days	30
Autumn in Québec	October 7	8 days	32
Thanksgiving in Cowichan Bay	October 13	4 days	33
Thanksgiving on Salt Spring Island	October 13	4 days	34
Eagles at Harrison Hot Springs	November 5	3 days	35
Desert Canyons: Zion, Bryce, Grand Canyon, Arches, Monument Valley, and Lake Powell	October 14	11 days	36
NEW Coastal Croatia	October 15	12 days	38
Wickaninnish Inn Experience - Stormwatching at Long Beach	November 23	5 days	40
General Information			40

All tour prices are in Canadian funds (CAD) and include taxes

Visit our website www.agelessadventures.com and subscribe to our email newsletter to receive information on new tours and specials. Plus we will send out a July supplement with upcoming tours and a sneak peek at new tours for 2026 such as the South of France, Greece, and more.



Ageless Adventure Tours, since 1988

Why travel with us?

We design our escorted tours specifically for groups of 15 - 25, which allows us to visit unique locations and venues that groups of 30 or more simply could not consider. This also allows more room on the coach (each deluxe coach has 55 seats), ease of movement throughout the tour, and a more intimate experience. It is our understanding, after reviewing our tour Comment Cards and surveys, that a smaller group size more than compensates for a moderately higher tour cost and is a popular feature of our tours.

All Ageless Overnight Adventures Include:

Home pick-up & drop-off service

Ageless Adventures tour guide

Deluxe transportation

Baggage handling and all taxes

Early Payment Discount

When full payment is received 75 days prior to departure you will receive a 5% early payment discount. (some exceptions apply)

Peace of Mind Plan

When choosing an Ageless Adventures tour it is important to be aware of our Peace of Mind Plan. Our plan is second to none in the travel industry. An Ageless Adventures Peace of Mind Plan guarantees a full refund of all trip payments in the event of a cancellation, for any reason, up to 48 hours before the tour. This

excludes the cost of the plan fee itself. During the course of a trip, if a passenger has to return home due to illness or a death in the immediate family, the plan fee guarantees a refund of any unused portion of the trip. (Not available on some tours)

Home Pick-up & Drop-off Service

Our popular individual home pick-up and drop-off service will continue to be offered within the Vancouver lower mainland area.

Are you joining us from out of town? Contact our office for details of our pick-up services. (See page 40 for pick-up points.)

Stay 'n' Play Tours

We have designed more and more overnight tours that include multiple night stays at one location. In addition to those tours we have developed tour packages that we call *Stay 'n' Play*.

What does Stay 'n' Play mean?

It's a tour that stays at one hotel for two or more consecutive nights.

The hotel/resort/lodge must possess several criteria. It must be a 3 1/2 star hotel rating or better, be centrally located, and have several amenities such as a pool and / or hot tub / sauna.

The pricing will always include ocean and lake view locations, if applicable.

Included Sightseeing Tours

Each Stay 'n' Play will have at least two sightseeing tours.

Social Activities / Optional Tours

During free time there is always something offered as an option. From cultural activities, to soft adventure and welcome receptions, to wine and cheese parties.



Ageless Elite Loyalty

Our Ageless Elite Loyalty Programme is designed for those customers who travel on four or more Ageless Adventures tours or spend \$9,000 or more on tours in a calendar year. If you newly qualify during the year as an Ageless Elite member you will be offered a 5% discount on all overnight tours for the following and each consecutive year that you meet the above requirements. It is over and above the 5% early payment discount. You will also receive:

- A personalized Ageless Elite name tag
- Room upgrades where available
- Annual reception / lunch with door prizes and give-aways
- Give-aways and/or special offers as they become available

Tour Activity Levels

Tour Activity Levels help set the expectations of each tour's specific physical requirements. Each tour is rated and has specific activity details noted. Please pay close attention to the activity levels when booking to ensure an enjoyable, comfortable holiday. If you have any questions about the difficulty level of a particular tour, our staff are happy to discuss the itinerary details in depth to make sure it is a fit for you.

Easy

1 2 3 4

This tour requires average physical activity. Must be able to get on and off coach and into venues unaided.

Moderate

1 2 3 4

You should be able to climb stairs and walk reasonable distances, possibly over uneven ground or inclines. Walkers are not recommended.

Intermediate

1 2 3 4

You must be able to walk a kilometre or more on uneven ground or inclines. In some cases, must be able to handle extreme cold and high altitudes.

Very Active

1 2 3 4

This tour is very active, requiring participants to be in good health and physically fit to enjoy all aspects of the tour. This itinerary will have more strenuous activities.

It is required that persons needing assistance be accompanied by a companion who is capable and totally responsible for providing that assistance as Ageless Adventure Tours cannot provide special individual assistance to tour members with special needs.



Tour Presentations

Each year we look forward to presenting our upcoming tours in presentations around the Lower Mainland. Join us to see the exciting adventures coming up for 2025. There will be refreshments and door prizes. Attendance is free.

North Vancouver

Monday, January 27
1:30 p.m.
Silver Harbour Seniors Centre

Vancouver

Wednesday, January 29
11:00 a.m.
Van Dusen Gardens Floral Hall

Burnaby

Thursday, January 30
11:30 a.m.
Burnaby Village Museum

White Rock

Saturday, February 1
11:30 a.m.
White Rock Community Centre

West Vancouver

Tuesday, February 4
11:30 a.m.
West Vancouver Seniors Centre

Please RSVP for the presentations by calling 604-542-5566.

Find us Online

www.agelessadventures.com

Find out about upcoming tours and specials, download brochures, join our newsletter, and much more!

We love to hear about our guests' experiences while travelling with us, we would be thrilled if you contributed to our blog by emailing us one of your favourite Ageless Adventures to info@agelessadventures.com



Meet the Staff

At Ageless Adventures we pride ourselves on our customer service, attention to detail, and interesting tours. This would not be possible without the hard work of our office staff.



Caroline Brown

Is responsible for tour planning, customer service, accounting, and puts together tour information packages for tour guides and customers.



Deb Froehlick

Is responsible for customer service, administrative work, tour packages for customers, and tour planning.



Stefanie Wheller

An experienced proof reader Stefanie helps to get the tour brochures ready. She also works on website management.

Meet our Tour Managers

What is a Tour Manager? Each Ageless Adventure is accompanied by an experienced, knowledgeable, and personable tour manager. From beginning to end they are with the group to make sure your trip runs smoothly and lives up to your expectations. Before the trip even leaves they have researched the area, its history and culture, the best places to visit, along with hidden gems only locals may know. Just a few of their duties include: commentary in transit about points of interest, assisting with all forms of transportation, hotel check-in and check-out, meals, accommodating dietary restrictions, counting heads (no one is left behind!), recommendations for meals and activities during free time...to name just a few!



Rosalie Miller

I have been a Tour Director for the past 19 years and I LOVE what I do! I thrive to provide my guests with the utmost professional and personalized service AND have a lot of fun! As a Tour Director, I want to bring the best experience to each and every one of my guests by delivering informative, entertaining storytelling, commentary, and on-coach entertainment with humor and kindness.



Heather McMann

I got bitten by the travel bug when I returned from Europe after my high school graduation. Working for an airline introduced me to the world of Tourism and more opportunities for travel. After years employed in an office and raising two daughters, I found myself applying for a job as a Tour Director in 2007 and I still love my job!

My passion has always been travel. I had a rewarding career as a flight attendant with an international airline and travelled the world for many years. My travels have taken me to far away places, but my heart will always be in western Canada, with the most scenic and spectacular places to see and experience. I enjoy being a tour manager and helping people explore and enjoy new places and experiences. I look forward to meeting you on one of our upcoming tours.



Jackie Elie

My touring life began in 2007. I have been fortunate to lead groups from around the world, showing them Canada from East to West. I also enjoy touring them on the Cruise Ships up to Alaska, and further into Denali National Park, which features the tallest mountain named Denali. Working with Ageless Adventure Tours for the past five years has given me an opportunity to get to know more of BC and area, and all it has to offer, as well as meeting so many wonderful people along the way.



Susan Andreeff



We value your feedback! We read all your reviews to find out what we can do to make your holidays memorable. These are just some of the comments from past travellers that made us feel like we are accomplishing our goal.

I have completed over 50 tours with Ageless Adventures and continue to plan trips each year. The service is excellent, the owners listen to clients' suggestions, and the choices of trips are numerous. I have confidently recommended travel with Ageless Adventures to several friends. Some have become repeat travelers like me.

I have enjoyed several trips with Ageless Adventure Tours. I usually travel alone but I never worry about any of the details. This company is First Class. You meet interesting and fun people on every trip and I look forward to travelling with them again! Highly recommend!

Rosalie was excellent. She was attentive to all group members, very knowledgeable, encouraged participation and gave additional information and insights, regaled us with anecdotes, was very personable, and she was fun, but never at the expense of her duties or role as leader.

Heather truly cares about us for sure. So friendly and did a lot of research to share information. Would go anywhere with her in charge.

Sally is very professional with great personal skills. Ageless is lucky to have her on the team.

We have travelled with Jackie before. She is excellent.

I just wanted to tell you that Heather McMann helped make this into a wonderful trip! We got off the plane at Las Vegas and when picking up our luggage, we found that one of the suitcases had exploded! Heather helped the owner pick it all up and said "well I guess the first stop is Walmart"! She made things easy and comfortable. She was always there when we needed her. She gave us lots of knowledge about the areas that we traveled through. I have traveled with you on several trips and I have always been happy with the fact that we don't always just see the big things, but the small things too. Because of how much I have enjoyed your trips I have at least 3 sets of people that took my advice and booked with you, and they have not been disappointed either.

Rosalie was amazing! She is so personable. She made sure to check in on each person, on a daily basis, to make sure they were enjoying themselves. Her sense of humour is contagious and so appreciated. Our group became like a close family with her as our leader. We all laughed a lot and got to know each other at meal times and on tours. I would like to go on another tour with Rosalie as leader. The only other Ageless Tour I have attended, so far, was West Coast Waterways last July. I'm waiting to see the 2025 brochure and Newfoundland Labrador trip dates. If Rosalie is leading it, I will make every effort to attend.

We are writing to tell you how much we enjoyed our recent tour with Ageless Adventures to Haida Gwaii. It was so much fun that we are recommending it to our friends. Just today, I recommended it to my cousin, who loves to travel, and we are also telling other folks who will be interested.

First, we liked the itinerary very much. There were many interesting indigenous people to meet, a variety of things to do and see, and many lovely places to visit. The excellent indigenous speakers at various places taught us so much about the culture of Haida Gwaii. We learned alot. Everything was so well organized. We also liked the timeline, which was not too hectic. It allowed us time to think about what we saw and to discuss the events with the other people on the tour. Thanks so much for the tremendous organizing.

Second. What made the tour outstanding was you, Rosalie. We have traveled to 35 countries and have had many tour guides, but you are the best! You were well organized, knowledgeable, consistently gracious, and helpful; everyone loved you. It was lovely to be in a group with no complaints about the tour guide but all positive comments. Rosalie, you make everyone feel special! What a gift! We sure do hope to be on another tour with you.

Portugal Holiday

With Heather McMann

March 11 - April 1 **SOLD OUT**

September 2025 **TBA**



Overnight flight + 20 nights
22 days | 34 meals

Highlights:

Lisbon • Sintra • Pena Palace and Gardens
• Quinta da Regaleira • Cascais • Obidos •
Coimbra • Universidade de Coimbra • Porto
• Douro Valley • Rabelo boat tour • Braga •
Guimaraes • Evora • Arte em Cortica • Lagos
• Portimao • Silves • boat excursion to caves
• Olhao

Tour includes:

Round trip airfare with Air Canada
Twenty nights accommodation
Twenty breakfasts
Two lunches
Twelve dinners (include a glass of beer or
wine)
Meal gratuities
Two boat tours
Hop-on Hop-off bus tickets in Lisbon & Porto
All side tours and entrance fees
Whisper headsets
Services of local guides
Local guides gratuities

Accommodation:

Lisbon	Turim Av Liberdade Hotel
Coimbra	NH Coimbra Dona Ines
Porto	Eurostars Porto Das Artes
Evora	Hotel M'Ar de Ar Muralhas
Lagos	Hotel Tivoli Lagos Algarve Resort
Olhao	Real Marina Hotel & Spa
Lisbon	Turim Av Liberdade Hotel

**AGELESS PEACE OF MIND NOT AVAILABLE
FOR THIS TOUR**

Medical Insurance Recommended
Passport Required

1 2 **3** 4

Considerable walking over uneven ground and
cobblestones.

Perched on the Atlantic at the far edge of Europe, Portugal preserves a traditional colourful culture. But along with the old you'll also find the modern, especially in the culturally rich capital of Lisbon and the beautiful city of Porto. Medieval castles, cobblestone villages, captivating cities, and golden beaches: Portugal can be many things. History, great food, friendly locals, seaside resort towns, and idyllic scenery are just the beginning.

Portugal still feels like Europe used to be, you can still enjoy an old-style, old-world life here. Though its coast is Atlantic, Portugal is typically Mediterranean, with its warm weather and lifestyle. The sea which forms the country's western border plays a significant role in Portuguese life and diet, fish and seafood are on menus throughout the country.

This 22 day getaway is an opportunity to experience Portugal's Mediterranean charm. We will visit many cities and towns that will give a true flavour of this extraordinary country. Local guides will often join the group and many times entrance will be included to historical sites such as incredible cathedrals, ancient universities, medieval castles, and stunning gardens. Don't forget about the incredible local food and drink. Port wine is the pride of Portugal and there will certainly be opportunities to taste it along with many of the local delicacies.

DAYS 2 – 6:

Savour the old-world culture of Lisbon. One of the most vibrant and charismatic cities in Europe it is spread across seven hillsides and filled with charming cobbled streets and is breathtaking in every way. Visitors flock to the city for its fado music, historic ruins, winding old town, trams, not to mention those pasteis de nata (delicious rich egg custard tarts you must try). Lisbon effortlessly blends traditional heritage with striking modernism and has a glorious year round climate. There will be free time to explore on your own as well as side tours to nearby charming towns such as Cascais and Sintra, situated in the cooling hills of the Serra de Sintra. Once a summer retreat for Portuguese nobility and royalty, Sintra is a UNESCO World Heritage Site with opulent palaces, villas, and historic sites.

DAYS 7 – 12:

Enroute to Porto will be one night in the Moorish city of Coimbra with its dark cobbled lanes and monumental cathedral. Six nights will be spent in Portugal's second largest city: Porto, which gave the country (and port wine) its name. Porto is a fantastic walking city with winding cobblestone streets, mosaic-patterned stones line the streets. Houses with red tile roofs tumble down the hills to the riverbank and flat bottomed boats ply the lazy river. There are sumptuous Baroque churches, and a variety of restaurants, boutiques, and museums.

There will be a walking tour of the city with some incredible stops. Side trips will include the breathtaking Douro Valley, the winding terraced region that produces the country's port wine. Included will be a boat tour in a rabelo boat – these boats used to transport the wine barrels along the Douro River. As well visit the historic cities of Braga and Guimaraes.



DAYS 13 – 14:

Spend two nights in the beautiful town of Evora in the central valley of Alentejo. Cobble streets tucked behind fortress walls, historic sights, and incredible dining make this UNESCO World Heritage Site a must visit. The best way to see the city is on foot, walking through its narrow streets lined with white houses, discovering along the way the monuments and details that reveal the history of Evora and its rich heritage.

Judging by the calm, welcoming surroundings, one easily sees why this city, which dates from the Roman era, was chosen by the kings of Portugal in the 15th century to serve as their residence, a fact that contributed to its development and cultural importance in the following centuries.

DAYS 15 – 17:

The next destination as we explore Portugal is south to the Algarve region. Surrounded on two sides by the Atlantic the Algarve is famous for soaring cliffs, sea caves, golden beaches, scalloped bays, and sandy islands. Stay three nights in the port town of Lagos, which launched many naval excursions during Portugal's extraordinary Age of Discovery. Lagos lies along the bank of the Rio Bensafirim. Its old town's pretty, cobble lanes and picturesque squares and churches are enclosed by 16th-century walls.

Beyond the walls is a modern but not unattractive sprawl and some truly fabulous beaches. Enjoy a side trip to Portimao. Once a bustling fishing centre it now has a scenic promenade and quaint tree-lined plazas in the old town. A boat tour to visit sea caves will be included subject to availability. As well visit the unique town of Silves, with its cobble streets it will make you believe time has stood still, it stands out because of its Arabic architecture. The town is famous for having the most well preserved castle of the Algarve, entrance is included.

DAYS 18 – 20:

Three nights will be spent in the beautiful town of Olhao, also in the Algarve. Olhao is a traditional and characterful fishing town with a pretty waterfront and a maze of cobble back streets. Olhao opens out onto the calm waterways and lagoons of the Parque Natural da Ria Formosa. This is still a busy fishing town and is the most authentically Portuguese town in the Algarve. You will truly soak in the Portuguese lifestyle here.

DAYS 21 – 22:

Return to Lisbon for one more night and a sumptuous farewell dinner before your return flight to Vancouver, no doubt more than a little in love with Portugal!

*PRICE PER PERSON including all taxes**

Double or Twin: **\$10,875**

Single: **\$13,815**

**Above are the March 2025 Departure prices.
September 2025 departure prices TBA*

There are many more highlights on this incredible adventure. For a more detailed itinerary please contact our office.

As well, we can add you to the waitlist for the March departure date or to the Interest List for the upcoming September departure.

Annual Women's Wellness Getaway

Kingfisher Pacific Resort & Spa

May 12 - 15 Stay 'n' Play

3 nights | 4 days | 7 meals

Highlights:

Stroll the lovely gardens, walk the beach, and take in the abundance of wildlife.

Relax by the ocean with waves lapping against the shore in your ocean view suite. Just steps away from the water's edge, these suites all feature kitchenettes and panoramic ocean and mountain views.

Enjoy full use of the resort's spa amenities including their heated outdoor pool, Jacuzzi, sauna, steam cave, and fitness room. Pamper yourself at their luxury Pacific Mist Spa where the spa therapies focus on the rich ingredients of the sea leaving you feeling completely relaxed and renewed. Included in the package is their signature spa service. The Pacific Mist Hydropath® is a spa experience like no other. Upon entering the underground sandstone sculpted cave that features natural seaside elements, you will follow the path as it winds around eight unique areas for experiencing hydrotherapy.

Tour includes:

Three nights accommodation
Three breakfasts
One lunch
Three dinners
Meal gratuities
Pacific Mist Hydropath®
All side tours and entrance fees
Local guide at park
Local guide gratuities
Ferry tolls

Accommodation:

Royston Kingfisher Pacific Resort & Spa

1 2 3 4

Prepare for uneven and unpaved ground. Not recommended for anyone using a walker



Join us on our annual Women's Wellness Getaway! This getaway is a boost to your health and wellbeing. Nestled in an old growth forest on the eastern shore of Vancouver Island near the Comox Valley, the Kingfisher Pacific Resort & Spa offers breathtaking ocean and mountain views.

DAY ONE: VANCOUVER – ROYSTON, VANCOUVER ISLAND

Meals: D

Travel to Vancouver Island for a three night women's getaway at the Kingfisher Pacific Resort & Spa. Highlights today include Qualicum. Enjoy an included dinner in the resort's restaurant while taking in natural island views. This peaceful property will renew your senses.

DAY TWO: KINGFISHER PACIFIC RESORT & SPA

Meals: B, D

Take part in the Pacific Mist Spa, with its massage pools, waterfalls, and a river walk to soak in. The benefits of the Hydropath are plentiful including remineralisation, detoxification, and relaxation. Take a dip in the heated outdoor pool and whirlpool, or go for a walk and explore the local walking trails. Use your included restaurant voucher for dinner at leisure in the resort's restaurant.

DAY THREE: ROYSTON – COMOX

Meals: B, L, D

Depart for the Filberg Heritage Lodge and Park. Located in Comox, this Scandinavian themed home took six years to build, starting in 1929. Extensive use of wood, steep pitches on the roof of the home and surrounding buildings, create a rustic yet impressive architectural image. It is situated on nine acres of landscaped lawns and gardens. Enjoy a guided tour and take a stroll in the beautiful surroundings which is home to rare and exotic trees. Beds of various flowering shrubs and annuals, many from the famous collection of the Greig family, can be seen throughout the park. Later, partake in an included lunch at a local restaurant and a stop at the spectacular Nymph Falls before returning to the resort.

DAY FOUR: ROYSTON – VANCOUVER

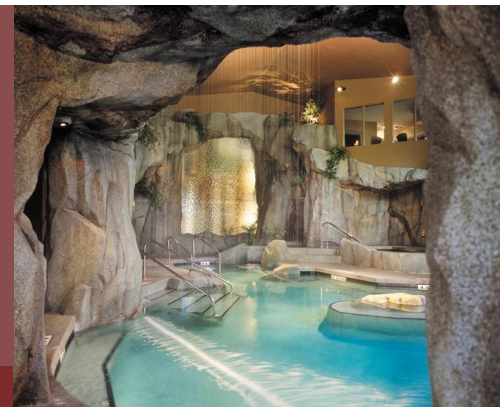
Meals: B

After a leisurely morning depart the resort retracing your steps back to the lower mainland.

PRICE PER PERSON including all taxes

Standard Oceanview	Ocean Courtyard	Beachfront Suite
Double or Twin: \$2,265	Double or Twin: \$2,604	Double or Twin: \$2,673
Single: \$2,904	Single: \$3,459	Single: \$3,459

AGELESS PEACE OF MIND: **\$140**





Explore Salt Spring Island

May 11 - 14 Stay 'n' Play

3 nights | 4 days | 7 meals

Salt Spring Island is the largest of BC's southern gulf islands. This picturesque island is a paradise of trees, lakes, small farms, and beaches. On this tour, you will be hosted by local guides who are knowledgeable in the ecology, history, and culture of Salt Spring Island. As they show you around the island, your guides will introduce you to some of the creative people who live here for an exclusive behind the scenes experience. You will meet artists, farmers, and vintners.

DAY ONE: VANCOUVER – SALT SPRING ISLAND
Meals: D

Sail with BC Ferries from Tsawwassen to Salt Spring Island through the beautiful Southern Gulf Islands. Arrive in Long Harbour and enjoy some free time exploring the village of Ganges with its eclectic shops, restaurants, and galleries. Check in to your ocean view room in the Harbour House Hotel for a three night stay. Known for its relaxed and refined style the hotel is only steps from the village. Tonight join the group for dinner at the hotel.

DAY TWO: SALT SPRING ISLAND
Meals: B, L

Today is an opportunity to really get to know Salt Spring Island. Smaller vans will take the group on an in depth tour with a local guide. Visit Cetacea, a family run business known for creating innovative marine mammal skeleton exhibits, followed by lunch and a tasting at Salt Spring Wild Cidery. The afternoon visits will include CSM Gallery, a fine art sculptures studio and The Glass Foundry, a glassblowing studio. The evening is yours to relax and enjoy.

DAY THREE: SALT SPRING ISLAND
Meals: B, L, D

Meet up with your local guide to visit Xwaaqu'um Park for an Indigenous culture interpretation followed by a stop at Salt Spring Island Cheese Company for cheese sampling. Lunch is served at a local restaurant. Up next is an archaeology and history talk with Hawaiian interpreter Auntie Kate. Finally make a stop at Garry Oaks Estate Winery for wine tasting. Tonight enjoy dinner at a local waterfront restaurant.

DAY FOUR: SALT SPRING ISLAND – VANCOUVER
Meals: B

We wind down our visit to Salt Spring Island with a leisurely morning before returning to the mainland.

Highlights:

Salt Spring Island • Ganges • Cetacea Marine Mammals Exhibit • Salt Spring Wild Cidery • CSM Gallery and Studio • The Glass Foundry • Xwaaqu'um Park • Salt Spring Island Cheese Company • Garry Oaks Estate Winery • Hawaiian and First Nations HeritageTalk

Tour includes:

Three nights accommodation
Three breakfasts
Two lunches
Two dinners
Meal gratuities
Local van transportation
Services of a local guide
Local guide gratuities
All side tours and entrance fees
Ferry tolls

Accommodation:

Salt Spring Island Harbour House Hotel

AGELESS PEACE OF MIND: **\$140**



Uneven ground on portions of this tour.



PRICE PER PERSON including all taxes

Double or Twin: **\$2,549**

Single: **\$3,267**

Kettle Valley Railway & Winery Tour

May 25 - 28 Stay 'n' Play

3 nights | 4 days | 10 meals

Highlights:

Summerland Waterfront Resort & Spa • Okanagan Lake • Summerland • Summerland Sweets • Kettle Valley Railway • Dirty Laundry Vineyard • Upper Bench Winery • Lake Breeze Winery • Osoyoos • Osoyoos Desert Centre • Nk'Mip Cellars • Similkameen Valley

Tour includes:

Three nights accommodation
Three breakfasts
Four lunches
Three dinners
Meal gratuities
90 minute rail tour
All side tours and entrance fees

Accommodation:

Summerland Summerland Waterfront Resort & Spa

AGELESS PEACE OF MIND: **\$140**



Uneven ground on portions of this tour.



DAY ONE: VANCOUVER – SUMMERLAND Meals: L, D

Begin the tour by heading east on the Trans-Canada Highway to Hope. Ascend the Hope-Princeton Highway to Manning Park through Keremeos and Highway 3A to Summerland. Arrive at the Summerland Waterfront Resort & Spa for a three night stay. Enjoy wine served with dinner at Shaughnessy's Cove.

DAY TWO: SUMMERLAND – PENTICTON Meals: B, L, D

Mid morning visit Summerland Sweets followed by a waterfront lunch at a local restaurant. All aboard the Kettle Valley Railway for a 90 minute steam train ride along the hillsides overlooking beautiful Okanagan orchards and vineyards. You are on your own for the evening. Visit Dirty Laundry Vineyard for a wine tasting. Dinner is in the resort's waterfront ballroom. Enjoy a stroll along Okanagan Lake.

DAY THREE: PENTICTON – NARAMATA – OKANAGAN FALLS Meals: B, L, D

Depart the resort after breakfast to Upper Bench Winery & Creamery, situated in Penticton at the gateway to the picturesque Naramata Bench. Stop in and enjoy a sampling of wine and hand-crafted artisan cheese. Continue on to Lake Breeze Winery, with its spectacular view overlooking the Okanagan Valley, for an included lunch. Travel to Okanagan Falls and See Ya Later Ranch to round out the afternoon. Later, depart from the resort by coach for a short drive to Sociale Enoteca on Lakeshore Drive in Penticton for dinner.

DAY FOUR: SUMMERLAND – OSOYOOS – VANCOUVER Meals: B, L

Travel to Osoyoos and the Osoyoos Desert Centre for a guided walking tour. The Nk'Mip desert lands are one of Canada's three most endangered ecosystems and are home to many endangered plant and animal species. Nk'Mip Cellars is the setting for a lovely lunch with an awesome view. After lunch travel through the Similkameen Valley en route to your point of origin.

PRICE PER PERSON including all taxes

Double or Twin: **\$2,319**

Single: **\$2,929**





Spectacular Gardens of Victoria

June 2 - 5 Stay 'n' Play

3 nights | 4 days | 7 meals

Your tour guide, Marlene Kumnick, is a master gardener for over 10 years, has a landscape design citation from Kwantlen Polytechnic University, and has previously owned a garden maintenance business.

DAY ONE: VANCOUVER – VICTORIA
Meals: D

Take the morning ferry to Vancouver Island. Our first stop today is a visit to Finnerty Garden located at the University of Victoria. Then its on to Government House and a tour of its amazing garden. Our three night stay is at the Inn at Laurel Point, all rooms have water views. Dinner tonight is at a local Victoria eatery.

DAY TWO: VICTORIA
Meals: B, L

After breakfast depart for the Horticulture Centre of the Pacific which features a Mediterranean garden, Takata Japanese Garden, and Doris Page Winter garden, to name a few. Following that visit we will travel to Abkhazi Gardens in the heart of downtown Victoria. This garden and teahouse have a rich, romantic history: The Prince and Princess Abkhazi began creating their garden in 1946. Begin with a high tea lunch followed by a guided tour of the garden.

DAY THREE: VICTORIA
Meals: B, L

Today we experience Victoria as seen through the eyes of Canada's leading painter and writer, Emily Carr (1875 – 1945), as we meander through the historic community of James Bay and Beacon Hill Park with its seaside vistas. Hear the colourful stories about this unique woman and the independent path through life that she chose.

DAY FOUR: VICTORIA – VANCOUVER
Meals: B, L

Travel from Victoria for an early lunch at the Fireside Grill and a visit to Butchart Gardens.

Highlights:

- Victoria's Inner Harbour • Government House • Finnerty Garden • Horticulture Centre of the Pacific • Abkhazi Gardens • Emily Carr House • James Bay • Beacon Hill Park • Butchart Gardens

Tour includes:

- Three nights accommodation
- Three breakfasts
- Three lunches
- One dinner
- Meal gratuities
- All side tours and entrance fees
- Ferry tolls

Accommodation:

- Victoria Inn at Laurel Point

AGELESS PEACE OF MIND: **\$140**



Uneven ground on portions of this tour.



PRICE PER PERSON including all taxes

Double or Twin: **\$2,148**

Single: **\$2,949**

Newfoundland

and highlights of Nova Scotia

June 9 - 24



15 nights | 16 days | 33 meals

Highlights:

Halifax, Nova Scotia • Canso Causeway • Cape Breton Island • Baddeck • Cabot Trail • Newfoundland • Channel-Port aux Basques • Corner Brook • Port au Choix • Gros Morne National Park • L'Anse Aux Meadows National Historic Site • St. Anthony • Norris Point • Grand Falls-Windsor • Twillingate • Clarenville • Bonavista • Ryan Premises National Historic Site • Boat Tours to View Puffins, Gros Morne, and Icebergs • The Rooms • St. John's • Local Culture and Entertainment

Tour includes:

Round trip airfare with Air Canada
Fifteen nights accommodation
Fifteen breakfasts
Six lunches
Twelve dinners
Meal gratuities
Gros Morne, Iceberg, & Puffin boat rides
Newfoundland entertainment
All side tours and entrance fees
Step-on guides / Park Ranger
Step-on guide gratuities
Ferry tolls

Accommodation:

Halifax	The Barrington Hotel
Baddeck	Auberge Gisele's Inn
Port aux Basques	Hotel Port aux Basques
Corner Brook	Hew & Draw Hotel
St. Barbe	Dockside Inn
St. Anthony	Grenfell Inn
Rocky Harbour	Fisherman's Landing Inn
Gander	Sinbad Inn
Clarenville	Clarenville Inn
St. John's	Delta St. John's Hotel

AGELESS PEACE OF MIND: **\$595**

1 2 3 4

Possible uneven ground with inclines.

DAY ONE: VANCOUVER – HALIFAX

Arrive in Halifax and check in to the The Barrington Hotel for a two night stay. This lovely hotel is ideally located in the downtown core.

DAY TWO: HALIFAX Meals: B, D

Explore Halifax which includes a visit Pier 21 to learn of immigration history and visit the Halifax Citadel National Historic Site. A lobster dinner is included at the hotel.

DAY THREE: HALIFAX – BADDECK Meals: B, D

This morning depart by coach from Halifax for Baddeck. Travel across the Canso Causeway to Cape Breton Island. En route there is a visit to the Alexander Graham Bell National Historic Site in Baddeck where he made his home, followed by a two night stay at Auberge Gisele's Inn.

DAY FOUR: BADDECK – CABOT TRAIL – BADDECK Meals: B, L, D

Today explore the Cabot Trail with a local guide. This trail is a winding mix of roadway, paths, stairs, and stunning beauty that takes you from unreal ocean vistas to quaint fishing villages., passing through the Cape Breton Highlands National Park at its northernmost point. Visit Les Trois Pignons for a special view into Acadian culture and the history of Chéticamp, a stunning collection of hooked rugs and antiques, genealogy resource centre and library, and a full range of visitor information services.

DAY FIVE: BADDECK – CHANNEL-PORT AUX BASQUES Meals: B

Mid morning at North Sydney, board a Marine Atlantic ferry for a relaxing crossing to Channel-Port aux Basques, your port of entry on the island of Newfoundland. Overnight in the community of Port aux Basques.

DAY SIX: CHANNEL-PORT AUX BASQUES – CORNER BROOK Meals: B, L, D

Depart mid morning from the town of Channel-Port aux Basques. Drive through the Codroy Valley and on to Corner Brook, the largest city on the west coast of the island. Our overnight stay is at the Hew & Draw Hotel, located in the centre of Newfoundland's premier tourism destination that is highlighted by the Long Range Mountains and the beautiful Bay of Islands. Enjoy musical entertainment from Newfoundland's own The Sharecroppers.

DAY SEVEN: CORNER BROOK – ST. BARBE Meals: B, L, D

After breakfast board the coach for a scenic drive through Gros Morne National Park (there will be more time spent in the park later in the tour) en route to St. Barbe. Visit the archaeological habitats of the Port au Choix National Historic Site.

DAY EIGHT: ST. BARBE – ST. ANTHONY Meals: B, L, D

Travel to L'Anse Aux Meadows National Historic Site, the earliest known European settlement in the New World. The reconstructions of three Norse buildings are the focal point. Continue on to your St. Anthony accommodation. Enjoy some local entertainment following dinner.



DAY NINE: ST. ANTHONY – ROCKY HARBOUR

Meals: B, L, D

Visit the Grenfell House Museum, the restored residence of Sir Wilfred Grenfell. Sir Wilfred was a young medical doctor who came to Newfoundland in 1892 and left behind a legacy of schools, orphanages, and medical services, which still exist today. The two night stay is in the town of Rocky Harbour.

DAY TEN: ROCKY HARBOUR – GROS MORNE NATIONAL PARK – ROCKY HARBOUR

Meals: B, D

After breakfast board the coach for a day of discovering Gros Morne National Park, a UNESCO World Heritage Site. The Park represents a 1,805 km² sample of Newfoundland's western highlands and coastal lowlands – a landscape of mountains, fjords, coastal bogs, and wave carved cliffs. Enjoy an included adventure boat tour through the heart of a fjord and an opportunity to get ceremonially "Screeched In". Tonight experience local entertainment with Anchors Aweigh.

DAY ELEVEN: ROCKY HARBOUR – GANDER

Meals: B, D

Travel through central Newfoundland and visit the Mary March Regional Museum which tells the stories of Newfoundland and Labrador and its diverse peoples. Overnight in Gander.

DAY TWELVE: GANDER – TWILLINGATE – CLARENVILLE

Meals: B, D

This morning we are off on the "Road to the Isles", before travelling across "Tickles and Runs" to spend time at Twillingate. This is one of Newfoundland's oldest and most interesting fishing communities. Visit Twillingate and take a boat ride to view the Icebergs. Followed by lunch at Auk Island Winery. Enjoy a two night stay at the waterfront community of Clarenville.

DAY THIRTEEN: CLARENVILLE – BONAVIDA – CLARENVILLE

Meals: B

Travel to Bonavista, the landfall of John Cabot in 1497. Here we visit the Ryan Premises National Historic Site of Canada and have an opportunity to learn about inshore fishing techniques that have allowed this town to thrive for hundreds of years.

DAY FOURTEEN: CLARENVILLE – ST. JOHN'S

Meals: B, L, D

Travel to St. John's, the capital of Newfoundland, and our two night stay at the Delta St. John's Hotel. En route visit the Bay Bulls for a two hour boat tour of the Witless Bay Bird Sanctuary to see the puffins and other sea birds. A definite highlight of the trip! Lunch is included in a quaint waterfront village. Before checking in to the hotel visit The Rooms, this is Newfoundland and Labrador's largest public cultural space. Here, history, heritage, and artistic expression come together. Meet up with the group for dinner.

DAY FIFTEEN: ST. JOHN'S

Meals: B, D

This morning explore the city by coach with a local guide. The afternoon is yours to enjoy. Reflect on your Newfoundland tour with your friends at the farewell dinner.

DAY SIXTEEN: ST. JOHN'S – VANCOUVER

Meals: B

Depart on a midmorning flight to Vancouver with memories of your Newfoundland and Nova Scotia Adventure.

PRICE PER PERSON including all taxes

Double or Twin: **\$9,897**

Single: **\$11,795**

Out of Province Medical Insurance Recommended

St. Lawrence Seaway Cruise

June 10 - 19

9 nights | 10 days | 22 meals

Highlights:

Toronto • Kingston • Canadian Empress • Thousand Islands • Gananoque • Wanderer's Channel • Admiralty Islands • Millionaires Row • Ivy Lea • Thousand Islands Bridge & Tower • Brockville • Fulford Mansion • Prescott • Fort Wellington National Historic Site • Iroquois Lock • Upper Canada Village • Coteau Landing, Québec • Wiley-Dondero Canal • Eisenhower & Snell Locks • Port of Montréal • Beauharnois Locks • Lake St. Louis • Cote Ste. Catherine & St. Lambert Locks • Ile Sainte-Helen • Mount Royal • Notre Dame Basilica • Trois Rivières • Shrine at Cap-de-la-Madeleine • Québec City • Montmorency Falls • Place D'Armes • Place Royale • Cape Diamond • Joan of Arc Garden • Grand-Allee • Parliament • Plains of Abraham

Tour includes:

Round trip airfare with Air Canada
Seven day cruise on the St. Lawrence Seaway
Nine nights accommodation
Nine breakfasts
Six lunches
Seven dinners
Meal gratuities
All side tours and entrance fees
Ship board gratuities
Port charges
Services of a step-on guide in each city
Step-on guide gratuities

Accommodation:

Toronto	Sheraton Gateway Hotel
Seven Day Cruise	Canadian Empress
Québec City	Le Germain Hotel Québec

AGELESS PEACE OF MIND NOT AVAILABLE
FOR THIS TOUR

1 2 3 4

Should be physically active, able to walk up stairs, there are no elevators on the ship. This tour is not suitable for those who rely on a walker.



Join Ageless Adventures as we explore the St. Lawrence Seaway aboard the Canadian Empress which was launched in 1981. The year 1908 was chosen as a design and decor theme as it integrated well with the history of the St. Lawrence River. The ship is not a replica of any specific vessel but is a composite of many in the St. Lawrence region during the last century. She carries only 66 passengers in 32 cabins.

There are three decks on the ship. St. Lawrence Deck is the lowest and has most of the cabins and a gift shop. The Ottawa Deck has eight cabins, the Grand Saloon and Dining Room, and forward and aft outdoor sitting areas. The Sun Deck has lots of outdoor seating. Cabins have windows, two single beds, and a bathroom with a shower. Cabins are very compact compared to an ocean cruise ship. There is daily maid service. Nightly entertainment is included. The ship docks most nights in a community along the St. Lawrence River so you can go ashore at your leisure and explore the area.

Three meals a day plus afternoon tea and in-between treats are served in the Grand Saloon. There are usually two entrees offered with dinner. The menus utilize fresh, in-season, locally-produced fruits and vegetables, and bread may come from the pioneer ovens at Upper Canada Village. Wine is included with lunch and dinner. Coffee and tea are available 24 hours a day.

DAY ONE: VANCOUVER – TORONTO

Travel by air from Vancouver to Toronto. Overnight at the Sheraton Gateway Hotel located near the airport.

DAY TWO: TORONTO – KINGSTON – THOUSAND ISLANDS

Meals: B, D

Travel by coach to Kingston. Explore Kingston with the help of a local guide. At 5:30 pm, the Canadian Empress is ready for boarding in downtown Kingston. The Captain's welcome reception is followed by dinner. We cruise out of Kingston's harbour at 7:00 pm and anchor for the night amid the Thousand Islands.

DAY THREE: THOUSAND ISLANDS – BROCKVILLE

Meals: B, L, D

The ship weaves among the Thousand Islands and docks at Gananoque to visit the Heritage Museum. We continue via Wanderer's Channel, the Admiralty Islands, and Millionaires' Row where palatial mansions overlook the river. Sail past and learn about Boldt Castle and the St. Lawrence Statue en route to Ivy Lea. Disembark at Ivy Lea where we drive across half of the Thousand Islands Bridge to the 40-storey Thousand Islands Tower and enjoy a panoramic view. We continue down the river and dock at Brockville for the night. Upon arrival relax or stroll along the park walkways. Tonight enjoy some fun-loving entertainment.

DAY FOUR: BROCKVILLE – PRESCOTT

Meals: B, L, D

Travel by bus for a tour of Fulford Mansion, once owned by Senator George Taylor Fulford who made millions of dollars around the world from "Pink Pills for Pale People" - a patent medicine he manufactured in Brockville and sold around the world. Once back onboard travel to Prescott. Visit Fort Wellington National Historic Site which defended the St. Lawrence during the war of 1812 and the Upper Canada Rebellion of 1837. In the late afternoon, the Canadian Empress passes through the Iroquois Lock, the first of seven on this voyage.



PRICE PER PERSON including all taxes

St. Lawrence Room Double: **\$7,996**

Ottawa Room Double: **\$8,559**

St. Lawrence Room Single: **\$11,287**

*Out of Province Medical &
Cancellation Insurance Recommended*

*\$200 Nonrefundable Deposit Required
Upon Booking*

Deadline to Register is March 11, 2025

DAY FIVE: PRESCOTT – COTEAU LANDING

Meals: B, L, D

A miniature train takes the group to Upper Canada Village to meet horse-drawn wagon rides for the tour of the site. Founded in 1961, Upper Canada Village is one of the largest living-history sites in Canada. It depicts life in a rural English Canadian setting during the year 1866. Back onboard we cast off bound for Coteau Landing, Québec. Near Cornwall, we enter the Wiley-Dondero Canal for 15 kilometres and the ship is lowered through the Eisenhower and Snell Locks.

DAY SIX: COTEAU LANDING – MONTRÉAL

Meals: B, L, D

Depart Coteau Landing bound for the Port of Montréal. Pass through Beauharnois Locks into Lake St. Louis. Pass through Cote Ste. Catherine and St. Lambert Locks. Arrive in Montréal and enjoy a guided tour exploring this vibrant city with its French Canadian traditions including Ile Sainte-Helene, Mount Royal, and the imposing Notre Dame Basilica.

DAY SEVEN: MONTRÉAL – TROIS RIVIÈRES

Meals: B, L, D

Leave Montréal behind as we continue down the ever widening St. Lawrence River. Arrive in Trois Rivières and take a tour of the Shrine at Cap-de-la-Madeleine. There is time to explore this quaint village on your own. Tonight is the ship's farewell dinner followed by Big Band music and dancing.

DAY EIGHT: TROIS RIVIÈRES – QUÉBEC CITY

Meals: B, L

Travel along the St. Lawrence River to Québec City. Witness the scenic approach to romantic Québec City with the landmark Château Frontenac. View the majestic Montmorency Falls. We arrive at 2:00 pm and say goodbye to the Canadian Empress. Travel by coach to the Le Germain Hotel Québec for a two night stay.

DAY NINE: QUÉBEC CITY

Meals: B, D

Tour Canada's only walled city, crowned by the great turrets of the Château Frontenac. Old Québec is one of the best preserved cities in North America. Highlights include the Place d'Armes, ancient Place Royale, Cape Diamond, the Joan of Arc Garden, Parliament, the Plains of Abraham, and much more. The afternoon is yours to enjoy. Join the group for a farewell dinner at Restaurant Louis-Hebert.

DAY TEN: QUÉBEC CITY – VANCOUVER

Meals: B

After breakfast and with time to relax we depart for a mid day flight to Vancouver. Reflect on your memories of the St. Lawrence Seaway.

The St. Lawrence Seaway is one of the most ambitious engineering feats of the last century. The objectives: increase the size of the St. Lawrence River shipping channel and generate hydro-electric power for Ontario, Québec, and New York State. Entire villages were relocated to higher ground, utilizing the largest moving and construction equipment in the world. As the temporary "coffer dams" were blown on July 1st, 1958, people watched with mixed emotions. Slowly rising water covered familiar land forever. It was sad for some to know they could never go home again. Others were excited to think of the new conveniences and services, modern schools, and new friends. A major highlight is the opportunity to pass through the locks between Kingston and Montreal, experiencing an overall change in water level of 246 feet.

Incredible Iceland

Land of Wonders

June 19 - 28



Overnight flight + 8 nights
10 days | 18 meals

Highlights:

Reykjavik • Harpa Opera House • Reykjanes Peninsula • Kleifarvatn Lake • Blue Lagoon • Vestmannaeyjar Island • Pompeii of the North Museum • The Golden Circle • Þingvellir • Strokkur Geyser • Gullfoss Waterfall • Hvítá River • Flúðir • Þjórsárdalur Valley • Secret Lagoon • Friðheimar • Icelandic Horses • Seljalandsfoss Waterfall • Skógarfoss Waterfall • Skógar Museum • Þrasi Þórólfsson • Eyjafjallajökull Volcano • Kirkjubæjarklaustur • Skaftafell National Park • Jökulsárlón Glacier Lagoon

Tour includes:

Round trip airfare with Icelandair
Eight nights accommodation
Nine breakfasts
One lunch
Eight dinners
Meal gratuities
All side tours and entrance fees
Local guide
Local guide gratuities
Park fees

Accommodation:

Reykjavik	Foss Hotel
Vestmannaeyjar	Vestmannaeyjar Hotel
Flúðir	Geysir Hotel
Klaustur	Hotel Klaustur

AGELESS PEACE OF MIND NOT AVAILABLE FOR THIS TOUR

Medical & Cancellation Insurance
Recommended

Passport Required

1 2 3 4

Should be physically active, able to walk up to two blocks on rocky ground. This tour is not suitable for those who rely on a walker.

Join Ageless Adventures and a local guide as we explore Iceland, an island of dramatic contrasts and a landscape forged by fire and ice. Steaming lava fields and hot pools reflect its volcanic nature, while massive glaciers continue to sculpt the mountains and valleys, leaving thundering waterfalls and plunging fjords. Featuring: Reykjavik, Blue Lagoon, Gullfoss Waterfall, the Golden Circle.

DAY ONE: VANCOUVER – ICELAND

Departure from Vancouver International Airport with Icelandair on a nonstop overnight flight to Iceland.

DAY TWO: KEFLAVIK – REYKJANES PENINSULA – REYKJAVIK Meals: B, L, D

An early arrival in Keflavik International Airport. Explore the volcanic wonderland of Reykjanes Peninsula. Our Iceland adventure begins with breakfast in the Viking Ship Museum. Among the attractions to be seen is Kleifarvatn Lake, the colourful geothermal area of Krysuvik and Gunnhver Geyser. Enjoy a short city sightseeing tour as you enter Reykjavik and visit the Harpa Opera House, followed by an included lunch. Settle in to a two night stay in downtown Reykjavik. You have leisure time to relax and adjust to the time difference before dinner together with the group.

DAY THREE: REYKJAVIK AND THE BLUE LAGOON Meals: B, D

After a big travel day yesterday, this day starts a little later than usual. It begins with a city tour where you will be introduced to Reykjavik's most interesting sites. This afternoon head to the renowned Blue Lagoon Geothermal Pool to bathe and relax. (Entrance, towel, & bathrobe included) Afterwards, head back to Reykjavik and enjoy a leisurely dinner in the city centre.

DAY FOUR: THE GOLDEN CIRCLE Meals: B, D

Depart the city for the first of the three most visited attractions in Iceland, collectively known as The Golden Circle. Starting with Þingvellir, where the North American and Eurasian tectonic plates meet, enjoy amazing landscapes. It too holds historical and cultural importance to Icelanders as it is where parliament was convened for almost 900 years. Next stop is the Geysir geothermal area, where the greatest attraction is Strokkur, a geyser that erupts 25m in the air every 8-10 minutes. Next up is the massive, two-levelled waterfall – Gullfoss. The wide Hvítá River rushes southward, and about a kilometre above the falls it turns sharply to the right and flows down into a wide curved three-step "staircase" and then abruptly plunges in two stages into a 32m crevice. The crevice is 20m wide, 2.5 km in length, and extends perpendicular to the flow of the river. Its great power is astonishing and one can walk right up to the waterfall in order to witness it from different angles. Afterwards, depart for two nights in the region of Flúðir.

DAY FIVE: ÞJÓRSÁRDALUR Meals: B, D

Explore the lush fields and impressive mountains of Þjórsárdalur Valley. You'll be shown to the Secret Lagoon in Flúðir and swim in this beautiful geothermal pool



(optional). Visit Friðheimar to learn about the growing of tomatoes and tropical fruits in Icelandic greenhouses by use of geothermal energy and get to know the Icelandic horses.

DAY SIX: THE WESTMAN ISLANDS

Meals: B, D

Today travel by coach south and a 30 minute ferry ride to Vestmannaeyjar Island from Landeyjarhöfn Port. The island, with a population of 4,000 contains two active volcanoes, one of which erupted in 1973. A large portion of the town was under lava and the island was evacuated for a while as a result. Visit the unique museum Pompeii of the North and learn about the eruption. View buildings that have been excavated from the lava and preserved in their original state. Enjoy a boat ride around the islands and learn more about the this unique, beautiful site. Overnight in the Westman Islands.

DAY SEVEN: THE SOUTH COAST OF ICELAND

Meals: B, D

Today take the morning ferry back to the mainland and then travel east and explore the attractions of the South Coast of Iceland. Stop at Seljalandsfoss Waterfall, this waterfall is one of the most popular waterfalls and natural wonders in Iceland. The waterfall drops 60m and is part of the Seljalands River that has its origin in the volcanic glacier Eyjafjallajökull. One of the interesting things about this waterfall is the fact that visitors can walk behind it into a small cave. A few kilometers further is the tall Skógafoss Waterfall, the Skógafoss is one of the biggest waterfalls in the country with a width of 25m and a drop of 60m. Due to the amount of spray the waterfall consistently produces, a single or double rainbow is normally visible on sunny days. According to legend, the first Viking settler in the area, Prasi Þórólfsson, buried a treasure in a cave behind the waterfall. Visit the Skógar Museum which commemorates the 2010 volcanic eruption of Eyjafjallajökull volcano and its implications in the area around. The two night stay is in the region of Kirkjubæjarklaustur, Icelandic for "church farm cloister".

DAY EIGHT: SKAFTAFELL NATIONAL PARK AND JÖKULSÁRLÓN

Meals: B, D

Enjoy the beauty of Skaftafell National Park, which was formed over thousands of years by fire and ice. Take a cruise on the Jökulsárlón Glacier Lagoon and learn of its nature and history. The floating iceblocks in the light blue water are a sight to remember and if you're lucky you'll spot some lazy seals relaxing on the ice.

DAY NINE: BACK TO REYKJAVIK

Meals: B, D

After approximately a three hour drive back to civilization there is free time on your own to explore. A group dinner at one of Reykjavik's great restaurants is in order before resting for the flight back home.

DAY TEN: ICELAND – VANCOUVER

Meals: B

Leisure time until the flight back home. Depart from the hotel at 1:00 p.m. for Keflavik International Airport and the direct flight back to Vancouver with time to reflect on this amazing adventure.

PRICE PER PERSON including all taxes

Double or Twin: **\$12,897**

Single: **\$14,998**

Group size limited to 15 passengers

Deadline to register: March 15, 2025

Haida Gwaii

Experience Super Natural BC

3 Departures:

July 4 - 10, July 19 - 25,
& August 8 - 14

6 nights | 7 days | 16 meals

Highlights:

Masset • Agate Beach and Tow Hill • Naikoon Provincial Park • Old Massett • Haida Artists • Dixon Entrance Maritime Museum • Delkatla Wildlife Sanctuary • Davidson Longhouse • Haida Dance Performance • Port Clements and Tlell • Village of Daajing Giids • Skidegate • Haida Heritage Centre • Balance Rock • Loo Taas Canoe Shed • Gwaii Haanas National Park Reserve • Zodiac to Skedans Haida Site • Haida Feast

Tour includes:

Round trip flight with Pacific Coastal Airlines
Six nights accommodation
Six breakfasts
Four lunches
One snack
Five dinners
Meal gratuities
Step-on guide
Step-on guide gratuities
Zodiac trip
Ferry tolls
All side tours and entrance fees

Accommodation:

Masset *Masset OceanView Hotel*
Daajing Giids *Sea Raven Inn (best available accom.)*

AGELESS PEACE OF MIND: **\$245**

1 2 3 4

You must be able to walk unaided on uneven ground or extended inclines and negotiate boarding a small boat

PRICE PER PERSON including all taxes

Double or Twin: **\$5,499**

Single: **\$6,169**

Group size limited to 20 passengers



DAY ONE: VANCOUVER – MASSET Meals: L, D

Take a morning flight with Pacific Coastal Airlines from Vancouver to the Village of Masset. Begin your Haida Gwaii adventure with a visit to pristine Naikoon Provincial Park. There is plenty of time to explore Agate Beach, Tow Hill, and Rose Point with the help of a local guide. Arrive midafternoon at the Masset OceanView Hotel for a two night stay. Tonight, enjoy dinner at a local eatery.

DAY TWO: MASSET – OLD MASSETT – MASSET Meals: B, L, D

This morning visit the private residence of Haida artist Christian White and learn about his cultural history. Spend the afternoon in Old Massett for lunch and time to explore. A visit to the Dixon Entrance Maritime Museum and Delkatla Wildlife Sanctuary will cap off the afternoon. This evening visit Davidson Longhouse, enjoy a traditional seafood meal, and experience a Haida dance performance.

DAY THREE: MASSET – VILLAGE OF DAAJING GIIDS Meals: B, L, D

Travel south to Daajing Giids. Along the way visit the Port Clements Museum, picnic at Meares Lake, and visit Tlell, home to many local crafters. Arrive in Skidegate, and join a local guide who will bring Haida history and culture to life. Arrive midafternoon in the Village of Daajing Giids (formerly Queen Charlotte City) and settle into the Sea Raven Inn, your home for four nights.

DAY FOUR: DAAJING GIIDS – SKIDEGATE – DAAJING GIIDS Meals: B

Travel this morning to Skidegate and visit the Haida Heritage Centre at Kay Llnagaay that houses information on the history of the islands. View the Loo Taas Canoe Shed and the poles symbolizing the continuation of the Haida lifestyle and celebrate a thriving culture. A highlight of the time in Skidegate is a visit to Balance Rock. Return to Daajing Giids for time on your own to visit local shops and the visitor centre.

DAY FIVE: DAAJING GIIDS – MORESBY ISLAND – DAAJING GIIDS Meals: B, S, L, D

Haida history and culture can be experienced firsthand at the remote Gwaii Haanas National Park Reserve with a zodiac trip to the Skedans, an abandoned Haida Site. En route to the village, view many types of seabirds that are rarely seen from the coastal shores. A guide will take the group on a walking tour of the village site that includes viewing the standing totems. This full day away includes a picnic lunch and snacks en route. Dinner is at a local eatery.

DAY SIX: DAAJING GIIDS Meals: B, D

Join the group for a walk to Spirit Lake. Experience the quietness of the moss carpeted forest, wander over bridges and boardwalks spanning creeks. Come and explore the sights, sounds, and smells of a temperate rainforest with a Haida Gwaii interpreter. As you meander alongside a small stream to tranquil Spirit Lake, learn how the Haida harvest plants and trees. This evening's highlight is a contemporary Haida Feast. Sample many traditional dishes ranging from seafood to venison.

DAY SEVEN: DAAJING GIIDS – VANCOUVER Meals: B

Depart the inn for the Masset Airport and your midmorning flight to Vancouver. Leave Haida Gwaii with memories of a lifetime!





Cruising the West Coast Waterways

Featuring the Broughton Archipelago and Nootka Sound

July 11 - 16

5 nights | 6 days | 13 meals

DAY ONE: VANCOUVER – PORT MCNEILL
Meals: D

Travel across the Georgia Strait to Vancouver Island with BC Ferries. Experience a leisurely day as we travel north to Port McNeill, your home for three nights. Dinner is included in the inn's restaurant.

DAY TWO: PORT MCNEILL – ALERT BAY – PORT MCNEILL
Meals: B, L, D

Depart by ferry for Alert Bay and a guided tour of the U'mista Cultural Centre, which houses one of the finest collections of historical artifacts and elaborately carved cedar masks depicting the Potlatch Ceremony of the Kwakwaka'wakw People. Enjoy traditional dances by the T'sasala Dance Group. Lunch is served locally. Dinner is served at a local restaurant.

DAY THREE: PORT MCNEILL – BROUGHTON ARCHIPELAGO – PORT MCNEILL
Meals: B, L, D

Board the Naiad Explorer for the first of two exciting ocean experiences — a cruise through the Broughton Archipelago. Broughton Archipelago is a wilderness area consisting of a maze of several small islands, numerous islets, and adjacent foreshore at the southern extremity of Queen Charlotte Strait. This is an opportunity to see Orcas and other sea mammals and wildlife in their natural habitat. There is a stop at Gilford Island. Dinner is served at a local eatery.

DAY FOUR: PORT MCNEILL – GOLD RIVER
Meals: B, L, D

Travel south to Telegraph Cove. The historic Telegraph Cove Resort includes a charming boardwalk with eclectic buildings, gift shops, and restaurants. Telegraph Cove's history as a lumber mill and salmon saltery goes back to the early 20th century. It acquired its name in 1912 when the Superintendent of Telegraphs was shopping for a lineman's station and northern terminus for the telegraph line from Campbell River. Depart for Campbell River with lunch at the Riptide Pub. Travel west through Strathcona Park, Vancouver Island's oldest park, to Gold River for a two night stay at the new Baymont by Wyndham. Dinner is served at a local restaurant

DAY FIVE: GOLD RIVER – NOOTKA SOUND – GOLD RIVER
Meals: B, D

After breakfast board the M.V. Uchuck III, a working vessel, as it makes its way through Nootka Sound. This one-day marine cruise allows you to experience the day-to-day activities of a working marine vessel first hand as it makes deliveries to logging camps, fishing lodges, and other remote marine outposts throughout Nootka Sound*. The best of West Coast scenery is in store today. Lunch is available for sale onboard the boat. Dinner is included at a local eatery.

DAY SIX: GOLD RIVER – VANCOUVER
Meals: B

Depart Gold River for Qualicum. Take the midafternoon ferry back to the lower mainland.

Highlights:

- Georgia Strait • Vancouver Island • Port McNeill
- Broughton Archipelago • Alert Bay • U'mista Cultural Centre • T'sasala Dance Group • Telegraph Cove • Campbell River • Gold River • M.V. Uchuck III
- Nootka Sound • Qualicum

Tour includes:

- Five nights accommodation
- Five breakfasts
- Three lunches
- Five dinners
- Broughton Archipelago Cruise
- Nootka Sound Cruise*
- Meal gratuities
- All side tours and entrance fees
- Ferry tolls

Accommodation:

- Port McNeill Dalewood Inn
- Gold River Baymont by Wyndham

*This boat ride runs approximately from 9:00 am to 6:00 pm, sometimes later depending on the route for the day

AGELESS PEACE OF MIND: \$210



Must be able to climb stairs and negotiate getting on and off a small vessel



PRICE PER PERSON including all taxes

Double or Twin: **\$3,119**

Single: **\$3,887**

Shuswap Getaway

July 14 - 17

3 nights | 4 days | 8 meals

Highlights:

Kamloops • BC Wildlife Park • Thompson Valley • Turtle Valley Donkey Refuge • Quaaout Lodge • Recline Ridge Winery • Salmon Arm • Margaret Falls • Shuswap Lake • Historic O'Keefe Ranch

Tour includes:

Three nights accommodation
Three breakfasts
Three lunches
Two dinners
Meal gratuities
Wine tasting
All side tours and entrance fees

Accommodation:

Kamloops South Thompson Inn
Salmon Arm Prestige Harbourfront Resort

AGELESS PEACE OF MIND: **\$140**

1 2 3 4

Uneven ground on portions of this tour. Not suitable for those relying on a walker.

PRICE PER PERSON including all taxes

Double or Twin: **\$1,897**

Single: **\$2,459**



DAY ONE: VANCOUVER – KAMLOOPS **Meals: D**

Travel to Kamloops via the Thompson-Nicola Region. After a lunch stop in Merritt travel to Kamloops for a visit to the BC Wildlife Park. Check in to the riverfront South Thompson Inn for a one night stay. Tonight, join the group for dinner in the inn's restaurant.

DAY TWO: KAMLOOPS – CHASE – SALMON ARM **Meals: B, L, D**

After breakfast depart by coach for Chase and the Turtle Valley Donkey Refuge. The Donkey Refuge provides a loving "Forever Home" to these loyal, stoic creatures who have been abandoned, neglected, and abused. Enjoy a guided tour and some time with the donkeys. Lunch is served at Jack Sam's Restaurant located at the Quaaout Lodge. On the way into Salmon Arm stop at Recline Ridge Winery for wine tasting. Check in to the well-appointed Prestige Harbourfront Resort for a two night stay. Join the group for dinner in the resort's restaurant.

DAY THREE: SALMON ARM **Meals: B, L**

This morning its off to picturesque Margaret Falls where you will enjoy a picnic lunch. The afternoon is yours to enjoy. Take a dip in the resorts pool, walk to the Salmon Arm Wharf, or into town for some shopping.

DAY FOUR: SALMON ARM – VANCOUVER **Meals: B, L**

Today we explore the charm of Historic O'Keefe Ranch, nestled at the head of Okanagan Lake in the picturesque Okanagan Valley. After lunch depart for the lower mainland.





Desolation Sound & Princess Louisa Inlet

August 11 - 15 & 18 - 22

4 nights | 5 days | 11 meals

DAY ONE: VANCOUVER – POWELL RIVER Meals: D

Travel from the lower mainland to the Sunshine Coast and on to Powell River for a two night stay at the Beach Gardens Resort. Dinner is included at the resort.

DAY TWO: POWELL RIVER – DESOLATION SOUND – POWELL RIVER Meals: B, S, L, D

Travel by coach north to the community of Lund and board Pristine Charters for a cruise to and around Desolation Sound. Cruise through Thulin Passage and the Copeland Islands Marine Park to Desolation Sound. Meander through Prideaux Haven's labyrinth of islets. Enjoy a lunch and snack on the cruise.

DAY THREE: POWELL RIVER – SECRET COVE Meals: B, L

Depart Powell River for Secret Cove with a stop at Madeira Park for a waterfront lunch. Arrive mid afternoon at the well appointed Rockwater Secret Cove Resort for a two night stay.

DAY FOUR: SECRET COVE – PRINCESS LOUISA INLET – SECRET COVE Meals: B, L, D

After breakfast depart by coach for the community of Egmont and board a boat for Princess Louisa Inlet and Chatterbox Falls, one of the prettiest spots in BC. Cruise through Jervis Inlet and enter Malibu Rapids into Princess Louisa Inlet. Upon arrival at Chatterbox Falls enjoy time for a light lunch and an opportunity to explore.

DAY FIVE: SECRET COVE – VANCOUVER Meals: B

Depart the resort for Sechelt and the historical waterfront community of lower Gibsons. There is time spent in both locations before returning to the lower mainland.

Highlights:

Sunshine Coast • Sechelt • Gibsons • Powell River • Lund • Desolation Sound boat ride • Madeira Park • Secret Cove • Egmont • Jervis Inlet • Malibu Rapids • Princess Louisa Inlet • Chatterbox Falls

Tour includes:

Four nights accommodation
Four breakfasts
Three lunches
One snack
Three dinners
Meal gratuities
Six hour Desolation Sound Cruise
Princess Louisa Inlet Cruise
All side tours and entrance fees
Ferry tolls

Accommodation:

Powell River Beach Gardens Resort
Secret Cove Rockwater Secret Cove Resort

AGELESS PEACE OF MIND: **\$175**

Group size limited to 11 passengers

Deadline to register is June 10, 2025



Must be able to climb stairs and negotiate getting on and off a small vessel



PRICE PER PERSON including all taxes

Double or Twin: **\$3,919**

Single: **\$4,838**

Yukon & the NWT

Featuring: Inuvik & Tuktoyaktuk

July 24 - August 4

11 nights | 12 days | 25 meals

Highlights:

Whitehorse, Yukon • Beringia Interpretive Centre • MacBride Museum • Yukon Wilderness Preserve • Klondike Highway • Dawson City • Gold Panning • Tombstone and Ogilvie Ranges • Dempster Highway • Inuvik, NWT • Tuktoyaktuk • Pingos • Visit a Dog Team • Mackenzie River Cruise • Kluane National Park • Emerald Lake • Carcross • Skagway, Alaska • White Pass & Yukon Railway

Tour includes:

Round trip airfare with Air North
Eleven nights accommodation
Eleven breakfasts
Five lunches
Nine dinners
Flight between Dawson City and Inuvik
Flight between Inuvik and Whitehorse
Flight between Inuvik and Tuktoyaktuk
Mackenzie River Cruise
One way rail fare
Meal gratuities
All side tours and entrance fees
Services of a local guide
Local guide gratuities

Accommodation:

Whitehorse	BW Gold Rush Inn
Dawson City	Eldorado Hotel
Inuvik	Mackenzie Hotel

AGELESS PEACE OF MIND: \$420

Out of Province & US Medical Insurance
Recommended

Passport Required

1 2 3 4

Should be physically active. Uneven and unpaved ground at various points



DAY ONE: VANCOUVER – WHITEHORSE

Meals: D

Your Yukon Adventure begins with a flight to Whitehorse, the capital city of Yukon. After collecting your luggage enjoy an informative visit to the Beringia Interpretive Centre before checking in to the Best Western Gold Rush Inn. After freshening up partake in a welcome dinner at a local restaurant.

DAY TWO: WHITEHORSE – SKAGWAY, US

Meals: B, D

The destination for today is Skagway, Alaska with stops en route at picturesque Emerald Lake and the historic community of Carcross. Ride the legendary White Pass and Yukon Railway, touted as the “Scenic Railway of the World”, from Fraser, BC to Skagway. There is free time in Skagway and a late afternoon departure to Whitehorse with photo stops en route.

DAY THREE: WHITEHORSE – DAWSON CITY

Meals: B, L, D

Enjoy a spectacular drive north on the Klondike Highway. Stops along the way include the Five Finger Rapids with a late afternoon arrival in Dawson City for a three night stay at the Eldorado Hotel.

DAY FOUR: DAWSON CITY

Meals: B, D

Depart for a city coach tour including the Robert Service and Jack London cabins and a tour to Bonanza Creek and the famous Dredge #4. The afternoon is yours to enjoy and explore. Join the group for dinner. There are many activities in this Gold Rush town. Your Ageless Adventures guide will assist you with your plans that may include: Diamond Tooth Gertie’s Gambling Hall, a historical walking tour, or a coach tour to Dome Mountain to view the Midnight Sun.

DAY FIVE: DAWSON CITY – DEMPSTER HIGHWAY – DAWSON CITY

Meals: B, L

The adventure continues. Experience the Dempster Highway on a day tour to Tombstone Territorial Park and the Ogilvie-Peel Viewpoint, the most picturesque scenery on the Dempster Highway.

DAY SIX: DAWSON CITY – INUVIK, NWT

Meals: B, D

There is free time in Dawson City to explore until a late afternoon flight from Dawson City with Air North to Inuvik, NWT. Upon arrival enjoy a Inuvik town and cultural tour and discover how three main cultures have shaped its growth.

DAY SEVEN: INUVIK – TUKTOYAKTUK – INUVIK

Meals: B, D

Journey by plane over the Arctic Ocean to Tuktoyaktuk (round trip). This experience is typically the highlight of the tour. The Tuk peninsula has the world’s highest concentration of Pingos and is a Canadian National Landmark. A local guide will share the Inuvialuit culture with you. Dip your toe into the Arctic Ocean and receive a “Toe Dipping Certificate”. Dinner tonight is at a local Tuk eatery.



DAY EIGHT: INUVIK
Meals: B, L, D

Visit a husky dog team in the morning and learn about sled dogs of the North. After lunch, enjoy a cruise of the Mackenzie Delta with a local guide.

DAY NINE: INUVIK – WHITEHORSE
Meals: B, D

This morning visit the historic Igloo Church and explore Inuvik before an afternoon flight to Whitehorse. Arrive at the Gold Rush Inn for a three night stay.

DAY TEN: WHITEHORSE – KLUANE LAKE – WHITEHORSE
Meals: B, L

Proceed along the Alaska Highway to Kluane Lake located alongside the Kluane National Park. Travel alongside the most breathtaking mountain range, the great Kluane Range, with views of Mt. Logan and Saint Elias. There are photo stops and a visit to the Haines Junction Visitor Centre en route.

DAY ELEVEN: WHITEHORSE
Meals: B, L, D

Visit and tour the Yukon Wildlife Preserve. View many Yukon species in over 350 acres of natural landscapes. After lunch at a local Whitehorse eatery tour the MacBride Museum of Yukon History which houses the history of the city of Whitehorse, the gold rush, the Mounties, and First Nations. The museum also includes vast geological history and boasts the largest public collection of Yukon gold in the world.

This evening take some time to reflect on your visit to the Yukon and Northwest Territories and enjoy a farewell dinner with your new friends.

DAY TWELVE: WHITEHORSE – VANCOUVER
Meals: B

A mid morning departure for Vancouver as you bid farewell to the North.

View Pingos when visiting Tuktoyaktuk
What is a Pingo?

Pingos are ice core hills that can only grow in a permafrost environment and can reach a height of 150 feet. Pingo is an Inuvialuit word for conical hill. A.E. Porsild (the scout for the Reindeer expedition) was first to suggest the scientific use of the word "pingo". There are an estimated 3,000 pingos in North America with some 1,500 found in the Mackenzie Delta – Tuktoyaktuk. The Inuvialuit & the Canadian Parks Service have recognized the significance of these unique landforms and designated the area a Pingo Canadian Landmark Site.

PRICE PER PERSON including all taxes

Double or Twin: **\$8,572**

Single: **\$10,168**

MV Frances Barkley & The Uchuck

August 13 - 17

4 nights | 5 days | 10 meals

Highlights:

Vancouver Island • Port Alberni • MV Frances Barkley • McLean Mill National Historic Site • Bamfield • Cathedral Grove • 40 Knots Winery • Gold River • MV Uchuck III • Friendly Cove

Tour includes:

Four nights accommodation
Four breakfasts
Two lunches
Four dinners
MV Frances Barkley Cruise
MV Uchuck III Cruise
Meal gratuities
All side tours and entrance fees
Services of a local guide
Local guide gratuities
Ferry tolls

Accommodation:

Port Alberni Best Western Barclay Inn
Gold River Baymont by Wyndham

AGELESS PEACE OF MIND: **\$175**

1 2 **3** 4

Uneven and inclined pathways and stairs throughout the tour. This tour is not suitable for those who rely on a walker.



DAY ONE: VANCOUVER – PORT ALBERNI

Meals: D

Travel mid morning to Vancouver Island and on to Port Alberni and the McLean Mill National Historic Site for a tour. After the tour check in to the Best Western Barclay Inn. Dinner is included.

DAY TWO: PORT ALBERNI – BAMFIELD – PORT ALBERNI

Meals: B, L, D

Sail along the majestic Alberni Inlet to historic Bamfield and experience the spectacular sights. Aquatic wildlife, remote communities, beautiful views, and salt water air await you! Bamfield also services Pachena Bay and the start of the world famous 77-kilometre West Coast Trail.

The MV Frances Barkley is a 65-year-old heritage ship originating in Norway. After trekking through the Atlantic Ocean to Vancouver Island, she started her current route in 1990.

Today, the ship is known for the essential services it provides to people in the remote communities of the inlet. The 36-metre vessel can carry up to 144 passengers and 100 tons of cargo. This boat cruise is 4.5 hours. Upon arrival enjoy a picnic lunch in Bamfield. Following lunch the coach drives back to the hotel.

DAY THREE: PORT ALBERNI – COMOX – GOLD RIVER

Meals: B, L, D

Depart from the Port Alberni Valley with a brief stop at Cathedral Grove. Continue to Comox for lunch and wine tasting at the 40 Knots Winery. After lunch travel east through Strathcona Park to the hamlet of Gold River and a two night stay at the Baymont by Wyndham. Dinner tonight is included at a local eatery.

DAY FOUR: GOLD RIVER – FRIENDLY COVE – GOLD RIVER

Meals: B, D

After breakfast board the MV Uchuck III, a working vessel, as it makes its way through Nootka Sound to Friendly Cove (Yuquot). This is the historic birthplace of British Columbia and ancestral home to the Mowachaht/Muchalaht First Nations people where European Traders made first contact. Visit the lighthouse and historic Catholic Church/Cultural Centre, hike the beaches and trails, and learn about the significant native culture of the area. Lunch is available for sale onboard the boat. Dinner is included at a local eatery.

DAY FIVE: GOLD RIVER – VANCOUVER

Meals: B

Depart Gold River for Qualicum. Take the midafternoon ferry back to the lower mainland.



PRICE PER PERSON including all taxes

Double or Twin: **\$2,618**

Single: **\$3,439**



BC Wildlife Adventure

August 19 - 22 Stay 'n' Play

3 nights | 4 days | 10 meals

DAY ONE: VANCOUVER – CAMPBELL RIVER

Meals: D

Travel from the lower mainland to Campbell River for your three night stay at the waterfront Coast Discovery Inn. Dinner is included at the inn.

DAY TWO: CAMPBELL RIVER – ORFORD BAY – CAMPBELL RIVER

Meals: B, S, L, D

Travel with Homalco Wildlife & Cultural Tours for a unique Grizzly Bear tour. The grizzly bear knows that around mid-August the annual salmon run begins in Orford Bay on the edge of the Great Bear Rainforest. Bears journey long distances to Algard Creek and the Orford River to feast on the spawning salmon and their eggs. This exciting full day tour begins with a two hour journey through the Salish Sea and lands of the First Peoples into Bute Inlet. We'll engage in respectful wildlife viewing while you discover the people, land, and waters of this truly spectacular part of Canada. The abundance of marine wildlife provides chances to observe whales, sea lions, dolphins, bald eagles, and a variety of colourful sea birds.

Your arrival in Orford Bay begins a three hour land experience. Guides will transport you by bus to a variety of raised wildlife viewing platforms and prime ground viewing locations to look for the magnificent grizzly bears.

Along the way, guides will share knowledge about the bears, salmon, Homalco people, and their ties to the land. You'll learn about the significance of their Nation-run salmon enhancement hatchery. Lunch will be served on the boat in Orford Bay with an unobstructed view of the estuary and its spectacular mountain surroundings. Dinner tonight is at a local eatery.

DAY THREE: CAMPBELL RIVER – WHALE WATCHING TOUR – CAMPBELL RIVER

Meals: B, S, D

Your adventure continues on a four hour Whales, Wildlife, and Culture Excursion of discovery focused on large marine mammals. Campbell River ranks among the most sought after destinations for viewing some of the world's most magnificent marine mammals. We depart from the Coast Marina aboard a custom-designed tour vessel* to search for humpback whales, orcas (killer whales), porpoises, dolphins, sea lions, otters, bald eagles, and a variety of marine birds. Dinner tonight is at a local eatery.

DAY FOUR: CAMPBELL RIVER – COMOX – VANCOUVER

Meals: B, L

This morning depart the hotel for Comox for a guided tour of the lovely Filberg Heritage Lodge. Lunch is served at a local restaurant before returning to the lower mainland.

Highlights:

Vancouver Island • Campbell River • Broughton Archipelago • Bute Inlet • Grizzly Bear viewing • Orford Bay • Homalco First Nation Territory • Discovery Islands • Comox

Tour includes:

Three nights accommodation
Three breakfasts
Two lunches
Two snacks
Three dinners
Meal gratuities
Grizzly Bear tour
Whales, Wildlife, and Culture Excursion*
Local guide gratuities
All side tours and entrance fees
Ferry tolls

Accommodation:

Campbell River

Coast Discovery Inn

AGELESS PEACE OF MIND: **\$140**

*The vessel is a new, state of the art, 12 passenger landing craft. Featuring two seating options for each guest: 12 comfort seats inside the heated cabin, motor coach quality bucket seat with arm rests and a beverage holder, and 12 adventure seats outside on the front deck. There is a washroom on board. 12 guests will take the Grizzly Bear tour and 12 will take the Whale Watching tour. Then the groups will reverse on Day Three.

1 2 3 4

Must be able to climb stairs and negotiate getting on and off a small vessel



PRICE PER PERSON including all taxes

Double or Twin: **\$3,059**

Single: **\$3,638**

Gaspé Peninsula

Québec by the Sea

September 13 - 22



9 nights | 10 days | 23 meals

Highlights:

Québec City • Charlevoix Region • St. Lawrence River • Baie-Saint-Paul • La Malbaie • Saint Simeon • Rimouski • Gaspé Bay Peninsula • Pointe-au-Père Maritime Historic Site • Matapedia Valley • Miguasha National Park • Baie-des-Chaleurs • Kateri Tekakwitha Church • Percé • Percé Rock • Bonaventure Island • Geopark • Gaspé • Forillon National Park • Cap-Chat • Matane • Reford Gardens • Vignoble Carpinteri Winery • Rivière-du-Loup

Tour includes:

Round trip airfare with Air Canada
Nine nights accommodation
Nine breakfasts
Six lunches
Eight dinners
Meal gratuities
All side tours and entrance fees
Services of a step-on guide in Quebec City
Step-on guide gratuities

Accommodation:

Québec City	Le Capitole Hotel
Rimouski	Hotel Rimouski
Carleton-sur-Mer	Riotel Carleton-sur-Mer
Percé	Riotel Percé
Matane	Riotel Matane
Québec City	Hotel Manoir Victoria Old Québec

AGELESS PEACE OF MIND: **\$350**

PRICE PER PERSON including all taxes

Double or Twin: **\$6,609**

Single: **\$8,339**

Out of Province Medical Insurance Recommended



Must be able to climb at least two flights of stairs, negotiate steps with railings, and tolerate periods of standing during guided tours

The Gaspé Peninsula, also known as Gaspésie, is a peninsula along the south shore of the St. Lawrence River. Gaspé has been considered the Cradle of Canada since Jacques Cartier erected a cross here in 1534.

Recognized by National Geographic Traveler as one of Canada's 50 Places of a Lifetime, Gaspésie gives you the opportunity to discover four national parks; famous Percé Rock; the world's most accessible northern gannet colony; a UNESCO World Heritage Site; summits over 1000 metres (3300 feet); lighthouses; Chaleur Bay, one of the most beautiful bays in the world; remarkable historic sites; and much more.

A long peninsula bathed in the waters of the Estuary and Gulf of St. Lawrence, Gaspésie charms visitors with contrasting landscapes ranging from undulating countryside to mountains overlooking the sea. In fishing and agricultural villages and small, dynamic towns built at the mouths of rivers, residents have carved out a place for themselves.

A welcoming land, Gaspésie has been shaped by the cultures and traditions of its various founding peoples: Mi'gmaq, French, Normans, Bretons, Basque, Rochelais, Acadians, Jersey Islanders, English Loyalists, Scottish, and Irish. The influence of these cultures can still be heard in the accents, vocabulary, and songs of modern Gaspésie. A few historic and cultural sites, museums, and interpretation centres celebrate the region's history and talent. For example, fourteen lighthouses dot the Gaspé Peninsula; in addition, the architecture of the region reflects its maritime heritage.

Gaspésian culture can also be experienced through local cuisine and regional arts and crafts. Epicures will particularly appreciate the subtle and highly prized flavours of lobster, snow crab, northern shrimp, fresh fish, and other local delicacies. Furthermore, boutiques, studios, and art galleries will introduce visitors to artists and artisans who create new and exciting worlds using age-old techniques and products.

DAY ONE: VANCOUVER – QUÉBEC CITY

Meals: D

Depart Vancouver on a direct flight with Air Canada. Upon arrival in beautiful Québec City check in to the well appointed Le Capitole Hotel for a two night stay.

DAY TWO: QUÉBEC CITY

Meals: B

Explore the historic walled city of Québec with a local guide to see the Place d'Armes, the Laval Seminary, the star-plan Citadelle, and the Place Royale. Also see the Old-world houses crowding the narrow streets in Lower Town by the St. Lawrence River, and the historic Plains of Abraham, in the French-founded city port, and capital of Canada's Québec province. Enjoy leisure time this afternoon.

DAY THREE: QUÉBEC CITY – RIMOUSKI

Meals: B, D

Depart Québec City for the Charlevoix Region as the coach skirts the St. Lawrence River. This morning there is a stop in Baie-Saint-Paul. Baie-Saint-Paul means breathing a breath of air that is as soothing as it is invigorating. Its postcard worth natural setting is juxtaposed with the excitement of an artistic city. For good reason the city has been named one of Canada's cultural capitals, thanks in particular to its museum of contemporary art and its many galleries. Continue through historic La Malbaie to Saint Siméon to meet the ferry which will take us across the river to Rivière-du-Loup and on to Rimouski, the gateway to the Gaspé Bay Peninsula. Overnight and dinner are at the Hotel Rimouski.



DAY FOUR: RIMOUSKI – CARLETON-SUR-MER
Meals: B, L, D

Start your grand tour of the spectacular Gaspé Peninsula featuring panoramic views of the sea, beaches, and cliffs. Continue along the St. Lawrence River to Pointe-au-Père Maritime Historic Site, home of the Empress of Ireland Museum, to learn about the transatlantic liner's history and doomed fate which sank in 1914. Its loss was the worst maritime disaster in Canadian history.

While at the historic site, visit the lighthouse, one of the tallest in the country. Travel through the Matapédia Valley, named for the salmon-rich Matapédia River, for a guided tour of the Miguasha National Park., a UNESCO World Heritage Site with fossils from 380 million years ago. Driving east from village to village, discover Gaspésie's unique cultural mosaic: English Loyalists, Acadians, the Basque, the Irish, Jersey Islanders, and First Nations peoples along with their vibrant cultures are still present in this region. The stay is at the waterfront Carleton-sur-Mer, the heart of Baie-des-Chaleurs.

DAY FIVE: CARLETON-SUR-MER – PERCÉ
Meals: B, L, D

This morning visit Kateri Tekakwitha Church, a teepee-shaped church that features Micmac artwork and view the community of Gesgapegiag's colourful wigwams. Visit Pabos Interpretive Centre and embark on an adventure, discover more than 250 years of a coastal seigneurie's history in an exceptional natural setting. The museum's permanent open-air exhibition provides a glimpse into daily life in the Seigneurie of Grand-Pabos during the 18th century and enjoy some local cuisine. Then head to the charming Percé village, with the famous nearby Percé Rock rising out of the sea. Admire the immense limestone block that is Percé Rock - formed at the bottom of the sea during the Devonian period. Enjoy a two night stay in this picturesque community. Dinner is served at the hotel.

DAY SIX: PERCÉ
Meals: B, L, D

This morning, enjoy an unforgettable cruise around Percé Rock and Bonaventure Island, where we can view the spectacle of 250,000 nesting birds (including puffins) on the rugged cliffs. With 375-million years of history, the largest community of Northern Gannets in North America, and fascinating marine mammals, this promises to be a unique experience!

This afternoon visit Percé's new attraction, Geopark. Supported by UNESCO, the park features a suspended glass walkway offering spectacular views over Percé Rock and walking trails to other local geological wonders. The afternoon is at leisure to take in the spectacular views from the promenade along the seafront, lively with boutiques and cafés. Tonight we enjoy a dinner of fresh lobster at a local restaurant.

DAY SEVEN: PERCÉ – MATANE
Meals: B, L, D

Gaspé, or Gespeg in the Mi'gmaq language, means "land's end" and has so many exciting highlights to visit! Located at the tip of the Gaspé Peninsula, this town has so many activities to experience that combine nature, culture, and history. Discover a vibrant downtown whose array of sites and services make it the most attractive city in the eastern Québec. You'll also be charmed by the legendary hospitality of the people of this region that's by turns urban, rural, industrial, and historic—but above all, maritime.continued



(... *Gaspé Peninsula continued*) Enjoy the scenic drive around the Gaspé Peninsula, with its perfect blend of sea and mountains, coastal villages, and sheltered fishing coves. This morning our journey continues to Forillon National Park, the official beginning to the International Appalachian Trail. The park is home to traditional fishing villages, pebble beaches, and quiet coves. Follow the peninsula road to the Cap-des-Rosiers lighthouse, the tallest in Canada, lighting the way since 1858. This national park is located at the easternmost tip of the peninsula. The scenery is stunning with boreal forest, unique geological formations, and abundant wildlife. Enjoy lunch at a local restaurant enroute.

The afternoon's drive provides some of the best scenery of the peninsula with soaring cliffs, lighthouses, and expansive views of the St. Lawrence River. Along the way view the community of Cap-Chat, the sea and mountain scenery are dominated by 133 wind turbines, in one of North America's largest wind farms. Here, you can view the highest and most powerful vertical-axis wind turbine in the world. Later travel to Matane, famous for its Nordic shrimp, windmills, and the Matane River - the only place in Quebec where you can fish in the town square! Enjoy a two night stay. Dinner is served at the hotel.

DAY EIGHT: MATANE

Meals: B, L, D

Our first stop this morning is Reford Gardens, a labour of love and internationally renowned as an exceptional horticultural achievement with its 3,000 native and exotic plants. Few gardens have been built under such adverse atmospheric conditions as the stunning Les Jardins De Métis. These thoughtfully designed gardens (also called Reford Gardens) were built from 1926 to 1958 by innovator and horticulturist Elsie Reford, who spent thirty years transforming a fishing camp on the Métis River into a vast 40-acre estate garden brimming with bold and innovative character.

Stroll amid some 3,000 plant varieties, including the famous Himalayan blue poppy, as part of 15 gardens in a naturally beautiful botanical wonderland. Spend time exploring the many areas of the gardens, such as the Linear Garden, the Stream Garden, or Bird Garden specifically designed to attract many varieties of birds.

Visit Vignoble Carpinteri, a local winery and Italian-style villa built on a former strawberry farm for lunch and wine tasting. Spend the remainder of the afternoon exploring downtown Matane and then meet up with the group for dinner.

DAY NINE: MATANE – QUÉBEC CITY

Meals: B, L, D

Travel from Matane to Rivière-du-Loup for a stop and an included lunch. Rivière-du-Loup is a small city on the south shore of the Saint Lawrence River. The city is surrounded by two majestic rivers, the Rivière-du-Loup and the St. Lawrence River. Continue the drive as we now leave the Gaspé area for Québec City. Overnight at the Hôtel Manoir Victoria. Join the group tonight for a special farewell dinner and reflect on your Gaspé Adventure.

DAY TEN: QUÉBEC CITY – VANCOUVER

Meals: B

Explore Québec City on your own before a mid afternoon flight back to Vancouver. The hotel is ideally located in Old Quebec to get a final taste of this beautiful, historic city before returning home.





Discovery Coast Passage

& the Cariboo Chilcotin

September 20 - 24

4 nights | 5 days | 10 meals

DAY ONE: VANCOUVER – WILLIAMS LAKE

Meals: L

Travel north alongside the Fraser Canyon to Hat Creek Ranch for lunch with a coffee stop in Hope. After lunch continue north to the hidden and amazingly beautiful Chasm Provincial Park, where a 25 million year old, 120m deep canyon was carved by active volcanoes. Journey along the mighty Fraser Canyon past famous towns including Lac La Hache and 100 Mile House before arriving at the Coast Fraser Inn for your overnight stay in Williams Lake.

DAY TWO: WILLIAMS LAKE – BELLA COOLA

Meals: B, L, D

The deluxe highway coach will take you past the rugged peaks of the Rainbow Range, which are visible from one of the many viewpoints, as are the pacific fjords, steep-sided valleys, ice fields, and glaciers. Small and abandoned villages and herds of wild horses can be seen from Highway 20 en route to Bella Coola. The "Freedom Highway" literally traverses the Coast Mountains and the Chilcotin Plateau for some unforgettable, breathtaking scenery through this fantastic and seemingly untouched Chilcotin countryside.

DAY THREE: BELLA COOLA

Meals: B, L, D

After breakfast, depart for Tweedsmuir Provincial Park and the Grizzly Bear viewing platform followed by a visit to the local museum. Learn about the diverse histories behind the people of Bella Coola, from the Nuxalk Nation to the unique Norwegian community, as well as the effects of fur trading and the gold rush. Tonight join the group for an included dinner at the hotel.

DAY FOUR: BELLA COOLA – PORT HARDY

Meals: D

Board the Northern Sea Wolf BC Ferries vessel to begin your Discovery Coast Passage adventure. A multitude of scenic surprises are in store on the cruise to Port Hardy. Weave through the remote channels past Finn Bay. Arrive in Port Hardy as early as 5:30 p.m.

DAY FIVE: PORT HARDY – VANCOUVER

Meals: B, L

Follow the scenic North Island Highway past Campbell River to Nanaimo. Lunch is included today at a scenic setting overlooking Georgia Strait. Arrive midafternoon back in the lower mainland.

Highlights:

Hat Creek Ranch • Chasm Provincial Park • Clinton • Williams Lake • The Freedom Highway • Coast Mountain Range • Chilcotin Plateau • The Hill • Tweedsmuir Park • Hagensborg • Bella Coola • Grizzly Bear viewing • Discovery Coast Passage ferry • Queen Charlotte Strait / Sound • Port Hardy • Qualicum • Georgia Strait

Tour includes:

Four nights accommodation
Three breakfasts
Four lunches
Three dinners
Meal gratuities
Discovery Coast Passage ferry
All side tours and entrance fees
Services of a local guide
Local guide gratuities
Ferry tolls

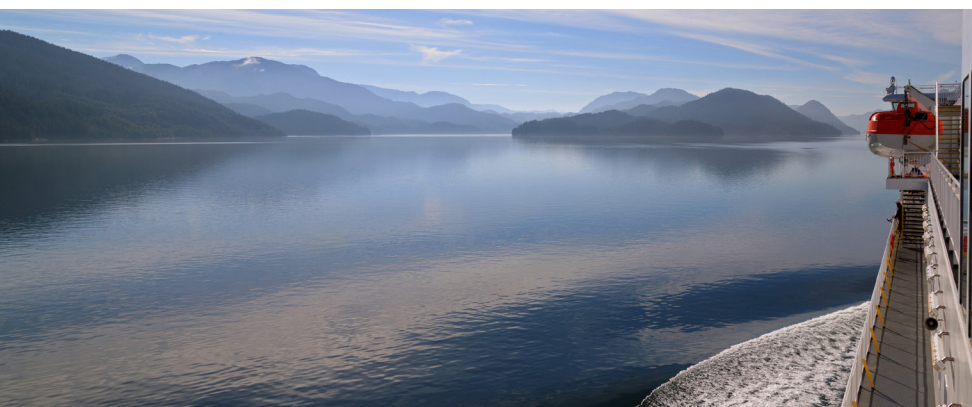
Accommodation:

Williams Lake	Coast Fraser Inn
Bella Coola	Bella Coola Valley Inn
Port Hardy	Kwa'lilas Hotel

AGELESS PEACE OF MIND: **\$175**



Should be physically active and able to walk reasonable distances on uneven ground



PRICE PER PERSON including all taxes

Double or Twin: **\$2,298**

Single: **\$2,797**

Thousand Islands Cruise

Upper River Expedition Featuring the St. Lawrence Seaway & Niagara Falls

September 20 - 27

7 nights | 8 days | 17 meals

Highlights:

Toronto • Kingston • Canadian Empress • Thousand Islands • Thousand Islands Heritage Museum • Gananoque • Fulford Mansion • Brockville • Fort Wellington National Historic Site • Galop Canal • Iroquois Lock • Lake St. Lawrence • Prescott • Upper Canada Village • Thousand Islands Boat Museum • Niagara Falls

Tour includes:

Round trip airfare with Air Canada
Five day cruise on the St. Lawrence Seaway
Seven nights accommodation
Seven breakfasts
Five lunches
Five dinners
Meal gratuities
All side tours and entrance fees
Ship board gratuities
Port charges
Services of step-on guides
Step-on guide gratuities

Accommodation:

Toronto	Sheraton Gateway Hotel
Five Day Cruise	Canadian Empress
Niagara Falls	The Brock Hotel (Crowne Plaza)

AGELESS PEACE OF MIND NOT AVAILABLE FOR THIS TOUR

1 2 **3** 4

Should be physically active, able to walk up stairs, there are no elevators on the ship. This tour is not suitable for those who rely on a walker.



Join Ageless Adventures as we explore the St. Lawrence Seaway and Thousand Islands aboard the Canadian Empress which was launched in 1981. The year 1908 was chosen as a design and decor theme as it integrated well with the history of the St. Lawrence River. The ship is not a replica of any specific vessel but is a composite of many in the St. Lawrence region during the last century. She carries only 66 passengers in 32 cabins.

There are three decks on the ship. St. Lawrence Deck is the lowest and has most of the cabins and a gift shop. The Ottawa Deck has eight cabins, the Grand Saloon and Dining Room, and forward and aft outdoor sitting areas. The Sun Deck has lots of outdoor seating. Cabins have windows, two single beds, and a bathroom with a shower. Cabins are very compact compared to an ocean cruise ship. There is daily maid service. Nightly entertainment is included. The ship docks most nights in a community along the St. Lawrence River so you can go ashore at your leisure and explore the area.

Three meals a day plus afternoon tea and in-between treats are served in the Grand Saloon. There are usually two entrees offered with dinner. The menus utilize fresh, in-season, locally-produced fruits and vegetables, and bread may come from the pioneer ovens at Upper Canada Village. Wine is included with lunch and dinner. Coffee and tea are available 24 hours a day.

Our Upper River Expedition is tailor-made for those passengers who want to experience the full beauty and history of the Thousand Islands. The cruise will depart from Kingston, Ontario and thoroughly explore the picturesque Thousand Islands before continuing east past Brockville. Cruising downriver past Prescott, you will encounter the first lock in the St. Lawrence Seaway system at Iroquois, Ontario. The Seaway Control Dam here stretches from the Canadian to the American side of the St. Lawrence River and this dam regulates the water depth throughout the Seaway to Montreal. Beyond Iroquois, as you journey towards Morrisburg, Ontario you will pass over the "Lost Villages" of the Seaway en route to historic Upper Canada Village.

Highlights of this Cruise: This cruise is an excellent chance to witness opulent summer homes, scenic bays, and intimate island passages. With additional stops at the Thousand Islands Heritage Museum in Gananoque, Fulford Mansion in Brockville, and Fort Wellington in Prescott, this cruise vacation is full of the colonial history of Upper Canada and the Thousand Islands.

DAY ONE: VANCOUVER – TORONTO

Travel with Air Canada from Vancouver to Toronto. Overnight at the Sheraton Gateway Hotel located near the airport.

DAY TWO: TORONTO – KINGSTON – THOUSAND ISLANDS

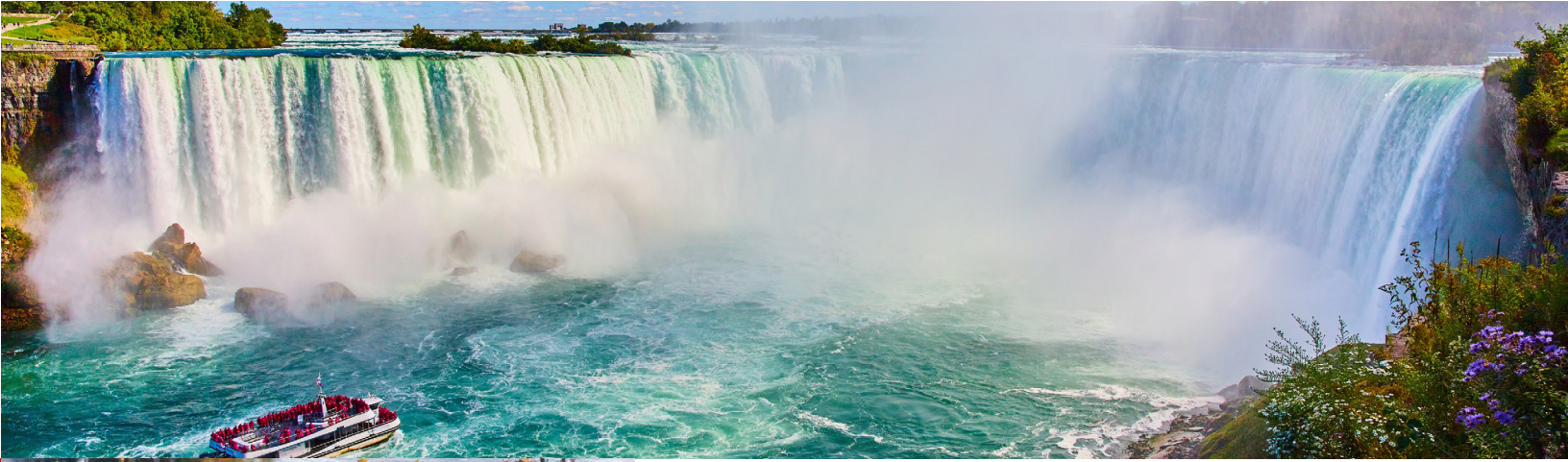
Meals: B, D

Travel by coach to Kingston. Explore Kingston with the help of a local guide. At 5:30 pm, the Canadian Empress is ready for boarding in downtown Kingston. The Captain's welcome reception is followed by dinner. We cruise out of Kingston's harbour at 7:00 pm and anchor for the night amid the Thousand Islands.

DAY THREE: THOUSAND ISLANDS – BROCKVILLE

Meals: B, L, D

The ship weaves among the Thousand Islands and docks at Gananoque to visit the Heritage Museum. Depart Gananoque to cruise the U.S. side of the river.



Out of Province Medical & Cancellation Insurance Recommended

\$200 Nonrefundable Deposit Required Upon Booking

Deadline to Register is June 20, 2025

PRICE PER PERSON including all taxes

St. Lawrence Room Double: **\$7,037**

Ottawa Room Double: **\$7,459**

St. Lawrence Room Single: **\$9,557**

View and learn about Boldt Castle on Heart Island and Singer Castle on Dark Island. This afternoon we arrive at Brockville, Ontario for a guided tour at Fulford Mansion. This evening relax and enjoy Brockville's waterfront.

DAY FOUR: BROCKVILLE – CRYSLER PARK MARINA
Meals: B, L, D

This morning, depart Brockville bound for Prescott, Ontario and a visit of the Fort Wellington National Historic Site, home to one of the best-preserved nineteenth-century fortifications in Canada. Next, cruise along the old Galop Canal. Opened in 1846, the Galop Canal ran 12 km from Iroquois to Cardinal, allowing ships to bypass sets of rapids around Point Iroquois, Cardinal, and Galop Island. This afternoon pass through the Iroquois Lock at the Seaway control dam. Cruise east on Lake St. Lawrence bound for Crysler Park Marina.

DAY FIVE: CRYSLER PARK MARINA – GANANOQUE
Meals: B, L, D

Depart by horse-drawn wagon to Upper Canada Village. After an open-air guided tour, enjoy some free time to discover the Village. Next depart Crysler Park Marina bound for the Thousand Islands, enjoy some ship board activities. Cruise the Canadian channel to view and learn about the Statue of St. Lawrence. This evening, arrive at Ivy Lea and join the group for a farewell celebration night and evening entertainment.

DAY SIX: GANANOQUE – KINGSTON – NIAGARA FALLS
Meals: B, L

Depart Gananoque for a relaxing breakfast cruise through the Thousand Islands. Return to Gananoque and disembark for a guided tour of the Thousand Islands Boat Museum. After returning to the Canadian Empress sail through the Canadian channel en route to Kingston. Enjoy the closing ceremonies during lunch and a harbour tour of Kingston before disembarkation and farewells. The group will board a coach and make its way to Niagara Falls for a two night stay at the well appointed Brock Hotel (formerly the Crowne Plaza). The evening is yours to enjoy.

DAY SEVEN: NIAGARA FALLS
Meals: B, L, D

The group is joined by a local guide this morning to explore Niagara Falls! Ride the Hornblower and embark on a breathtaking voyage to the base of Niagara Falls. This unforgettable journey offers spectacular views of the Niagara Gorge, American Falls, and Bridal Veil Falls, culminating in an up-close encounter with the iconic Canadian Horseshoe Falls. Experience the thunderous roar, immense power, and refreshing mist of these natural wonders, with a complimentary recyclable mist poncho provided for your comfort. For a magical twist, opt for the evening tour to enjoy the illuminated falls and a gentle mist experience. Next up is a visit to Niagara's newest exhibit, The Power Station. From the most towering turbine to the tiniest detail, uncover fascinating stories hidden within the historic Niagara Parks Power Station, the newest must-see attraction. Descend 180 feet in a glass-paneled elevator and explore the 2,200-foot long tunnel, leading to an observation deck at the river's edge. Enjoy lunch at a local restaurant followed by some free time to explore the area. Tonight, join the group at a local restaurant for a farewell dinner.

DAY EIGHT: NIAGARA FALLS – VANCOUVER
Meals: B

After breakfast depart the hotel for a city tour of Toronto before being transported to Pearson International Airport and your return flight home to Vancouver.

Autumn in Québec

Featuring Montréal, Québec City, & the Charlevoix Region

October 7 - 14

7 nights | 8 days | 15 meals

Highlights:

Montréal • Old Montréal • Ste-Catherine Street • Saint-Helen's Island • Mont Royal • St-Joseph's Oratory • Montréal's Old Port • Place Jacques • Notre Dame Basilica • Chemin Du Roy • St. Lawrence River • Québec City • Château Frontenac • Place d'Armes • Plains of Abraham • Charlevoix Region • King's Road • Montmorency Falls • Charlevoix train ride • Fairmont Le Manoir Richelieu • Baie-Saint-Paul

Tour includes:

Round trip airfare with Air Canada
Seven nights accommodation
Seven breakfasts
Three lunches
Five dinners
Meal gratuities
Services of local guides
Local guide gratuities
All side tours and entrance fees

Accommodation:

Montréal	Hotel Le Cantlie Suites
Québec City	Hotel Château Laurier
Charlevoix	Fairmont Le Manoir Richelieu

AGELESS PEACE OF MIND: **\$280**

Out of Province Medical Insurance
Recommended

1 2 3 4

Uneven ground on portions of this tour plus some stairs involved

PRICE PER PERSON including all taxes

Double or Twin: **\$6,128**

Single: **\$7,629**



DAY ONE: VANCOUVER – MONTRÉAL

Meals: D

Depart on a morning flight to La Belle Province, Québec, to experience the magnificent colours of autumn. Arrive in Montréal and check in to the centrally located Hotel Le Cantlie Suites for a three night stay. Join the group for a welcome dinner.

DAY TWO: MONTRÉAL

Meals: B, D

This morning enjoy a three hour city tour with a step-on guide featuring Ste-Catherine Street, Saint-Helen's Island, Mont Royal, St-Joseph's Oratory, The Old Port, Place Jacques Cartier, an included visit to the Notre Dame Basilica, and much more. The afternoon is yours to enjoy and explore. The evening features a delicious dinner at a local restaurant and an opportunity to explore Old Montréal.

DAY THREE: MONTRÉAL – EASTERN TOWNSHIPS

Meals: B, L

Today our destination is the picturesque Eastern Townships area with breathtaking autumn scenery and quaint villages and towns. The group will visit the Abbey of Saint-Benoit-du-Lac, founded in 1912. Situated in a beautiful rural setting the abbey produces cheese, ciders, and candy. Next is the lovely town of Magog. Have time to explore this lakeside community and savour a lunch bursting with local flavours. After a leisurely tour of this beautiful region return to the hotel for time on your own.

DAY FOUR: MONTRÉAL – QUÉBEC CITY

Meals: B, L, D

Depart Montréal and travel along the Chemin du Roy, the first carriage road linking Québec to Montréal built in 1737. It follows along the St. Lawrence River. Along the way the group will experience a French Canadian tradition at Sugar Shack Chez Dany, including lunch and live entertainment. Arrive in historic Québec City, the heart of French Canada and a UNESCO World Heritage Site, for a two night stay at the Hotel Château Laurier. Dinner tonight is included at a local restaurant.

DAY FIVE: QUÉBEC CITY

Meals: B

Tour Canada's only walled city, crowned by the great turrets of the Château Frontenac. Old Québec is one of the best-preserved cities in North America. Highlights include the Place d'Armes, ancient Place Royale, Cape Diamond, the Joan of Arc Garden, Grand-Allee, Parliament, the Plains of Abraham, and much more. The afternoon and evening are yours to relax and enjoy.

DAY SIX: QUÉBEC CITY – CHARLEVOIX REGION

Meals: B, L, D

After breakfast, depart the hotel for beautiful Montmorency Falls (1 ½ times taller than Niagara Falls). A highlight of this day will be a stunning train ride on the Charlevoix Light Rail Transit. The train hugs the St. Lawrence River shoreline revealing otherwise inaccessible scenery with the final destination of Baie-Saint-Paul. Baie-Saint-Paul boasts two hundred year old houses in the traditional Québec style. The next two nights will be spent in the Charlevoix Region at the incredible Fairmont Le Manoir Richelieu, known as "The Castle on the Cliff". This evening will include a delicious dinner at a restaurant in La Malbaie.

DAY SEVEN: CHARLEVOIX REGION

Meals: B, D

Tour this spectacular area by coach and soak in the sights of the Québec countryside in the fall. The rest of the day is free to enjoy the many amenities of the Fairmont Le Manoir Richelieu. A scrumptious farewell group dinner at the hotel will be a fitting conclusion to the trip.

DAY EIGHT: CHARLEVOIX REGION – QUÉBEC CITY – VANCOUVER

Meals: B

Depart by coach from the hotel for an afternoon flight from Québec City to Vancouver. Reflect on your memories of Autumn in Québec.



Thanksgiving in Cowichan

October 13 - 16 Stay 'n' Play

3 nights | 4 days | 8 meals

Thanksgiving is a time to reflect on all our blessings. Please join us for a Thanksgiving getaway to one of BC's hidden gems, the community of Cowichan Bay on Vancouver Island.

Enjoy three nights at the Oceanfront Suites at Cowichan Bay. The back roads of Cobble Hill are exploding with fall colour. The colours will astound you! A visit to the Raptors Centre was a big highlight on past visits to the area.

DAY ONE: VANCOUVER – MALAHAT – COWICHAN BAY
Meals: D

Depart for Vancouver Island via BC Ferries to Departure Bay. On this "stay and play" getaway the accommodation will be at Oceanfront Suites at Cowichan Bay, conveniently located just steps away from the quaint seaside village of Cowichan Bay which is North America's first Cittaslow designated community: A cultural trend known as the slow movement. In Cowichan Bay, the peaceful, slower pace of the community is there to improve everyone's quality of life – those who live here and those who visit. The resort features one bedroom suites overlooking the ocean. Join the group for a traditional Thanksgiving Dinner this evening at a local restaurant.

DAY TWO: COWICHAN BAY – COBBLE HILL – DUNCAN
Meals: B, L, D

The first stop today is at The Raptors Centre for the 11:00 am flying demonstration. Enjoy some free time at the centre getting to know the birds of prey. Our next stop will be at the Merridale Cidery for a long-table lunch followed by a guided tour. This afternoon visit the town of Duncan, in the heart of the Cowichan Region, and known for their many totem poles and galleries. Tonight, join the group for dinner in a local pub.

DAY THREE: COWICHAN BAY – CHEMAINUS – COWICHAN BAY
Meals: B, L-

After breakfast and a leisurely morning, it's off to Chemainus, a quaint artisan village nestled between the mountains and the ocean. Home to 50+ giant murals, trendy boutiques, galleries, and so much more. Next, we visit the famous Chemainus Theatre for a buffet lunch followed by a matinee performance.

DAY FOUR: COWICHAN BAY – VANCOUVER
Meals: B, L

This morning visit A Home for Hooves Farm Sanctuary for a guided tour. Follow the scenic Malahat Highway south towards Victoria and Swartz Bay. Enjoy lunch en route at the Fireside Grill. Depart on a BC Ferry back to the mainland.

Highlights:

Cowichan Bay • The Raptors Centre • Merridale Cidery • Cobble Hill • Duncan • Chemainus • A Home for Hooves Farm Sanctuary • Malahat Drive

Tour includes:

Three nights accommodation
Three breakfasts
Three lunches
Two dinners
Meal gratuities
Chemainus Theatre performance
All side tours and entrance fees
Ferry tolls

Accommodation:

Cowichan Bay Oceanfront at Cowichan Bay

AGELESS PEACE OF MIND: **\$140**



Uneven ground on portions of this tour. Not suitable for those who rely on a walker.



PRICE PER PERSON including all taxes

Double or Twin: **\$2,177**

Single: **\$2,639**

Thanksgiving on Salt Spring Island

October 13 - 16

3 nights | 4 days | 8 meals

Highlights:

BC's Southern Gulf Islands • Salt Spring Island • Ganges • Harbour House Hotel • Thanksgiving Dinner • Cetacea • Salt Spring Wild Cidery • Salt Spring Island Cheese Company • Garry Oaks Estate Winery • Chemainus • Chemainus Theatre • The Raptor's Centre • Ladysmith

Tour includes:

Three nights accommodation
Three breakfasts
Two lunches
Three dinners
Meal gratuities
Chemainus Theatre performance
All side tours and entrance fees
Ferry tolls

Accommodation:

Salt Spring Island Harbour House Hotel
Chemainus Best Western Plus

AGELESS PEACE OF MIND: **\$140**

1 2 3 4

Uneven ground on portions of this tour

PRICE PER PERSON including all taxes

Double or Twin: **\$2,289**

Single: **\$2,839**



DAY ONE: VANCOUVER – SALT SPRING ISLAND

Meals: D

Sail with BC Ferries from Tsawwassen to Salt Spring Island through the beautiful Southern Gulf Islands. Arrive in Long Harbour and enjoy some free time exploring the village of Ganges with its eclectic shops, restaurants, and galleries. Check in to your ocean view room in the Harbour House Hotel for a two night stay. Known for its relaxed and refined style the hotel is only steps from the village. Tonight join the group for a traditional Thanksgiving dinner at the hotel.

DAY TWO: SALT SPRING ISLAND

Meals: B, L, D

Today is an opportunity to really get to know Salt Spring Island. Smaller vans will take the group on an in depth tour with a local guide. Visit Cetacea, a family run business known for creating innovative marine mammal skeleton exhibits, followed by lunch and a tasting at Salt Spring Wild Cidery. After lunch enjoy a unique experience with a Hawaiian Interpretation celebrating Salt Spring's Hawaiian links. Finally make a stops at Salt Spring Island Cheese Company for cheese sampling and Garry Oaks Estate Winery for wine tasting. Tonight, the group will savour dinner at one of Salt Spring's many local restaurants.

DAY THREE: SALT SPRING ISLAND – CHEMAINUS

Meals: B, L, D

Spend the morning relaxing or exploring. An early lunch will be served at the hotel before taking the ferry from Vesuvius Bay on Salt Spring to Crofton on Vancouver Island. Enjoy time in quaint downtown Chemainus before checking in to the Best Western Plus Chemainus Inn for a one night stay. Tonight will be a special treat with a visit to the Chemainus Theatre for a buffet dinner and their evening performance.

DAY FOUR: CHEMAINUS – VANCOUVER

Meals: B

This morning will include a visit to The Raptor's Centre giving you a chance to get close to and learn about birds of prey. Then travel to Ladysmith, a charming small town with a vibrant downtown and picturesque waterfront, for some free time and lunch on your own. The journey back to the lower mainland will be on BC Ferries from Departure Bay in Nanaimo to Horseshoe Bay.





Eagles at Harrison Hot Springs

November 5 - 7 *Stay 'n' Play*

2 nights | 3 days | 5 meals

Every year between October and January, spawning salmon return to Canada's first certified salmon stronghold, the Harrison River. This ecologically rich river is one of the most protected and productive salmon ecosystems in the world, attracting tens of thousands of wintering bald eagles to the area.

DAY ONE: VANCOUVER – HARRISON HOT SPRINGS

Meals: D

Depart the lower mainland for Harrison Hot Springs. Spend some time exploring historic Kilby Museum before arriving at the Harrison Hot Springs Resort for a two night stay. Join the group for dinner in the hotel's restaurant. The rooms are located in the main hotel.

DAY TWO: HARRISON LAKE

Meals: B, L

After breakfast depart for the shores of Harrison Lake for a three hour boat tour, leaving the lake for the currents of Harrison River. There, you will spot some of the area's abundant salmon and sturgeon population, as well as barking seals and bald eagles keeping watch high overhead. Every fall millions of salmon return to the Harrison River to spawn. This natural wonder is matched by an incredible migration of thousands of Bald Eagles who return annually to the Harrison Mills area to feast on the salmon. During this tour you are fully immersed in the beautiful eco-system around us which you can admire right from our cozy and accommodating boat. The evening is yours to enjoy, have a soak in the hotels mineral pool, or explore the quaint town of Harrison Hot Springs. Dinner is on your own.

DAY THREE: HARRISON HOT SPRINGS – VANCOUVER

Meals: B, L

After breakfast depart the resort for the Minter Country Garden Store for a tour and seasonal planting activity and time for shopping. As we make our way back to the lower mainland there will be a lunch stop in Abbotsford.

Highlights:

Kilby Museum • Harrison Hot Springs • Harrison Lake • River Cruise • Minter Country Garden

Tour includes:

*Two nights accommodation
Two breakfasts
Two lunches
One dinner
Meal gratuities
Three hour boat cruise
All side tours and entrance fees*

Accommodation:

Harrison Hot Springs

*Harrison Hot Springs
Resort*

AGELESS PEACE OF MIND: **\$105**



Must be able to climb stairs and negotiate getting on and off a small vessel



PRICE PER PERSON including all taxes

Double or Twin: **TBA**

Single: **TBA**

Desert Canyons

Arizona & Utah, Featuring:
Grand, Bryce, Arches, & Zion Canyons

October 14 - 24

10 nights | 11 days | 22 meals

Highlights:

Zion National Park • Bryce Canyon National Park • Moab • Arches National Park • Monument Valley Jeep Tour • Glen Canyon National Recreation Area • Lake Powell Cruise • Grand Canyon • Grand Canyon National Park Lodge • Oak Creek Canyon • Sedona • Old Town Scottsdale • Scottsdale

Tour includes:

Round trip airfare with Air Canada
Ten nights accommodation
Ten breakfasts
Five lunches
Seven dinners
Meal gratuities
Canyon dinner cruise
Glen Canyon boat cruise
All side tours and entrance fees
Park Ranger / step-on guides
Local guide gratuities

Accommodation:

Zion	Holiday Inn Express Springdale
Bryce	Bryce Canyon Resort
Moab	Hyatt Place Moab
Page	Lake Powell Resort
Grand Canyon	Squire Resort at Grand Canyon
Scottsdale	Hilton Garden Inn

AGELESS PEACE OF MIND: **\$385**

PRICE PER PERSON including all taxes

Double or Twin: **\$8,167**

Single: **\$11,268**

Medical Insurance Recommended
Passport Required

1 2 3 4

Warning! Altitudes exceeding 8,000-9,000 ft (2,700m). Possible unstable or uneven ground.



DAY ONE: VANCOUVER – SPRINGDALE, UTAH Meals: D

This tour of the Canyons features some of the most spectacular scenery in the U.S., it includes overnight accommodation at Bryce Canyon and Grand Canyon National Park Lodges, and the Lake Powell Resort, all of which are located in the heart of this amazing scenery. The tour includes Park rangers / step-on guides at all National Parks. Arrive early afternoon in Springdale, Utah (a 10 minute drive from Zion National Park).

DAY TWO: ZION NATIONAL PARK Meals: B

Arrive mid morning at Zion National Park Lodge located on the floor of the canyon. Board a private Zion Canyon Shuttle with live commentary and experience the scenic highlights of the park. There will be time to have lunch and explore the park on your own before departing for Springdale.

DAY THREE: ZION NATIONAL PARK – BRYCE NATIONAL PARK Meals: B, L, D

Climb from the Zion Canyon floor by coach for Bryce Canyon National Park. This afternoon our step-on guide will take us to Bryce Canyon's most famous viewpoints, dizzying in scope, including Fairyland, Sunrise, Bryce, and Inspiration Points. Thousands of delicately carved spires rise in brilliant colour from the amphitheatres of Bryce Canyon National Park. Overnight at the Bryce Canyon Resort for a one night stay. You are just a two minute walk from the hoodoos. Tonight join the group for dinner in the resort's dining room.

DAY FOUR: BRYCE NATIONAL PARK – MOAB Meals: B, L, D

Depart from Bryce Canyon for Moab via the magnificent scenery of the Grand Staircase Escalante. Upon arrival in Moab enjoy a two night stay at the Hyatt Place Moab.

DAY FIVE: MOAB – ARCHES NATIONAL PARK – MOAB Meals: B, L, D

Explore Arches National Park with a local guide. View an impressive array of spires, pinnacles, balanced rocks, and the highest concentration of natural sandstone arches in the world. After spending time at the park travel back to Moab to enjoy the scenic beauty of the area and the amenities of the hotel which include a heated outdoor pool. Relax and reflect on the amazing scenery on your journey so far. Tonight enjoy a Canyon Cruise and dinner.

DAY SIX: MOAB – MONUMENT VALLEY – LAKE POWELL Meals: B, L, D

Today you will experience some of the most striking and recognizable landscapes in the entire Southwest in Monument Valley. A jeep tour takes you halfway into "the valley", with additional driving photo stops, driving the entire 17 mile loop road, to see the most celebrated sandstone buttes, spires, mesas, and panoramic views from different angles. Late afternoon arrive at the Lake Powell Resort, the only hotel that overlooks the lake. Relax and enjoy the amenities of this amazing resort.



DAY SEVEN: LAKE POWELL – GRAND CANYON NATIONAL PARK
Meals: B, L, D

Enjoy a morning boat cruise to Glen Canyon Dam, a definite highlight of the day. The journey continues with a stop at Glen Canyon Dam Visitor Center followed by the mesa-studded desert and a stop for lunch at the Cameron, a Historic Navajo Trading Post, featuring southwest Native American arts and crafts before travelling to the Grand Canyon. The Grand Canyon is overwhelming with its immense size. Unique combinations of geologic colour and erosional forms decorate a canyon that is 277 river miles (446km) long, up to 18 miles (29km) wide and a mile (1.6km) deep.

DAY EIGHT: GRAND CANYON NATIONAL PARK
Meals: B

This morning there is a guided coach tour along the rim to Desert View with a local guide. This four hour tour will bring the majestic Grand Canyon to light. The afternoon is yours to enjoy a stroll through the National Geographic Photo Gallery or visit Yavapai Point, a major lookout point with a view of the Colorado River. Enjoy free time as you walk along the rim to capture spectacular views of the Grand Canyon! Your guide will assist you with an optional helicopter trip over the canyon.



DAY NINE: GRAND CANYON NATIONAL PARK – SEDONA – SCOTTSDALE
Meals: B

Depart from Grand Canyon National Park for Sedona and on to Scottsdale. Enjoy one of Arizona's finest drives through Oak Creek Canyon to the city of Sedona with time to shop in the Mexican marketplace. The red rocks of Sedona are truly a special sight to see. Continue on to Scottsdale, Arizona for a two night stay at the Hilton Garden Inn.



DAY TEN: SCOTTSDALE
Meals: B, D

Today is a free day, perhaps take a visit to Old Town or relax by the pool and reminisce about your Canyon adventures with friends. Join the group for a farewell dinner at a local eatery.

DAY ELEVEN: SCOTTSDALE – VANCOUVER
Meals: B

Depart early afternoon with memories of your spectacular canyon tour.



Coastal Croatia

October 15 - 26



Overnight flight + 10 nights
12 days | 18 meals

Highlights:

Zagreb • Predjama Castle • Opatija • Rovinj
• Pula • Truffle Hunting Experience • Plitvice
• Plitvice Lakes National Park • Zadar • Split
• Hvar • Stari Grad • Mali Ston • Mount Srd
• Dubrovnik • Montenegro • Bay of Kotor •
Perast • Kotor • Sveti Stefan Island

Tour includes:

Round trip airfare with KLM
Ten nights accommodation
Ten breakfasts
One lunch
Seven dinners
Meal gratuities
Local tour manager
Local step-on guides
Local guide gratuities
All side tours and entrance fees

Accommodation:

Zagreb	Amadria Park Hotel Capital
Opatija	Amadria Park Hotel Agava
Plitvice	Etno Garden Luxury
Split	AC by Marriott
Dubrovnik	Valamar
Paris	TBA

AGELESS PEACE OF MIND NOT
AVAILABLE FOR THIS TOUR

Medical & Cancellation
Insurance Recommended
Passport Required

PRICE PER PERSON including all taxes

Double or Twin: **\$9,263**

Single: **\$11,050**

1 2 **3** 4

Must be able to climb at least two flights of stairs,
negotiate steps with railings, and tolerate periods of
standing during guided tours

Croatia is an enchanting destination that combines the best of nature, culture, and history. Imagine pristine beaches, medieval cities, stunning national parks, and a Mediterranean climate that makes it an ideal year-round destination.

DAY ONE: VANCOUVER – ZAGREB

Depart Vancouver on a late afternoon overnight flight with KLM to begin your adventure in Croatia.

DAY TWO: ZAGREB

Meals: D

Upon arrival at the airport your local tour manager will meet the group to welcome you to Croatia. Zagreb is Croatia's capital city, a vibrant metropolis blending historical charm with modern culture. Transfer by coach to the Amadria Park Hotel Capital for some time to rest and relax after your journey. Join the group for dinner.

DAY THREE: ZAGREB – OPATIJA

Meals: B, D

After breakfast at the hotel, embark on a guided tour of Zagreb, Croatia's charming capital. Explore the historic Upper Town and see landmarks like St. Mark's Church, St. Catherine's Church, the iconic Sun Clock, and the Stone Gate. A visit to the Dolac Market offers a vibrant atmosphere with fresh produce and local delicacies. After free time for lunch, travel to Predjama Castle, an impressive medieval fortress built into a cliff. Take a guided tour to learn about its fascinating history and architecture. Take your first peek at the Dalmatian coastline on check in at your hotel in the coastal town of Opatija, gateway to the generally lesser visited Istria region

DAY FOUR: OPATIJA – PULA – OPATIJA

Meals: B, D

Depart Opatija and travel to Rovinj, a picturesque fishing town on the Istrian coast. Spend time exploring the cobbled streets of its old town, with its vibrant buildings and scenic waterfront. The architecture has clear Venetian influence and that is why Rovinj is also called 'little Venice' - in fact, from the 13th century until almost the end of the 19th century, Rovinj became one of the most important cities in the Maritime Republic. After a brief drive to Pula, embark on a guided city tour to visit the Pula Arena, one of the best-preserved Roman amphitheatres in the world. You will also visit the Basilica of St. Mary Formosa, the Cathedral, and the bustling Trznica food market.

Before heading back to Opatija, stop in Kumparicka Organic Goat Farm in Cokuni for a tour and a delightful "Farm to Fork" dinner featuring fresh goat cheese paired with wine.

DAY FIVE: OPATIJA – PLITVICE

Meals: B, L, D

Begin your day with a memorable hands-on activity; an exciting truffle-hunting experience near Buzet, followed by a hands-on gnocchi workshop where you can learn to prepare and taste local specialties. The area between Buzet, Pazin, and Buje is known as the 'truffle triangle', an area of worldwide renown. What was then the largest ever white truffle was found here in 1999! Afterward, enjoy a 3-course truffle-inspired lunch with wine.

After a day of exploration, continue to your hotel in Plitvice and relax with a delicious dinner at your hotel, ready to explore the Lakes National Park on the next day.



DAY SIX: PLITVICE – SPLIT

Meals: B, D

Head into Plitvice Lakes National Park, a UNESCO World Heritage site known for its stunning terraces of emerald lakes joined by waterfalls and lush forests, through which various walkways and trails wind. Take a guided tour through this natural paradise. In the afternoon, depart for Zadar to visit the Sea Organ, an installation that produces sound from the waves, and the Monument to the Sun, a mesmerizing solar-powered light display. Finish the day at your hotel in Split, your base for the next three nights of the tour.

DAY SEVEN: SPLIT

Meals: B

Explore the lovely city of Split this morning, where you'll take a guided tour of Diocletian's Palace, an ancient Roman emperor's retirement residence, which now houses shops, restaurants, and private homes, and forms the heart of the modern city. You will also visit Split's Cathedral and its bell tower. The remainder of the day will be free.

DAY EIGHT: SPLIT – HVAR – STARI GRAD – SPLIT

Meals: B, D

Board a ferry to Hvar, one of Croatia's most famous islands. The guided tour of Hvar Town includes visits to the main sights like the historic St. Stephen's Cathedral and Hvar Square, where you can enjoy the island's uniquely Mediterranean atmosphere. Travel to Stari Grad, a UNESCO World Heritage town known for its well-preserved old town and the Stari Grad Plain, an ancient agricultural landscape. Return to Split by ferry, where you'll have the evening at leisure to enjoy dinner on your own.

DAY NINE: SPLIT – DUBROVNIK

Meals: B

Breaking the journey south along the Dalmatian coast from Split to Dubrovnik, the group will stop at Mali Ston to learn about and sample the oysters for which the area is famous. On the edge of Dubrovnik, the group will take the cable car up Mount Srđ, to get the lay of the land and enjoy fantastic panoramic views of the coastline and down to Dubrovnik below – before enjoying a guided tour of Dubrovnik's old town itself – the 'Pearl of the Adriatic' – seeing the Pile Gate, Stradun Street, and the Old Town Port.

After some free time to explore the old town at leisure, head to your hotel in the neighbouring Lapad Peninsula area.

DAY TEN: DUBROVNIK – MONTENEGRO – DUBROVNIK

Meals: B

On a full day excursion from Dubrovnik, the group will dip into nearby Montenegro, a wonderful small country, travelling around the dramatic and scenic Bay of Kotor (a winding bay of the Adriatic Sea). Stop at Perast, a picturesque town where you will take a boat ride to the Our Lady of the Rock Church, located on a small island in the bay, from where the views are exceptional. Perast is home to some beautiful Venetian-style palazzos and churches. Continue to Kotor, a medieval town surrounded by ancient city walls. Enjoy a walking tour through the Old Town. Later, stop at Sveti Stefan Island for a photo opportunity. Return to Dubrovnik for dinner.

DAY ELEVEN: DUBROVNIK – PARIS

Meals: B, D

After breakfast at the hotel depart for the airport for your flight to Paris, France for an overnight stay. Enjoy a farewell dinner with the group and share your many stories of your adventures in enchanting Croatia!

DAY TWELVE: PARIS – VANCOUVER

Meals: B

After breakfast at the hotel depart for the airport for your return flight to Vancouver.

Wickaninnish Inn Experience

Stormwatching at Long Beach

November 23 - 27 *Stay'n'Play*

4 nights | 5 days | 9 meals

Highlights:

Qualicum • The Rugged West Coast of Vancouver Island • Pacific Rim National Park Reserve • Long Beach • Wickaninnish Inn • Tofino • Wild Pacific Trail • Ucluelet

Tour includes:

*Four nights accommodation
Four breakfasts
Two lunches
Three dinners
Meal gratuities
All side tours and entrance fees
Ferry tolls*

Accommodation:

Tofino Wickaninnish Inn

AGELESS PEACE OF MIND: \$175

1 2 3 4

You must be able to walk a kilometre or more on uneven ground and be able to climb stairs



This is an opportunity to treat yourself at one of BC's most well known, deluxe properties, the Wickaninnish Inn: Rustic Elegance on Nature's Edge. Surrounded on three sides by the wild blue waters of the Pacific with an old growth forest as a backdrop, explore spectacular Chesterman Beach and the beauty of Vancouver Island's wild west coast. The Wickaninnish Inn was built to embrace Storm Season. Pounding surf, howling winds, scudding clouds heavy with rain, thundering across the sky like a team of horses. Whether you bundle up outside or watch it all from the comfort of your fireplace-warmed suite, storm watching is an awe inspiring experience that invigorates the soul. Ocean and beach views are standard from every guest room. Indulge in acclaimed West Coast Canadian Cuisine in the beautiful dining room with its award winning wine list. Don't miss out on this luxurious West Coast experience!

Deadline to register: September 23, 2025

PRICE PER PERSON including all taxes

<i>First Floor</i>	<i>Second Floor</i>	<i>Third Floor</i>
<i>Double or Twin: \$3,677</i>	<i>Double or Twin: \$3,889</i>	<i>Double or Twin: \$4,099</i>
<i>Single: \$5,199</i>	<i>Single: \$5,628</i>	<i>Single: \$6,058</i>

General Information: *Please Read Carefully*

All prices are in Canadian funds (CAD) and include taxes. A non-refundable deposit of \$100.00 per person is required when booking, (some exceptions apply) plus the Peace of Mind Plan fee (if purchasing). Call 604-542-5566 or toll free 1-877-277-5577 to register.

Early payment discount:

A 5% discount applies when full payment is received 75 days in advance of the tour departure date. Full payment is due no less than 45 days prior to departure. (some tour exceptions)

Baggage:

Includes handling of one large suitcase per person. A carrying case may be brought onboard the coach and is the passenger's responsibility. Airline baggage charges are not included in tour cost.

Pick-up Points:

Our Door-to-Door Service within the lower mainland includes: North and West Vancouver, Vancouver, Burnaby, Richmond, Delta, Surrey, Port Coquitlam, Coquitlam, Port Moody, Maple Ridge, New Westminster, White Rock, Pitt Meadows, Langley City, Fort Langley, Walnut Grove, Aldergrove, and Abbotsford. All other areas may be subject to additional charges. Please call 1-877-277-5577 to discuss pick-up and drop-off options.

Tour Interruption: Responsibility is not accepted for loss, cost for expenses due to: sickness, lack of appropriate medical facilities or practitioners, weather, strikes, theft or other criminal acts, computer problems, acts of God, dangers incident to sea, fire, acts of government or other authorities, war, acts of terrorism, civil unrest, riots, pilferage, epidemics, quarantines, other disease, climatic aberrations or other such causes beyond Ageless Adventure Tours / Mandate Tours & Transportation Inc's control. **Additional tour costs associated with the above mentioned situations will be borne by the tour participant.**

Ageless Adventure Tours' Peace of Mind Plan:

Ageless Adventure's Peace of Mind Plan guarantees a full refund on all trip payments in the event of a cancellation for any reason up to 48 hours before the trip departure. This excludes the cost of the plan fee itself. During the course of a trip, if a passenger has to return home due to illness or a death in the immediate family, the plan fee guarantees a refund on any unused portion of the tour. If cancellation occurs less than 48 hours prior to departure the expenses associated with the first day of the tour are non-refundable. Payment of the Peace of Mind Plan fee must accompany the initial deposit or full payment, whichever comes first. The plan fee is non-transferable.

The plan fee does not cover the cost of the increase in rates from a twin/double booking to a single booking and/or a triple to a twin, if the travelling companion cancels for any reason.

The plan fee does not include medical or baggage insurance. Refunds will be made within 30 days after the date of cancellation. This coverage is available for any Ageless Adventures product, some tour exceptions may apply, ask your Ageless Adventures tour agent.

When we have these tour exceptions we can recommend **TuGo Travel Insurance**, they have a variety of travel insurance available including Out of Province Medical and Trip Cancellation and Interruption.

Canadian-owned and operated for nearly 60 years, TuGo specializes in products & services that support travellers' health, wellness, and safety across Canada and around the globe. As one of Canada's top travel insurance providers, TuGo offers 24/7 in-house emergency travel medical assistance. Visit our website www.agelessadventures.com and go to the "Info" section and click TuGo to get a insurance quote.

Peace of Mind Plan Fee: see individual tour for price.

The Peace of Mind Plan is available only for tours operated by Ageless Adventure Tours. (some exceptions apply)

Ageless Adventure Tours is not responsible for any acts of omission or wrong or misleading information provided by any seniors centre, travel club, or outside agents, other than acts or omissions of Ageless Adventure Tours, a division of Mandate Tours & Transportation Inc.

Cancellation Penalties:

If the Ageless Adventure's Peace of Mind Plan is not purchased and you must cancel for any reason prior to the tour departure, the cancellation penalty will be as follows:

- 1) \$100 deposit is non-refundable
- 2) Medical reasons (Doctor's letter required): Up to and including 30 days prior to departure: 10% of the tour cost or \$100, whichever is greater, is non-refundable
- 3) Any other reason: Up to and including 30 days prior to departure: 50% of the tour cost is non-refundable
- 4) 29 days or less prior to departure: 100% of the tour cost is non-refundable

St. Lawrence Seaway & Thousand Islands Cruise

- 1) \$200 deposit is non-refundable
- 2) 74 - 46 days prior to departure: 25% of the tour cost is non-refundable
- 3) 45 - 16 days prior to departure: 50% of the tour cost is non-refundable
- 4) 15 days or less prior to departure: 100% of the tour cost is non-refundable

Incredible Iceland

- 1) 90 days or more prior to departure: \$100 is non-refundable
- 2) 89 - 59 days prior to departure: 20% of the tour cost is non-refundable
- 3) 58 - 31 days prior to departure: 50% of the tour cost is non-refundable
- 4) 30 days or less prior to departure: 100% of the tour cost is non-refundable

Croatia & Portugal

- 1) \$100 deposit is non-refundable
- 2) 90 days or less prior to departure: 100% of the tour cost is non-refundable

Ageless Adventure Tours reserves the right, with or without notice, to make any changes in hotels, meals, transportation, accommodation, and tour schedules. Tour prices are subject to change without notice.



AGELESS ADVENTURES
WINDSOR SQUARE SHOPPING CENTRE
#237 - 1959 152nd STREET
SURREY, B.C. V4A 9E3