



AGELESS  
ADVENTURES

2024 SUPPLEMENTARY BROCHURE

## Portugal Holiday March 2025



Porto on the Douro River



Algarve Praia do Camilo



## TOUR ADVENTURES FOR 2024

TOUR	DEPARTURE	LENGTH	PAGE
Fabulous Kootenays	September 9	5 days	2
Discovery Coast Passage	September 20	5 days	2
Autumn in Quebec	October 8	8 days	2
Desert Canyons	October 11	11 days	2
*Thanksgiving on Salt Spring Island	October 14	4 days	4
Wickaninnish Inn Experience	December 1	5 days	3
Experience San Diego	November 18	7 days	6
Deluxe Victoria Christmas Getaway	December 24	4 days	3

\* Thanksgiving in Parksville Sold out

## A PEEK AT 2025

Yukon's Northern Lights	February 22	5 days	3
Mexico's Riviera Maya	January 7	10 days	5
Rhythms & History of the South	March 10	10 days	7
Portugal Holiday	March 11	22 days	9
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604.542.5566 Toll Free: 1.877.277.5577 [www.agelessadventures.com](http://www.agelessadventures.com)



### Special Features

#### All Ageless Overnight Adventures Include:

- Home pick-up & drop-off service
- Deluxe transportation
- Ageless Adventures tour guide
- Baggage handling and all taxes

#### Peace of Mind Plan

When choosing a North American tour it is important to be aware of our Peace of Mind Plan. Our plan is second to none in the travel industry. An Ageless Adventures Peace of Mind Plan guarantees a full refund of all trip payments in the event of a cancellation for any reason up to 48 hours before the tour. This excludes the cost of the plan fee itself. During the course of a trip, if a passenger has to return home due to illness or a death in the immediate family, the plan fee guarantees a refund of any unused portion of the trip. **(Not available on some tours)**

### Tour Activity Levels

#### Home Pick-up & Drop-off Service

Our popular individual home pick-up and drop-off service will continue to be offered within the immediate Vancouver lower mainland area.

**EASY**

You must be able to walk to and from the coach, hotels, venues, & restaurants.

**MODERATE**

You should be able to climb stairs and walk reasonable distances, possibly over uneven ground or inclines, and for this reason these tours would not be suitable for people requiring walkers.

**INTERMEDIATE**

You must be able to walk a kilometre or more on uneven ground or extended inclines. Extreme cold and high altitudes will be experienced on some tours.

Wherever boats (excluding ferries) are involved and because of tide conditions, you must be able to negotiate the possibility of a steep ramp to gain access to the boat or wharf.

*It is requested that persons requiring assistance be accompanied by a companion. Ageless Adventures cannot provide individual assistance to tour members with special needs.*

#### 5% Early Payment Discount

When full payment is received 75 days prior to departure you will receive a 5% early payment discount.

## Fabulous Kootenays

September 9 - 13

9 included meals

**Highlights:** Kelowna • Gray Monk Estate Winery • Vernon • Nakusp • Nikkei Internment Centre • Nelson • Prestige Lakeside Resort • Rossland • Watermark Beach Resort • Orofino Winery • Crowsnest Winery



### Price Per Person:

Double or Twin: **\$2,656.<sup>00</sup>**  
Single: **\$3,578.<sup>00</sup>**

Prices include all taxes

*Peace of Mind Plan: \$175.<sup>00</sup>*

## Discovery Coast Passage

September 20 - 24

10 included meals

**Highlights:** Hat Creek Ranch • Chasm Provincial Park • Clinton • Williams Lake • The Freedom Highway • Coast Mountain Range • Chilcotin Plateau • Bella Coola • Grizzly Bear viewing • Discovery Coast Passage cruise • Port Hardy • Qualicum



### Price Per Person:

Double or Twin: **\$2,124.<sup>00</sup>**  
Single: **\$2,559.<sup>00</sup>**

Adults 56 - 64 or Non BC seniors 65+: Add <sup>\$80</sup> to the above rates

Prices include all taxes

*Peace of Mind Plan: \$175.<sup>00</sup>*

## Autumn In Quebec

October 8 - 15

15 included meals

**Highlights:** Montréal • Old Montréal • Ste-Catherine Street • St-Helen Island • Mont Royal • St-Joseph's Oratory • Montréal's Old Port • Place Jacques • Notre Dame Basilica • Chemin Du Roy • St. Lawrence River • Québec City • Château Frontenac • Place d'Armes • Plains of Abraham • Charlevoix Region • King's Road • Montmorency Falls • Charlevoix train ride • Fairmont Le Manoir Richelieu • Baie-Saint-Paul



**Tour includes:** Round trip flight with Air Canada, seven nights accommodation, seven breakfasts, three lunches, five dinners, meal gratuities, all side tours and entrance fees, services of local guides, local guide gratuities

### Price Per Person:

Double or Twin: **\$5,459.<sup>00</sup>**  
Single: **\$6,919.<sup>00</sup>**

Prices include all taxes

*Peace of Mind Plan: \$280.<sup>00</sup>*



Uneven ground on portions of this tour.  
Plus some stairs involved.

## Desert Canyons

October 11 - 21

22 included meals

**Highlights:** Zion National Park • Bryce Canyon National Park • Moab • Arches National Park • Monument Valley Jeep Tour • Glen Canyon National Recreation Area • Lake Powell Cruise • Grand Canyon • Grand Canyon National Park Lodge • Oak Creek Canyon • Sedona • Old Town Scottsdale • Scottsdale



**Tour includes:** Round trip flight with WestJet, ten nights accommodation, ten breakfasts, five lunches, seven dinners, meal gratuities, all side tours and entrance fees, Park Rangers / step-on guides

*Explore four incredible National Parks and their breathtaking scenery. Grand, Bryce, Arches, and Zion Canyon National Parks will astound you with their landscapes and rock formations. The parks will be brought alive by Park Rangers and local step-on guides.*

### Price Per Person:

Double or Twin: **\$7,654.<sup>00</sup>**  
Single: **\$9,499.<sup>00</sup>**

Prices include all taxes

*Peace of Mind Plan: \$385.<sup>00</sup>*



**Warning!** Altitudes exceed 8-9,000 ft (2,700m). Possible unstable or uneven ground



## Wickaninnish Inn

Stormwatching at Long Beach

December 1 - 5

9 included meals

**Highlights:** Qualicum • Pacific Rim National Park Reserve • Long Beach • Wickaninnish Inn • Tofino • Wild Pacific Trail • Ucluelet



This is an opportunity to treat yourself at one of BC's most well known, deluxe properties, the Wickaninnish Inn: Rustic Elegance on Nature's Edge. Surrounded on three sides by the wild blue waters of the Pacific with an old growth forest as a backdrop, explore spectacular Chesterman Beach. The Wickaninnish Inn was built to embrace Winter Storm Season. Whether you bundle up outside or watch it all from the comfort of your fireplace-warmed suite. Ocean and beach views are standard from every guest room.



**Tour includes:** Four nights accommodation, four breakfasts, two lunches, three dinners, meal gratuities, all side tours and entrance fees, ferry tolls

### Price Per Person:

	1 <sup>st</sup> floor	2 <sup>nd</sup> floor	3 <sup>rd</sup> floor
Double / Twin:	\$3,318. <sup>00</sup>	\$3,529. <sup>00</sup>	\$3,927. <sup>00</sup>
Single:	\$4,617. <sup>00</sup>	\$5,126. <sup>00</sup>	\$5,913. <sup>00</sup>

Adults 56 - 64 or Non BC seniors 65+: Add \$18.<sup>00</sup> to the above rates

Prices include all taxes

Peace of Mind Plan: \$175.<sup>00</sup>



You must be able to walk a kilometre or more on uneven ground and be able to climb stairs

## Deluxe Victoria Christmas Getaway

The Hotel Grand Pacific

December 24 - 27

7 included meals

**Highlights:** Victoria • Three nights at the Hotel Grand Pacific • Christmas Eve Dinner • Christmas Festivities Room • A traditional Christmas Dinner • Three full buffet breakfasts • Festive Afternoon Tea in the Empress Hotel • An Evening at Butchart Gardens • A choice of a visit to the Royal BC Museum or a Horse Drawn Carriage Ride



Step into the enchantment of the holiday season at the Hotel Grand Pacific located in Victoria's picturesque Inner Harbour, where lasting memories are created for a lifetime.



**Tour includes:** Three nights accommodation, three breakfasts, one lunch, two dinners, meal gratuities, afternoon tea at the Empress Hotel, Butchart Gardens entrance fee, ferry tolls, choice of visit to the Royal BC Museum or a Carriage ride (carriage ride an additional \$20 charge), all side tours and entrance fees

### Price Per Person:

Double or Twin: \$2,037.<sup>00</sup>  
Single: \$2,534.<sup>00</sup>

Ask about view room rates!

Adults 56 - 64 or Non BC seniors 65+: add \$24.<sup>00</sup> the above rates.

Prices include all taxes

Peace of Mind Plan: \$140.<sup>00</sup>



Uneven ground on portions of this tour

## Yukon's Northern Lights

Whitehorse, Yukon

February 22 - 26, 2025

Stay 'n' Play

7 included meals

**Highlights:** Whitehorse, Yukon • Aurora Viewing tours • MacBride Museum • Beringia Interpretive Centre • Yukon Wildlife Preserve • Dog Sled Ride



To the north an eerie, sulphurous sheen begins to ripple into the night sky. It arcs itself into an ebb and flow, slowly growing, then suddenly bursts across the full expanse of the night sky waving and dancing as if it were happy. It is the spectacular northern lights and viewing is common in the Yukon. Northern Lights viewing takes place outside the city in a heated cozy cabin or wall tent. Hot drinks and snacks are provided. Other highlights include: a guided tour of Whitehorse, a visit to MacBride Museum which houses information on the Klondike Gold Rush, Yukon Beringia Interpretive Centre, Yukon Wildlife Preserve, and experience a dog sled ride. Three Aurora Borealis viewing nights are included.

**Tour includes:** Round trip direct flight with Air North, four nights accommodation, four breakfasts, one lunch, two dinners, meal gratuities, services of local guides, all side tours and entrance fees, dog sled ride, three Aurora Borealis viewing nights

Out of province Medical Insurance is recommended

### Price Per Person:

Double or Twin: \$3,039.<sup>00</sup>  
Single: \$3,597.<sup>00</sup>

Prices include all taxes

Peace of Mind Plan: \$225.<sup>00</sup>



Winter conditions prevail. Not recommended for anyone with a walker



# Thanksgiving on Salt Spring Island

October 14 - 17

3 nights 4 days

8 meals



## Highlights:

BC's Southern Gulf Islands • Salt Spring Island • Ganges • Harbour House Hotel • Thanksgiving Dinner • Cetacea • The Glass Foundry • Sunset Farm • Salt Spring Wild Cidery • Drummond Park • Salt Spring Island Cheese Company • Chemainus • Chemainus Theatre • The Raptor's Centre • Ladysmith

## Tour includes:

Three nights accommodation  
Three breakfasts  
Two lunches  
Three dinners  
Meal gratuities  
All side tours and entrance fees  
Ferry tolls

## Accommodation:

<b>Salt Spring Island</b>	Harbour House Hotel
<b>Chemainus</b>	Best Western Plus

**AGELESS PEACE OF MIND: \$140.<sup>00</sup>**

### Price Per Person:

Double or Twin: **\$2,078.<sup>00</sup>**

Single: **\$2,598.<sup>00</sup>**

Adults 56 - 64 or Non BC seniors 65+: Add \$20.<sup>00</sup> to the above rates

**Prices include all taxes**

### Day One:

*Vancouver – Salt Spring Island*

**Meals: D**

Sail with **BC Ferries** from **Tsawassen** to **Salt Spring Island** through the beautiful **Southern Gulf Islands**. Arrive in **Long Harbour** and enjoy some free time exploring the village of **Ganges** with its eclectic shops, restaurants, and galleries. Check in to your ocean view room in the **Harbour House Hotel** for a two night stay. Known for its relaxed and refined style the hotel is only steps from the village. Tonight join the group for a traditional Thanksgiving dinner at the hotel.

### Day Two:

*Salt Spring Island*

**Meals: B, L, D**

Today is an opportunity to really get to know Salt Spring island. Smaller vans will take the group on an in depth tour with a local guide. Visit **Cetacea**, a family run business known for creating innovative marine mammal skeleton exhibits; **The Glass Foundry**; and **Sunset Farm**, a working sheep farm. Enjoy lunch and a tasting at **Salt Spring Wild Cidery**. After lunch enjoy a unique experience at **Drummond Park** with a Hawaiian Interpretation celebrating Salt Spring's Hawaiian links. Finally make a stop at **Salt Spring Island Cheese Company**, a family owned establishment specializing in hand packaged artisan goat cheeses. Tonight the group will savour dinner at one of Salt Spring's many local restaurants.

### Day Three:

*Salt Spring Island – Chemainus*

**Meals: B, L, D**

Spend the morning relaxing or exploring. Walk with the group to a local pub for an early lunch before taking the ferry from **Vesuvius Bay** on Salt Spring to **Crofton** on **Vancouver Island**. Enjoy time in quaint downtown **Chemainus** before checking in to the **Best Western Plus Chemainus Inn** for a one night stay. Tonight will be a special treat with a visit to the **Chemainus Theatre** for a buffet dinner and then attend the play **The Piano Teacher**, a Governor General's award-winning play about loss, love, friendship, and the healing power of music.

### Day Four:

*Chemainus – Vancouver*

**Meals: B**

This morning will include a visit to **The Raptor's Centre** giving you a chance to get close to and learn about birds of prey. Then travel to **Ladysmith**, a charming small town with a vibrant downtown and picturesque waterfront, for some free time and lunch on your own. The journey back to the lower mainland will be on BC Ferries from **Departure Bay** in **Nanaimo** to **Horseshoe Bay**.



Uneven ground on portions of this tour.





# Mexico's Riviera Maya

All Inclusive 4<sup>1/2</sup> star  
Ocean Maya Royale Resort

January 7 - 16, 2025

All Inclusive

9 nights 10 days

Stay 'n' Play



## Highlights:

Mexico • Riviera Maya • Caribbean Sea •  
Playa del Carmen • Cancun • Fifth Avenue •  
Sunset Dinner Cruise

## Tour includes:

Round trip flight with Sunwing Airlines  
Nine nights accommodation  
Superior Deluxe Rooms  
All meals and alcohol (at the resort)  
Airport transfers  
Resort gratuities  
Sunset dinner cruise  
All side tours and entrance fees

## Accommodation:

Playa del Carmen Ocean Maya  
Royale Resort

AGELESS PEACE OF MIND: \$350.00

Medical Insurance Recommended

Passport Required

Deadline to register: October 1, 2024



**Hola!** Situated alongside the Caribbean Sea is the adults only, all inclusive Ocean Maya Royale in Playa del Carmen, Mexico.

This 4<sup>1/2</sup> star beach resort offers many amenities including two pools, seven restaurants, four bars, tennis courts, fitness centre, 24 hour drinks & snacks, evening entertainment, and live music. Plus, it is one of the most beautiful and calm beaches in the world. Playa del Carmen is the region's top destination and our home for ten days. Included in the getaway is a side tour to Fifth Avenue in Playa del Carmen, and a dinner cruise.



### Day One:

Vancouver – Cancun, Mexico

Meals: D

Depart on a Sunwing flight to **Cancun, Mexico**. Upon arrival in Cancun check in to the 4 1/2 star, all inclusive **Ocean Maya Royale Resort**, your home for nine nights. Join the group for dinner to get to know each other.

### Day Two:

Cancun

Meals: All inclusive

Today is a free day to enjoy the many amenities that this lovely resort has to offer. Your tour guide will review the resort amenities and optional side tours. Every day the group has the opportunity to meet at the resort's afternoon happy hour.

### Day Three:

Cancun

Meals: All Inclusive

Enjoy a side tour to popular **Fifth Avenue** in **Playa del Carmen** and savour local flavours at an included lunch in a local restaurant.

### Days Four - Eight:

Cancun

Meals: All inclusive

Free days to enjoy the many amenities that this lovely resort has to offer.

### Day Nine:

Cancun

Meals: All inclusive

After a relaxing day the group will cap off this getaway with a stunning sunset dinner cruise. The perfect end to your holiday!

### Day Ten: Cancun

Meals: All inclusive

Depart on a late afternoon flight back to Vancouver with sun kissed faces and warm memories.



Uneven ground, considerable walking.  
Not recommended for anyone using a walker

### Price Per Person:

Maya Superior Deluxe Garden

Double or Twin: **\$4,019.00**

Single: **\$4,918.00**

Maya Superior Deluxe Ocean View

Double or Twin: **\$4,589.00**

Single: **\$5,469.00**

Prices include all taxes



# Experience San Diego

Hilton Garden Inn Old Town

November 18 - 24

6 nights 7 days

15 meals

Stay 'n' Play



## Highlights:

San Diego • Old Town • Hop-on, Hop-off Trolley • Gaslamp Quarter • San Diego Zoo • Little Italy • Coronado Island • Hotel Del Coronado • Oceanside

## Tour includes:

Round trip flight with Air Canada  
Six nights accommodation  
Six breakfasts  
One lunch  
Three dinners  
One Happy Hour with appetizers  
Meal gratuities  
All side tours and entrance fees  
Uber transportation and gratuities

## Accommodation:

**San Diego** Hilton Garden Inn San Diego Old Town

**AGELESS PEACE OF MIND:** \$250.<sup>00</sup>

Deadline to register and final payment:  
September 4, 2024

**Medical Insurance Recommended**

**Passport Required**

## Price Per Person:

Double or Twin: **\$4,198.<sup>00</sup>**  
Single: **\$5,269.<sup>00</sup>**

Prices include all taxes



Should be comfortable walking a few blocks unaided.

Join Ageless Adventures on our first visit to **California's** beach city of **San Diego**. This city is known for its miles of striking coastline and world-class attractions. The **Hilton Garden Inn San Diego Old Town** is our home for six nights.

**Old Town San Diego** has a quaint atmosphere, streets filled with the historic culture of the many traditions left behind. Terrific restaurants, historic sites, and unique shopping. Learn more about Old Town San Diego, from its indigenous people, to how San Diego became the first European settlement. Old Town has over 35 historic sites and museums with unique merchandise.

Explore some of the top highlights of San Diego with your one day trolley pass on the city's **Hop-on, Hop-off Trolley Tour**. Choose your own adventure as you get on and off the trolley at any of the 11 included stops, covering famous sights including the **Gaslamp Quarter**, the **San Diego Zoo**, **USS Midway** and the **Cruise Ship Terminal**, **Little Italy**, and many more. This San Diego trolley tour also features live commentary from the on-board guide during your ride.

Visit **Little Italy** for dinner. Once home to generations of Italian families who made their living in San Diego's flourishing fishing industry, Little Italy is now a lively neighborhood packed with restaurants, patio cafés, craft brewpubs, urban wineries, and little plazas with fountains and views of the bay.

The **San Diego Zoo** is a world class zoo which is well known for its lush, naturalistic habitats and unique animal encounters and is home to more than 3,700 rare and endangered animals representing approximately 660 species.

Sit back in the comfort of your own expedition cart, as you enjoy a 60-minute guided tour of the Zoo, led by one of their knowledgeable guides. As you explore the Zoo together, your guide will share stories about the plants and animals in their care, and how their conservation work is making an impact worldwide. Questions are encouraged! Step off the cart for a look at some of your favorite critters, and snap some amazing photos as you enjoy this unique zoo experience.

**Coronado** is a California resort city on a peninsula in **San Diego Bay**. It's known for the grand Victorian **Hotel del Coronado**, which opened in 1888. Across from the hotel, the wide, flat **Coronado Beach** draws surfers and sunbathers. The **Coronado Ferry Landing** has shops, restaurants, and a small beach. Enjoy lunch at the famous hotel.

Travel by train from San Diego to **Oceanside**, a relaxing day trip. Oceanside is a coastal city known for palm-dotted **Harbor Beach** and nearby **Oceanside Harbor**, with its marina and shops. To the south, the long **Oceanside Pier** juts into the **Pacific Ocean**. After a day away join the group for a fun-filled "Happy Hour".

The last day of the tour is your time to relax and enjoy or revisit one of your favorite sites and of course a farewell dinner with friends.





# Rhythms & History of the South

Featuring New Orleans, Memphis, and Nashville

March 10 - 19, 2025

9 nights 10 days  
17 meals



## Highlights:

New Orleans • French Quarter • New Orleans School of Cooking • The Bayous of Louisiana • Oak Alley Plantation • Memphis • Beale Street • Mississippi Riverfront • Rock 'n' Soul Museum • Sun Studio • Graceland • Nashville • Wildhorse Saloon • Ryman Auditorium • Country Music Hall of Fame • Studio B • Grand Ole Opry House • Hermitage Plantation • Belle Mead Plantation • General Jackson Showboat

## Tour includes:

Round trip flight with Air Canada  
Nine nights accommodation  
Nine breakfasts  
Two lunches  
Six dinners  
Meal gratuities  
All entrance fees on items mentioned above  
Services of a step-on guide in each city

## Accommodation:

New Orleans	Hotel Monteleone
Memphis	Westin Memphis Beale St. Hotel
Nashville	Hilton Garden Inn

AGELESS PEACE OF MIND: \$350.<sup>00</sup>

Deadline to register and final payment:  
December 10, 2024

### Price Per Person:

Double or Twin: **\$8,149.<sup>00</sup>**  
Single: **\$10,409.<sup>00</sup>**

Prices include all taxes

Medical Insurance Recommended

Passport Required



Uneven ground possible, considerable walking.  
Not recommended for anyone using a walker

*Great music, world class cuisine, southern charm and hospitality, are all Southern Treasures to experience on our Rhythms & History of the South Tour featuring New Orleans, Memphis, and Nashville.*

### Day One:

*Vancouver – New Orleans*

**Meals: D**

Arrive in **New Orleans** known as the **Big Easy** and on to the **Hotel Monteleone** where it's been said that the **French Quarter** begins in the lobby. In fact, this establishment sits majestically at the foot of **Royal Street**, the best point of departure for all things New Orleans. The Hotel Monteleone is our home for three nights. Join the group for a welcome dinner.

### Day Two:

*New Orleans*

**Meals: B, D**

Begin your day with a guided tour of the city. Sights along the way include the **French Market**, **Garden District**, **Jackson Square**, **St. Louis Cathedral**, the **Superdome**, and more. The afternoon is yours to explore the historic **French District**, the amazing French market place. Tonight discover how to cook New Orleans Style with a cooking demonstration and dinner at the **New Orleans School of Cooking**.

### Day Three:

*New Orleans*

**Meals: B, L**

Get ready for an exciting adventure! Take a thrilling ride through the **swamps and bayous of Louisiana**, accessible only by **airboat**. The captain, a native of the area, offers a colourful history of the **Cajun** way of life. Travel by coach from the swamps and bayous to the magnificent **Oak Alley Plantation**. Oak Alley Plantation, crowned the "**Grande Dame of the Great River Road**," is admired as one of the most spectacular antebellum settings in the South. Have lunch at the **Oak Alley Restaurant** followed by a tour of the plantation house. The evening is yours to enjoy and explore.

### Day Four:

*New Orleans – Memphis*

**Meals: B, L, D**

Travel north en route to **Memphis**, the birthplace of the Blues, Rock 'n' Roll, and Soul. The three night stay is at the **Westin Memphis Beale St. Hotel**. Dinner tonight is at **Charlie Vergos' Rendezvous** for their world famous barbeque in Memphis.

### Day Five:

*Memphis*

**Meals: B, D**

Memphis, the Gateway to the Old South. Filled with Southern charm, beautifully restored mansions, sculptured tree-lined parkways, on a setting high on the **Fourth Chickasaw Bluff**, this river city boasts the world's finest BBQ restaurants and the "**Red, Hot, and Blue**" sounds of the **Beale Street Historic Entertainment District**.







Come with us on an inclusive tour which will take you to **Harbor Town, Mud Island, the Pyramid, Historic Cotton Row, Beale Street, South Main Historic District, the National Civil Rights Museum / Lorraine Motel, and Victorian Village**. A special stop will be made at the historic **Peabody Hotel** to view the **"March of the Peabody Ducks"**. The day would not be complete without a visit to the **Rock 'n' Soul Museum**.

#### Day Six:

#### Memphis

Meals: B

Experience a guided tour of the legendary **Sun Studio**. The tour explains the history of the most famous recording studio in the world, where the blending of the blues and country music came together in the big bang of Rock 'n' Roll. Hear outtakes from sessions, relive the history of the studio that launched the musical careers of **Johnny Cash, B.B. King, Roy Orbison, Elvis Presley**, and more.

Tour **Graceland**, home of Elvis Presley. Highlights of the **Graceland Platinum Tour**: Audio-guided tour of **Graceland Mansion and Grounds, Elvis' two custom airplanes, automobile museum, Elvis Fashion King Exhibit, Elvis Lives: The King and Pop Culture**.

#### Day Seven:

#### Memphis – Nashville

Meals: B, D

Say goodbye to Memphis as our journey continues to **Nashville**. Hear the music where music lives. Nowhere else can you hear such diverse sounds as country, jazz, gospel, and rockabilly. Upon arrival in Nashville check in to the **Hilton Garden Inn**, your home for three nights. Join the group for dinner at the famous **Wildhorse Saloon**, but don't forget your dancing shoes for some line dancing lessons and live entertainment – a great way to kick off our visit to Nashville.

#### Day Eight:

#### Nashville

Meals: B

This morning a local guide welcomes you to Nashville. View the **Ryman Auditorium, Music Row, the State Capitol, the Parthenon** and much more. After lunch visit the **Country Music Hall of Fame**, the largest museum of popular music in the world. Tour the historic **RCA Studio B** for an up close look at Nashville's oldest remaining record studio. Meet up again tonight for your reserved seat at the renowned **"Grand Ole Opry"**.

#### Day Nine:

#### Nashville

Meals: B, D

It's a leisurely start for a day that features some of the history of this area. The first visit today is at **The Hermitage**, Home of President Andrew Jackson. The story of The Hermitage reflects the changes from frontier forest to Andrew Jackson's prosperous farm which deteriorated into post-Civil War dilapidation and was finally rescued to its current state as a public museum and National Historic Landmark – it mirrors many stories in American history. These stories of Indians, white men moving west, slavery and freedom, the changing roles of women, religion and reform, and fortunes made from cotton, are the stories of Jacksonian America.

In the afternoon another significant site is the beautiful **Belle Meade Plantation**. Belle Meade Plantation represents a history of agricultural and Thoroughbred breeding success without equal in the American south. Its rise and eventual fall encompass a full century of Southern history.

Tonight board the **General Jackson Showboat** for dinner and musical entertainment. What a way to cap the Rhythms & History of the South Tour!

#### Day Ten:

#### Nashville – Vancouver

Meals: B

Depart for your return flight to Vancouver with memories of your Southern Adventure!





# Portugal Holiday

with Heather McMann

March 11 - April 1, 2025

Overnight flight + 20 nights 22 days

34 meals



## Highlights:

Lisbon • Sintra • Pena Palace and Gardens  
• Quinta da Regaleira • Cascais • Obidos •  
Coimbra • Universidade de Coimbra • Porto  
• Duoro Valley • Rabelo boat tour • Braga •  
Guimaraes • Evora • Arte em Cortica • Lagos  
• Portimao • Silves • boat excursion to caves  
(subject to availability) • Olhao

## Tour includes:

Round trip flight with Air Canada  
Twenty nights accommodation  
Twenty breakfasts  
Two lunches  
Twelve dinners (include a glass of beer or  
wine)  
Wine & liquor tastings  
Meal gratuities  
Two boat tours (subject to availability)  
Hop-on Hop-off bus tickets in Lisbon and  
Porto  
All side tours and entrance fees  
Whisper headsets  
Services of local guides  
Local guide gratuities

## Accommodation:

<b>Lisbon</b>	Turim Av Liberdade Hotel
<b>Coimbra</b>	NH Coimbra Dona Ines
<b>Porto</b>	Eurostars Porto Das Artes
<b>Evora</b>	Hotel M'Ar de Ar Muralhas
<b>Lagos</b>	Hotel Tivoli Lagos Algarve Resort
<b>Olhao</b>	Real Marina Hotel & Spa
<b>Lisbon</b>	Turim Av Liberdade Hotel

### AGELESS PEACE OF MIND:

Not available for this tour

**Medical Insurance and Passport  
Required**

Deadline to register: December 28, 2024



Considerable walking over uneven ground  
and cobblestones

*Perched on the Atlantic at the far edge of Europe, Portugal preserves a traditional colourful culture. But along with the old you'll also find the modern, especially in the culturally rich capital of Lisbon and the beautiful city of Porto. Medieval castles, cobblestone villages, captivating cities, and golden beaches: Portugal can be many things. History, great food, friendly locals, seaside resort towns, and idyllic scenery are just the beginning.*

*Portugal still feels like Europe used to be, you can still enjoy an old-style, old-world life here. Though its coast is Atlantic, Portugal is typically Mediterranean, with its warm weather and lifestyle. The sea which forms the country's western border plays a significant role in Portuguese life and diet, fish and seafood are on menus throughout the country.*

*This 22 day getaway is an opportunity to experience Portugal's Mediterranean charm. We will visit many cities and towns that will give a true flavour of this extraordinary country. Local guides will often join the group and many times entrance will be included to historical sites such as incredible cathedrals, ancient universities, medieval castles, and stunning gardens. Don't forget about the incredible local food and drink. Port wine is the pride of Portugal and there will certainly be opportunities to taste it along with many of the local delicacies.*

### Days 2 – 6:

Savour the old-world culture of **Lisbon**. One of the most vibrant and charismatic cities in Europe it is spread across seven hillsides and filled with charming cobbled streets and is breathtaking in every way. Visitors flock to the city for its fado music, historic ruins, winding old town, trams, not to mention those pasteis de nata (delicious rich egg custard tarts you must try). Lisbon effortlessly blends traditional heritage with striking modernism and has a glorious year round climate. There will be free time to explore on your own as well as side tours to nearby charming towns such as **Cascais** and **Sintra**, situated in the cooling hills of the **Serra de Sintra**. Once a summer retreat for Portuguese nobility and royalty, Sintra is a UNESCO World Heritage Site with opulent palaces, villas, and historic sites.



### Days 7 – 12:

Enroute to **Porto** will be one night in the Moorish city of **Coimbra** with its dark cobbled lanes and monumental cathedral. Six nights will be spent in Portugal's second largest city: Porto, which gave the country (and port wine) its name. Porto is a fantastic walking city with winding





cobblestone streets, mosaic-patterned stones line the streets. Houses with red tile roofs tumble down the hills to the riverbank and flat bottomed boats ply the lazy river. There are sumptuous Baroque churches, and a variety of restaurants, boutiques, and museums. There will be a walking tour of the city with some incredible stops. Side trips will include the breathtaking **Douro Valley**, the winding terraced region that produces the country's port wine. Included will be a boat tour in a rabelo boat – these boats used to transport the wine barrels along the **Douro River**. As well visit the historic cities of **Braga** and **Guimaraes**.

#### Days 13 – 14:

Spend two nights in the beautiful town of **Evora** in the central valley of **Alentejo**. Cobble streets tucked behind fortress walls, historic sights, and incredible dining make this UNESCO World Heritage Site a must visit. The best way to see the city is on foot, walking through its narrow streets lined with white houses, discovering along the way the monuments and details that reveal the history of Evora and its rich heritage. Judging by the calm, welcoming surroundings, one easily sees why this city, which dates from the Roman era, was chosen by the kings of Portugal in the 15th century to serve as their residence, a fact that contributed to its development and cultural importance in the following centuries.



#### Days 15 – 17:

The next destination as we explore Portugal is south to the **Algarve** region. Surrounded on two sides by the Atlantic the Algarve is famous for soaring cliffs, sea caves, golden beaches, scalloped bays, and sandy islands. Stay three nights in the port town of **Lagos**, which launched many naval excursions during Portugal's extraordinary Age of Discovery. Lagos lies along the bank of the **Rio Bensafirim**. Its old town's pretty, cobble lanes and picturesque squares and churches are enclosed by 16th-century walls. Beyond the walls is a modern but not unattractive sprawl and some truly fabulous beaches. Enjoy a side trip to **Portimao**. Once a bustling fishing centre it now has a scenic promenade and quaint tree-lined plazas in the old town. A boat tour to visit sea caves will be included subject to availability. As well visit the unique town of **Silves**, with its cobble streets it will make you believe time has stood

still, it stands out because of its Arabic architecture. The town is famous for having the most well preserved castle of the Algarve, entrance is included.

#### Days 18 – 20:

Three nights will be spent in the beautiful town of **Olhao**, also in the Algarve. Olhao is a traditional and characterful fishing town with a pretty waterfront and a maze of cobble back streets. Olhao opens out onto the calm waterways and lagoons of the **Parque Natural da Ria Formosa**. This is still a busy fishing town and is the most authentically Portuguese town in the Algarve. You will truly soak in the Portuguese lifestyle here.

#### Days 21 – 22:

Return to Lisbon for one more night and a sumptuous farewell dinner before your return flight to Vancouver, no doubt more than a little in love with Portugal!

There are many more highlights on this incredible adventure. For a more detailed itinerary please contact our office.

#### Price Per Person:

Double or Twin: **\$10,875.<sup>00</sup>**

Single: **\$13,815.<sup>00</sup>**

Prices include all taxes





**General Information: Please Read Carefully**

A non-refundable deposit of \$100.00 per person is required when booking plus the Peace of Mind Plan fee (if purchasing. Some exceptions apply). Call 604-542-5566 or toll free 1-877-277-5577 to register.

**Early payment discount:**

A 5% discount applies when full payment is received 75 days in advance of the tour departure date. Full payment is due no less than 45 days prior to departure. (some tour exceptions)

**Cancellation Penalties:**

If the Ageless Adventure's Peace of Mind Plan is not purchased and you must cancel for any reason prior to the tour departure, the cancellation penalty will be as follows (some exceptions apply):

- 1) \$100 deposit is non-refundable
- 2) Up to and including 30 days prior to departure: 50% of the tour cost is non-refundable
- 3) 29 or fewer days prior to departure: 100% of the tour cost is non-refundable

**Rhythms & History of the South**

- 1) \$100 deposit is non-refundable
- 2) 90 or fewer days prior to departure: 100% of the tour cost is non-refundable

**Portugal Holiday**

- 1) \$100 deposit is non-refundable
- 2) 90 or fewer days prior to departure: 100% of the tour cost is non-refundable

**Experience San Diego**

- 1) \$100 deposit is non-refundable
- 2) 74 or fewer days prior to departure: 100% of the tour cost is non-refundable

Please visit our website [www.agelessadventures.com](http://www.agelessadventures.com) for details pertaining to Our Peace of Mind Plan, Home-pick-up and drop-off service, etc.

***Ageless Adventure Tours reserves the right, with or without notice, to make any changes in hotels, meals, transportation, accommodation, and tour schedules. Tour prices are subject to change without notice.***

## AGELESS ADVENTURE TOURS

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