# Thousand Islands Cruise

Upper River Expedition Featuring the St. Lawrence Seaway & Niagara Falls

## September 20 - 27

## 7 nights | 8 days | 17 meals

#### Highlights:

Toronto • Kingston • Canadian Empress • Thousand Islands • Thousand Islands Heritage Museum • Gananoque • Fulford Mansion • Brockville • Fort Wellington National Historic Site • Galop Canal • Iroquois Lock • Lake St. Lawrence • Prescott • Upper Canada Village • Thousand Islands Boat Museum • Niagara Falls

#### Tour includes:

Round trip airfare with Air Canada Five day cruise on the St. Lawrence Seaway Seven nights accommodation Seven breakfasts Five lunches Five dinners Meal gratuities All side tours and entrance fees Ship board gratuities Port charges Services of step-on guides Step-on guide gratuities

#### Accommodation:

Toronto Five Day Cruise Niagara Falls Sheraton Gateway Hotel Canadian Empress The Brock Hotel (Crowne Plaza)

AGELESS PEACE OF MIND NOT AVAILABLE FOR THIS TOUR



Should be physically active, able to walk up stairs, there are no elevators on the ship. This tour is not suitable for those who rely on a walker.



Join Ageless Adventures as we explore the St. Lawrence Seaway and Thousand Islands aboard the Canadian Empress which was launched in 1981. The year 1908 was chosen as a design and decor theme as it integrated well with the history of the St. Lawrence River. The ship is not a replica of any specific vessel but is a composite of many in the St. Lawrence region during the last century. She carries only 66 passengers in 32 cabins.

There are three decks on the ship. St. Lawrence Deck is the lowest and has most of the cabins and a gift shop. The Ottawa Deck has eight cabins, the Grand Saloon and Dining Room, and forward and aft outdoor sitting areas. The Sun Deck has lots of outdoor seating. Cabins have windows, two single beds, and a bathroom with a shower. Cabins are very compact compared to an ocean cruise ship. There is daily maid service. Nightly entertainment is included. The ship docks most nights in a community along the St. Lawrence River so you can go ashore at your leisure and explore the area.

Three meals a day plus afternoon tea and in-between treats are served in the Grand Saloon. There are usually two entrees offered with dinner. The menus utilize fresh, in-season, locally-produced fruits and vegetables, and bread may come from the pioneer ovens at Upper Canada Village. Wine is included with lunch and dinner. Coffee and tea are available 24 hours a day.

Our Upper River Expedition is tailor-made for those passengers who want to experience the full beauty and history of the Thousand Islands. The cruise will depart from Kingston, Ontario and thoroughly explore the picturesque Thousand Islands before continuing east past Brockville. Cruising downriver past Prescott, you will encounter the first lock in the St. Lawrence Seaway system at Iroquois, Ontario. The Seaway Control Dam here stretches from the Canadian to the American side of the St. Lawrence River and this dam regulates the water depth throughout the Seaway to Montreal. Beyond Iroquois, as you journey towards Morrisburg, Ontario you will pass over the "Lost Villages" of the Seaway en route to historic Upper Canada Village.

Highlights of this Cruise: This cruise is an excellent chance to witness opulent summer homes, scenic bays, and intimate island passages. With additional stops at the Thousand Islands Heritage Museum in Gananoque, Fulford Mansion in Brockville, and Fort Wellington in Prescott, this cruise vacation is full of the colonial history of Upper Canada and the Thousand Islands.

#### DAY ONE: VANCOUVER-TORONTO

Travel with Air Canada from Vancouver to Toronto. Overnight at the Sheraton Gateway Hotel located near the airport.

#### DAY TWO: TORONTO - KINGSTON - THOUSAND ISLANDS Meals: B, D

Travel by coach to Kingston. Explore Kingston with the help of a local guide. At 5:30 pm, the Canadian Empress is ready for boarding in downtown Kingston. The Captain's welcome reception is followed by dinner. We cruise out of Kingston's harbour at 7:00 pm and anchor for the night amid the Thousand Islands.

#### DAY THREE: THOUSAND ISLANDS – BROCKVILLE Meals: B, L, D

The ship weaves among the Thousand Islands and docks at Gananoque to visit the Heritage Museum. Depart Gananoque to cruise the U.S. side of the river.

View and learn about Boldt Castle on Heart Island and Singer Castle on Dark Island. This afternoon we arrive at Brockville, Ontario for a guided tour at Fulford Mansion. This evening relax and enjoy Brockville's waterfront.

#### DAY FOUR: BROCKVILLE – CRYSLER PARK MARINA Meals: B, L, D

This morning, depart Brockville bound for Prescott, Ontario and a visit of the Fort Wellington National Historic Site, home to one of the best-preserved nineteenthcentury fortifications in Canada. Next, cruise along the old Galop Canal. Opened in 1846, the Galop Canal ran 12 km from Iroquois to Cardinal, allowing ships to bypass sets of rapids around Point Iroquois, Cardinal, and Galop Island. This afternoon pass through the Iroquois Lock at the Seaway control dam. Cruise east on Lake St. Lawrence bound for Crysler Park Marina.

#### DAY FIVE: CRYSLER PARK MARINA – GANANOQUE Meals: B, L, D

Depart by horse-drawn wagon to Upper Canada Village. After an open-air guided tour, enjoy some free time to discover the Village. Next depart Crysler Park Marina bound for the Thousand Islands, enjoy some ship board activities. Cruise the Canadian channel to view and learn about the Statue of St. Lawrence. This evening, arrive at Ivy Lea and join the group for a farewell celebration night and evening entertainment.

#### DAY SIX: GANANOQUE – KINGSTON – NIAGARA FALLS Meals: B, L

Depart Gananoque for a relaxing breakfast cruise through the Thousand Islands. Return to Gananoque and debark for a guided tour of the Thousand Islands Boat Museum. After returning to the Canadian Empress sail through the Canadian channel en route to Kingston. Enjoy the closing ceremonies during lunch and a harbour tour of Kingston before disembarkation and farewells. The group will board a coach and make its way to Niagara Falls for a two night stay at the well appointed Brock Hotel (formerly the Crowne Plaza). The evening is yours to enjoy.

#### DAY SEVEN: NIAGARA FALLS Meals: B, L, D

The group is joined by a local guide this morning to explore Niagara Falls! Ride the Hornblower and embark on a breathtaking voyage to the base of Niagara Falls. This unforgettable journey offers spectacular views of the Niagara Gorge, American Falls, and Bridal Veil Falls, culminating in an up-close encounter with the iconic Canadian Horseshoe Falls. Experience the thunderous roar, immense power, and refreshing mist of these natural wonders, with a complimentary recyclable mist poncho provided for your comfort. For a magical twist, opt for the evening tour to enjoy the illuminated falls and a gentle mist experience. Next up is a visit to Niagara's newest exhibit, The Power Station. From the most towering turbine to the tiniest detail, uncover fascinating stories hidden within the historic Niagara Parks Power Station, the newest must-see attraction. Descend 180 feet in a glass-paneled elevator and explore the 2,200-foot long turnel, leading to an observation deck at the river's edge. Enjoy lunch at a local restaurant followed by some free time to explore the area. Tonight, join the group at a local restaurant for a farewell dinner.

#### DAY EIGHT: NIAGARA FALLS – VANCOUVER Meals: B

After breakfast depart the hotel for a city tour of Toronto before being transported to Pearson International Airport and your return flight home to Vancouver.

Out of Province Medical & Cancellation Insurance Recommended

\$200 Nonrefundable Deposit Required Upon Booking

Deadline to Register is June 20, 2025

### PRICE PER PERSON including all taxes

St. Lawrence Room Double: **\$7,037** Ottawa Room Double: **\$7,459** St. Lawrence Room Single: **\$9,557**