

AGELESS ADVENTURES

Discover Your Own Backyard



**2024 TOUR
BROCHURE**

604-542-5566
agelessadventures.com
1-877-277-5577

Dear Customer;

Ageless Adventure Tours is a BC family owned and operated Tour Company specializing in escorted tours of Canada, the US, and beyond, for over 37 years.

We invite you to join us on some incredible journeys this year and experience the Ageless Adventure advantage: the best tour experience possible, diverse sightseeing, comfortable accommodations, quality meals, small intimate group sizes, and tours that provide local knowledge and a historical perspective. A professional tour guide who will create a safe, fun, and casual atmosphere leads each of our tours. All tours are thoroughly researched and designed for the mature adult and are anywhere from two to nineteen days in length.

Each year we include new or revised tours to keep our long-term customers returning for new adventures. *This year we have four new tours, and three tours with revised itineraries/routes.*

Many things separate us from other companies: Our Stay'n'Play Programme, designed to include multiple night stays in one location, unpack your suitcase and explore! Our Peace of Mind Cancellation Plan which is second to none in the industry...cancel a tour for any reason up to 48 hours before departure and receive a full refund. Our Home Pick-up and Drop-off Service and 5% Early Payment Discount make travelling with us that much easier. We also offer special discounts for repeat travellers... and these are just to mention a few of the perks of joining us for your getaways!

Please note: Due to annual summer forest fires we adjusted our tours: coastal tours will be offered during the summer and interior tours are planned for the spring or fall.

We believe our unique and interesting itineraries will entice you to join our tours and our attention to detail and excellent service will bring you back to travel with us year after year.

To our repeat customers we appreciate your emails, phone calls, and comments cards. Your feedback and loyalty is invaluable and is a huge factor in our success.

Thank you for your business, we look forward to travelling with you in 2024 and beyond!

Kind Regards;

A handwritten signature in blue ink that reads "Melinda and George Burns". The signature is stylized, with the first letters of the names being larger and more prominent.

Melinda and George Burns

Table of Contents

Name of Tour	Departure	Length	Page
Yukon's Northern Lights	February 22	5 days	5
REVISED Rhythms and History of the South	March 11	10 days	6
9th Annual Women's Wellness - Kingfisher Resort & Spa	May 6	4 days	8
Watermark Beach Resort	May 12	4 days	9
Kettle Valley Railway	May 26	4 days	10
REVISED Spectacular Gardens of Victoria	June 17	4 days	11
Incredible Iceland	June 6	10 days	12
Newfoundland & Labrador	June 13	17 days	14
Yukon and the NWT	July 2	12 days	16
St. Lawrence Seaway Cruise	July 10	10 days	18
Historic Barkerville	June 26	4 days	20
Discovery Coast Passage	August 27 & September 20	5 days	21
Cruising the Westcoast Waterways	July 5 & July 12	6 days	22
Haida Gwaii - <i>Experience Super Natural BC</i> . . (3 departure dates)	July 13 & July 26 & August 10	7 days	23
REVISED Grizzly Bears of Knight Inlet	August 1	5 days	24
NEW MV Frances Barkley & the Uchuck	August 14	5 days	25
NEW Desolation Sound & Princess Louisa Inlet	August 19	5 days	26
B.C. Wildlife Adventure	August 26	4 days	27
Fabulous Kootenays	September 9	5 days	28
Grizzly Bears of Toba Inlet	September 26	4 days	29
NEW Rockies to the Red Rocks with Rocky Mountaineer	September 20	8 days	30
NEW Thanksgiving in Parksville	October 14	4 days	31
Autumn in Quebec	October 8	8 days	32
Wickaninnish Inn Experience - Stormwatching at Long Beach	December 1	5 days	33
Desert Canyons: Zion, Bryce, Grand Canyon, Monument Valley, and Lake Powell	October 11	11 days	34
Updates on the Plains of Africa and Italy tours			36
Terms and Conditions			36

Visit our website and subscribe to our email newsletter to receive information on new tours and specials. Plus we will send out a July supplement with upcoming Christmas tours and a sneak peek at new tours for 2025.



We design our escorted tours specifically for groups of 15 - 25, which allows us to visit unique locations and venues that groups of 30 or more simply could not consider. As well, it allows more room on the coach (coach has 45 seats), ease of movement throughout the tour, and a more intimate experience. It is our understanding, after reviewing our tour Comment Cards, that a smaller group size more than compensates for a moderately higher tour cost.

Ageless Adventures' Mandate

ALL AGELESS OVERNIGHT ADVENTURES

INCLUDE:

- Home pick-up & drop-off service
- Deluxe transportation
- Ageless Adventures tour guide
- Baggage handling and all taxes

Early Payment Discount

When full payment is received 75 days prior to departure you will receive a 5% early payment discount. (some exceptions apply)

Peace of Mind Plan

When choosing an Ageless Adventures tour it is important to be aware of our Peace of Mind Plan. Our plan is second to none in the travel industry. An Ageless Adventures Peace of Mind Plan guarantees a full refund of all trip payments in the event of a cancellation, for any reason, up to 48 hours before the tour. This excludes the cost of the plan fee itself. During the course of a trip, if a passenger has to return home due to illness or a death in the immediate family, the plan fee guarantees a refund of any unused portion of the trip. (Not available on some tours)

Home Pick-up & Drop-off Service

Our popular individual home pick-up and drop-off service will continue to be offered within the immediate Vancouver lower mainland area.

Are you joining us from out of town? Contact our office for details of our pick-up services.

(See page 37 for pick-up points.)

Travel Confidently with Ageless Adventure Tours

As we begin 2024 your comfort is our priority.

- Maximum of 25 passengers on a 45 ft coach

Find Us Online

www.agelessadventures.com

Find out about upcoming tours and specials, links to our Facebook and Instagram pages, great photos, and much more!

We love to hear about our guests' experiences while travelling with us, we would be thrilled if you contributed to our blog by emailing us one of your favourite Ageless Adventures to info@agelessadventures.com.

Like us on Facebook!



Tour Activity Level

We use the walking symbol to reflect the approximate tour activity level of each tour, however if you have any concerns or questions, please inquire at the time of registration and our staff will be very happy to discuss the itinerary in more depth.

Each tour has specific physical requirements. Please pay close attention to the activity levels when booking to ensure an enjoyable, comfortable holiday.

EASY



This tour requires average physical activity.

MODERATE



You should be able to climb stairs and walk reasonable distances, possibly over uneven ground or inclines.

INTERMEDIATE



You must be able to walk a kilometre or more on uneven ground or extended inclines. In some cases must be able to handle extreme cold and high altitudes.

VERY ACTIVE



This tour is very active, requiring participants to be in good health and physically fit to enjoy all aspects of the tour. This itinerary will have more strenuous activities.

It is required that persons needing assistance be accompanied by a companion who is capable and totally responsible for providing that assistance as Ageless Adventures cannot provide special individual assistance to tour members with special needs.

Stay 'n' Play

We have designed more and more overnight tours that include multiple night stays at one location. In addition to those tours we have developed tour packages that we call Stay 'n' Play.

What does Stay 'n' Play mean?

It's a tour that stays at one hotel for two or more consecutive nights.

The hotel/resort/lodge must possess several criteria. It must be a 3 1/2 star hotel rating or better, be centrally located, and have several amenities such as a pool and / or hot tub / sauna. The pricing will always include ocean and lake view locations, if applicable.

Included Sightseeing Tours

Each Stay 'n' Play will have at least two sightseeing tours.

Social Activities / Optional Tours

During free time there is always something offered as an option. From cultural activities to soft adventure and welcome receptions, to wine and cheese parties.

Ageless Elite Loyalty

Our Ageless Elite Loyalty Programme is designed for those customers who travel on four or more Ageless Adventures tours or spend \$8,000 or more on tours in a calendar year. If you newly qualify during the year as an Ageless Elite member you will be offered a 5% discount on all overnight tours for the following and each consecutive year that you meet the above requirements. It is over and above the 5% early payment discount. Give-aways and/or special offers as they become available.

- A personalized Ageless Elite name tag
- Room upgrades where available
- Annual reception / lunch with door prizes and give-aways

Tour Presentations

Each year we look forward to presenting our upcoming tours in presentations around the Lower Mainland.

West Vancouver

Saturday, January 27

11:00 a.m.

West Vancouver Senior Centre

North Vancouver

Monday, January 29

1:15 p.m.

Silver Harbour Senior Centre

White Rock

Thursday, February 1

2:00 p.m.

White Rock Community Centre

Burnaby

Monday, February 5

11:00 a.m.

Burnaby Village Museum

Vancouver

Wednesday, February 7

11:00 a.m.

Van Dusen Gardens Floral Hall

Maple Ridge - Travel Show

Saturday, February 3rd

10:00 a.m. - 4:00 p.m.

Meadow Gardens Golf Course

Please RSVP for the presentations by calling 604-542-5566. You do not need to register for the Maple Ridge Travel Show.

Meet The Staff

At Ageless Adventures we pride ourselves on our customer service, attention to detail, and interesting tours. This would not be possible without the hard work of our office staff.

Caroline Brown

Responsible for tour planning, customer service, accounting, and puts together tour information packages for tour guides and customers.



Stefanie Wheller

An experienced proof reader Stefanie helps to get the tour brochures ready. She also works on website management.



Melinda Burns

Involved in tour design, promotion, sales, and marketing. She also negotiates with suppliers and venues to ensure that every tour meets the standards you have come to expect when booking with Ageless Adventures.



George Burns

Involved in decision making and integral planning of our company growth, producing our semi-annual brochures, and tour presentations.



of my guests by delivering informative, entertaining storytelling, commentary, and on-coach entertainment with humor and kindness.

Jackie Elie

My passion has always been travel. I had a rewarding career as a flight attendant with an international airline and the travelled the world for many years. My travels have taken to me to far away places, but my heart will always be in western Canada, with the most scenic and spectacular places to see and experience. I enjoy being a tour manager and helping people explore and enjoy new places and experiences. I look forward to meeting you on one of our upcoming tours.



Heather McMann

I got bitten by the travel bug when I returned from Europe after my high school graduation. Working for an airline introduced me to the world of Tourism and more opportunities for travel. After years employed in an office and raising two daughters, I found myself applying for a job as a Tour Director and 17 years later I still love my job!



Susan Andreeff

My touring life began in 2007. I have been fortunate to lead groups from around the world, showing them Canada from East to West. I also enjoy touring them on the Cruise Ships up to Alaska, and further into Denali National Park, which features the tallest mountain named Denali. Working with Ageless Adventure Tours for the past three years has given me an opportunity to get to know more of BC and area, and all it has to offer, as well as meeting so many wonderful people along the way.



Meet The Tours Managers

Rosalie Miller

I have been a Tour Director for the past 18 years and I LOVE what I do! I thrive to provide my guests with the utmost professional and personalized service AND have a lot of fun!

As a Tour Director, I want to bring the best experience to each and every one



Comments

"How does anyone single out just one Ageless tour when each tour is so unique and different in its own way, each offering different experiences. From a "quick" three day getaway to longer tours, each offers a person a choice of exploring close to home or venturing further afield to see what other exciting adventures await to explore and enjoy.

How does one highlight just one tour out of so many trips . . . like the awesome and soul inspiring canyons (Grand Canyon, Bryce, Zion to name a few), the beautiful Copper Canyon, Mexico, the wonderful and unique Balloon Festival, Albuquerque, and the beautiful uniqueness and cultural experience of Santa Fe (plus the shopping), to the great outdoors and watching the bears catch and feed on the salmon in Hyder, Alaska, and the thrill of whale watching at Telegraph Cove, and who could forget New Orleans and all it offered, and the exhilarating airboat ride.

Then there is New York, another absolutely awesome place . . . one could go on and on and then there is the people – an integral part of each trip, and the friendships formed. Congratulations to George and Melinda, tour guides, and the dedicated office staff for their hard work they do in order to ensure we have a smooth, safe, and enjoyable trip, in offering these tours, Margaret and I (plus others) have been able to enjoy and travel to places we would not otherwise have been able to learn about and explore these wonderful places."

L Icheln

"I have enjoyed several trips with Ageless Adventure Tours. I usually travel alone but I never worry about any of the details. This company is First Class. You meet interesting and fun people on every trip and I look forward to travelling with them again! Highly recommend!"

L Clarkson

"I have completed over 50 tours with Ageless Adventures and continue to plan trips each year. The service is excellent, the owners listen to clients' suggestions, and the choices of trips are numerous. I have confidently recommended travel with Ageless Adventures to several friends. Some have become repeat travelers like me."

A Kennedy

"We are writing to tell you how much we enjoyed our recent tour with Ageless Adventures to Haida Gwaii. It was so much fun that we are recommending it to our friends. Just today, I recommended it to my cousin, who loves to travel, and we are also telling other folks who will be interested.

First, we liked the itinerary very much. There were many interesting indigenous people to meet, a variety of things to do and see, and many lovely places to visit. The excellent indigenous speakers at various places taught us so much about the culture of Haida Gwaii. We learned alot. Everything was so well organized. We also liked the timeline, which was not too hectic. It allowed us time to think about what we saw and to discuss the events with the other people on the tour. Thanks so much for the tremendous organizing.

Second. What made the tour outstanding was you, Rosalie. We have traveled to 35 countries and have had many tour guides, but you are the best! You were well organized, knowledgeable, consistently gracious, and helpful; everyone loved you. It was lovely to be in a group with no complaints about the tour guide but all positive comments. Rosalie, you make everyone feel special! What a gift! We sure do hope to be on another tour with you."

Jim and Gwen

"Melinda, travelling to Toba Inlet to view the Grizzly bears was a first class experience and I am so glad I signed up for this tour. The journey to the lodge was very interesting and punctual. The staff were incredible and friendly and so very helpful. The cabins were rustic and spacious and the deck was enormous looking through trees to the ocean.

The native folks were so friendly and helpful. They wanted your stay to be the best, It felt that they were part of your family and gave that feeling.

The boat rides were adventurous and we were fortunate to view grizzlies (a mother and young one) big huge male and many black bears too. Orcas, porpoises, seals and sea lions, as well as eagles. We watched the logs being emptied into the ocean. Saw oyster beds. Our boat captain was so knowledgeable about every question we had. Our guide was also so knowledgeable and knew the history of the region and animals. If there was one negative and only one it was the huge portions of food that was served. I speak for perhaps a few as well as myself. A suggestion would be to have smaller portions served at dinner only.

Thank you for listening to my review of Klahoose Resort. I think I would visit again."

J Boedecker



Yukon's Northern Lights

Feb 22 - 26

4 nights 5 days

7 meals

Stay 'n' Play

Highlights:

Whitehorse • Aurora Viewing tours • McBride Museum • Beringia Interpretive Centre • Yukon Wildlife Preserve • Dog sled ride

Tour includes:

Round trip direct flight with Air North, four nights accommodation, four breakfasts, one lunch, two dinners, meal gratuities, all side tours and entrance fees, and a dog sled ride

Accommodation:

Whitehorse Sternwheeler Hotel

AGELESS PEACE OF MIND: \$225.00

To the north an eerie, sulphurous sheen begins to ripple into the night sky. It arcs itself into an ebb and flow, slowly growing, then suddenly bursts across the full expanse of the night sky waving and dancing as if it were happy. It is the spectacular northern lights and viewing is common in the Yukon. Northern Lights viewing takes place outside the city in a heated cozy cabin or wall tent. Hot drinks and snacks are provided. Other highlights include: a guided tour of Whitehorse, a visit to MacBride Museum which houses information on the Klondike Gold Rush, Yukon Beringia Interpretive Centre, Yukon Wildlife Preserve, and the experience of a dog sled ride. Three Aurora Borealis viewing nights are included.



You must be able to walk a kilometre or more on uneven or slippery ground. There are also stairs to climb.

Price Per Person:

Double or Twin: **\$2,859.00**

Single: **\$3,297.00**

Prices include all taxes



Rhythms & History of the South

Featuring New Orleans, Memphis, and Nashville

March 11 - 20

9 nights 10 days
17 meals



Highlights:

New Orleans • French Quarter • New Orleans School of Cooking • The Bayous of Louisiana • Oak Alley Plantation • Memphis • Beale Street • Rock 'n' Soul Museum • Sun Studio • Graceland • Nashville • Wildhorse Saloon • Ryman Auditorium • Country Music Hall of Fame • Studio B • Grand Ole Opry House • Hermitage Plantation • Belle Mead Plantation • General Jackson Showboat

Tour includes:

Round trip airfare with Air Canada
Nine nights accommodation
Nine breakfasts
Two lunches
Six dinners
Meal gratuities
All side tours and entrance fees
Services of a step-on guide in each city

Accommodation:

New Orleans Hotel Monteleone
Memphis Westin Memphis Beale St. Hotel
Nashville Hampton Inn & Suites

AGELESS PEACE OF MIND: \$350.⁰⁰

JUST A FEW SEATS AVAILABLE

Price Per Person:

Double or Twin: \$7,897.⁰⁰

Single: \$9,997.⁰⁰

Prices include all taxes

Medical Insurance Recommended

Passport Required



Uneven ground possible, considerable walking.
Not recommended for anyone using a walker

Great music, world class cuisine, southern charm and hospitality, are all Southern Treasures to experience on our Rhythms & History of the South Tour featuring New Orleans, Memphis, and Nashville.

Day One:

Vancouver – New Orleans

Meals: D

Arrive in **New Orleans** known as the **Big Easy** and on to the **Hotel Monteleone** where it's been said that the **French Quarter** begins in the lobby. In fact, this establishment sits majestically at the foot of **Royal Street**, the best point of departure for all things New Orleans. The Hotel Monteleone is our home for three nights. Join the group for a welcome dinner.

Day Two:

New Orleans

Meals: B, D

Begin your day with a guided tour of the city. Sights along the way include the **French Market**, **Garden District**, **Jackson Square**, **St. Louis Cathedral**, the **Superdome** and more. The afternoon is yours to explore the historic **French District**, the amazing French market place. Tonight discover how to cook New Orleans Style with a cooking demonstration and dinner at the **New Orleans School of Cooking**.

Day Three:

New Orleans

Meals: B, L

Get ready for an exciting adventure! Take a thrilling ride through the swamps and bayous of **Louisiana**, accessible only by **airboat**. The captain, a native of the area, offers a colourful history of the Cajun way of life. Travel by coach from the swamps and bayous to the magnificent **Oak Alley Plantation**. Oak Alley Plantation, crowned the "**Grande Dame of the Great River Road**," is admired as one of the most spectacular antebellum settings in the South. Have lunch at the **Oak Alley Restaurant** followed by a tour of the plantation house. The evening is yours to enjoy and explore.

Day Four:

New Orleans – Memphis

Meals: B, L, D

Travel north en route to **Memphis**, the birthplace of the Blues, Rock 'n' Roll, and Soul. The three night stay is at the **Westin Memphis Beale St. Hotel**. Dinner tonight is at **Charlie Vergos' Rendezvous** for their world famous barbeque in Memphis.

Day Five:

Memphis

Meals: B, D

Memphis, the Gateway to the Old South. Filled with Southern charm, beautifully restored mansions, sculptured tree-lined parkways, on a setting high on the **Fourth Chickasaw Bluff**, this river city boasts the world's finest BBQ restaurants and the "**Red, Hot, and Blue**" sounds of the **Beale Street Historic Entertainment District**.

Come with us on this inclusive tour which will take you to **Harbor Town**, **Mud Island**, the **Pyramid**, **Historic Cotton Row**, **Beale Street**, **South Main Historic District**, the **National**





Civil Rights Museum / Lorraine Motel, and Victorian Village. A special stop will be made at the historic **Peabody Hotel** to view the “**March of the Peabody Ducks**”. The day would not be complete without a visit to the **Rock ‘n’ Soul Museum**.

Day Six:

Memphis

Meals: B

Experience a guided tour of the legendary **Sun Studio**. The tour explains the history of the most famous recording studio in the world, where the blending of the blues and country music came together in the big bang of Rock ‘n’ Roll. Hear outtakes from sessions, relive the history of the studio that launched the musical careers of **Johnny Cash, B.B. King, Roy Orbison, Elvis Presley**, and more.

Tour **Graceland**, home of Elvis Presley. Highlights of the **Graceland Platinum Tour**: Audio-guided tour of **Graceland Mansion and Grounds, Elvis’ two custom airplanes, automobile museum, Elvis Fashion King Exhibit, Elvis Lives: The King and Pop Culture**.

Day Seven:

Memphis – Nashville

Meals: B, D

Say good bye to Memphis as our journey continues to **Nashville**. Hear the music where music lives. Nowhere else can you hear such diverse sounds as country, jazz, gospel, and rockabilly. Upon arrival in Nashville check in to the **Hampton Inn & Suites**, your home for three nights. Join the group for dinner at the famous **Wildhorse Saloon**, but don’t forget your dancing shoes for some line dancing lessons and live entertainment – a great way to kick off our visit to Nashville.

Day Eight:

Nashville

Meals: B

This morning a local guide welcomes you to Nashville. View the **Ryman Auditorium, Music Row, the State Capitol, the Parthenon**, and much more. After lunch visit the **Country Music Hall of Fame**, the largest museum of popular music in the world. Tour the historic **RCA Studio B** for an up close look at Nashville’s oldest remaining record studio. Meet up again tonight for your reserved seat at the renowned “**Grand Ole Opry**”.

Day Nine:

Nashville

Meals: B, D

It’s a leisurely start for a day that features some of the history of this area. The first visit today is at **The Hermitage**, Home of President Andrew Jackson. The story of The Hermitage reflects the changes from frontier forest to Andrew Jackson’s prosperous farm which deteriorated into post-Civil War dilapidation and was finally rescued to its current state as a public museum and National Historic Landmark – it mirrors many stories in American history. These stories of Indians, white men moving west, slavery and freedom, the changing roles of women, religion and reform, and fortunes made from cotton are the stories of Jacksonian America.

In the afternoon another significant site is the beautiful **Belle Meade Plantation**. Belle Meade Plantation represents a history of agricultural and Thoroughbred breeding success without equal in the American south. Its rise and eventual fall encompass a full century of Southern history.

Tonight board the **General Jackson Showboat** for dinner and musical entertainment. What a way to cap off the Rhythms & History of the South Tour!

Day Ten:

Nashville – Vancouver

Meals: B

Depart for your return flight to Vancouver with memories of your Southern Adventure!





Annual Women's Wellness Getaway

Kingfisher Oceanside Resort & Spa,
Vancouver Island

May 6 - 9

3 nights 4 days
7 meals

Stay 'n' Play

Highlights:

Stroll the lovely gardens, walk the beach, and take in the abundance of wildlife.

Relax by the ocean with waves lapping against the shore in your Beachfront Suite. Just steps away from the water's edge, these suites all feature kitchenettes and panoramic ocean and mountain views.

Enjoy full use of the resort's spa amenities including their heated outdoor pool, Jacuzzi, sauna, steam cave, and fitness room. Pamper yourself at their luxury Pacific Mist Spa where the spa therapies focus on the rich ingredients of the sea leaving you feeling completely relaxed and renewed. Included in the package is their signature spa service. The Pacific Mist Hydropath® is a spa experience like no other. Upon entering the underground sandstone sculpted cave that features natural seaside elements, you will follow the path as it winds around eight unique areas for experiencing hydrotherapy.

Tour includes:

- Three nights accommodation
- Three breakfasts
- One lunch
- Three dinners
- Meal gratuities
- Pacific Mist Hydropath®
- Local guide at park
- Ferry tolls

Accommodation:

Royston Kingfisher Oceanside
Resort and Spa

AGELESS PEACE OF MIND: \$140.00



Join us on our annual Women's Wellness Getaway! This getaway is a boost to your health and wellbeing. Nestled in an old growth forest on the eastern shore of Vancouver Island near the Comox Valley, the Kingfisher Oceanside Resort & Spa offers breathtaking ocean and mountain views.

Day One:

Vancouver – Royston, Vancouver Island

Meals: D

Travel to **Vancouver Island** for a three night women's getaway at the **Kingfisher Ocean Resort and Spa**. Highlights today include **Qualicum**. Enjoy an included dinner in the resort's restaurant while taking in natural island views. This peaceful property will renew your senses.

Day Two:

Kingfisher Oceanside Resort and Spa

Meals: B, D

Take part in the **Pacific Mist Spa**, with its **massage pools**, **waterfalls**, and a **river walk** to soak in. The benefits of the **Hydropath** are plentiful including remineralisation, detoxification, and relaxation. Take a dip in the **heated outdoor pool** and **whirlpool**, or go for a walk and explore the local walking trails. Use your included restaurant voucher for dinner at leisure in the resort's restaurant.

Day Three:

Royston – Comox

Meals: B, L, D

Depart for the **Filberg Heritage Lodge and Park**. Located in **Comox**, this Scandinavian themed home took six years to build, starting in 1929. Extensive use of wood, steep pitches on the roof of the home and surrounding buildings, create a rustic yet impressive architectural image. It is situated on nine acres of landscaped lawns and gardens. Enjoy a guided tour and take a stroll in the beautiful surroundings which is home to rare and exotic trees. Beds of various flowering shrubs and annuals, many from the famous collection of the Greig family, can be seen throughout the park. Later, partake in an included lunch at a local restaurant and a stop at the spectacular **Nymph Falls** before returning to the resort.

Day Four:

Royston – Vancouver

Meals: B

After a leisurely morning depart the resort retracing your steps back to the lower mainland.



Price Per Person:

Beachfront Suite/Ocean Courtyard

Double or Twin: **\$2,378.00**

Single: **\$3,139.00**

Standard Oceanview

Double or Twin: **\$2,228.00**

Single: **\$2,786.00**

Adults 56 - 64 or Non BC seniors 65+:

Add \$20.00 to the above rates

Prices include all taxes



Prepare for uneven or unpaved ground. Tour is not recommended for those who rely on a walker



Watermark Beach Resort

May 12 - 15

3 nights 4 days
8 meals

Stay 'n' Play

Highlights:

Hope-Princeton Highway • Manning Park • Princeton • Keremeos • Similkameen Valley • Osoyoos • Watermark Beach Resort • The Golden Mile • Black Sage Road • Burrowing Owl Winery • Tinhorn Creek Vineyards • Miradoro Restaurant • Phantom Creek Estates • District Wine Village • Clos du Soleil Winery

Tour includes:

Three nights accommodation
Three breakfasts
Four lunches
One dinner
Wine pairing
Meal gratuities
All side tours and entrance fees

Accommodation:

Osoyoos Watermark Beach Resort

AGELESS PEACE OF MIND: \$140.00

Day One:

Vancouver – Osoyoos

Meals: L, D

Join us on our **Okanagan** resort getaway with a three night stay at the waterfront **Watermark Beach Resort**. This resort is a favourite spot of all our annual Okanagan getaways! Travel from the lower mainland to **Osoyoos** via the **Hope-Princeton Highway**. Enjoy this scenic highway as the coach travels through **Manning Provincial Park**. Each suite at the resort offers a view of **Osoyoos Lake** and is located in downtown Osoyoos. Dinner tonight is at the resort on their patio with a terrific view of the lake. (weather permitting)

Day Two:

Osoyoos

Meals: B, L

Depart from the resort for a drive along the famed **Golden Mile** and **Black Sage Road** wine-growing district, named for its rich history of farming that dates back to the early 1900's. Enjoy wine, seated in a private room at **Burrowing Owl Winery**, as you learn about the world of wine from Burrowing Owl's perspective. Travel to the Golden Mile and visit the **Tinhorn Creek Vineyards**. Enjoy lunch at Tinhorn Creek's **Miradoro Restaurant** - a food and wine pairing extravaganza. From the patio enjoy the spectacular views of Osoyoos Lake, the natural desert land, and newly planted vineyards and orchards. The rest of the day is yours to enjoy the amenities of the resort or enjoy a stroll along the lake.

Day Three:

Osoyoos

Meals: B, L

Depart from the resort for the stunning new **Phantom Creek Estates**, a 100 million dollar winery and partake in wine tasting. Continue to a world-class destination, the **District Wine Village**, for an included lunch at **Ward's Wine Country Kitchen**. Explore the ambience of the village while sampling your choices of craft beer or wine. The rest of the day is yours to enjoy the amenities of the resort or enjoy a stroll along the lake.

Day Four:

Osoyoos – Vancouver

Meals: B, L

After a leisurely morning travel back through the **Similkameen Valley** to Vancouver. En route to lunch in Princeton visit **Clos du Soleil Winery**, in the heart of **Cawston**, the organic fruit capital of BC.



Be prepared to walk on uneven ground

Price Per Person:

Double or Twin: **\$2,039.00**

Single: **\$2,517.00**

Prices include all taxes



Kettle Valley Railway & Winery Tour

May 26 - 29

3 nights 4 days
9 meals

Stay 'n' Play



Highlights:

Penticton Lakeside Resort • Okanagan Lake • Hooded Merganser • Summerland • Summerland Sweets • Kettle Valley Railway • Upper Bench Winery • Lake Breeze Winery • Osoyoos • Osoyoos Desert Centre • Nk'Mip Cellars • Similkameen Valley

Tour includes:

Three nights accommodation
Three breakfasts
Four lunches
Two dinners
Meal gratuities
90 minute rail tour
All side tours and entrance fees

Accommodation:

Penticton Penticton Lakeside Resort

AGELESS PEACE OF MIND: \$140.00



Uneven ground on portions of this tour

Price Per Person:

Double or Twin: **\$1,998.00**
Single: **\$2,519.00**

Prices include all taxes

Day One:

Vancouver – Penticton

Meals: L, D

Begin the tour by heading east on the **Trans-Canada Highway** to **Hope**. Ascend the **Hope-Princeton Highway** to **Manning Park** through **Keremeos** and **Highway 3A** to **Penticton**. Arrive at the **Penticton Lakeside Resort** for a three night stay. Enjoy wine served with dinner at the **Hooded Merganser**.

Day Two:

Penticton – Summerland – Penticton

Meals: B, L

Mid morning travel north to **Summerland** and visit **Summerland Sweets** followed by a waterfront lunch at **Shaughnessy's Cove**. All aboard the **Kettle Valley Railway** for a 90 minute steam train ride along the hillsides overlooking beautiful **Okanagan** orchards and vineyards. You are on your own for the evening. Enjoy a stroll along **Okanagan Lake**.

Day Three:

Penticton – Naramata – Okanagan Falls

Meals: B, L, D

Depart the resort after breakfast to **Upper Bench Winery & Creamery**, situated in Penticton at the gateway to the picturesque **Naramata Bench**. Stop in and enjoy a sampling of wine and hand-crafted artisan cheese. Continue on to **Lake Breeze Winery**, with its spectacular view overlooking the Okanagan Valley, for an included lunch. Travel to **Okanagan Falls** and **See Ya Later Ranch** to round out the afternoon. Later, depart from the resort by coach for a short drive to **Sociale Enoteca** on **Lakeshore Drive** in Penticton for dinner.

Day Four:

Penticton – Osoyoos – Vancouver

Meals: B, L

Travel to **Osoyoos** and the **Osoyoos Desert Centre** for a guided walking tour. The Nk'Mip desert lands are one of Canada's three most endangered ecosystems and are home to many endangered plant and animal species. The **Nk'Mip Cellars** is the setting for a lovely lunch with an awesome view. After lunch travel through the **Similkameen Valley** en route to your point of origin.



Spectacular Gardens of Victoria

June 17 - 20

3 nights 4 days
7 meals

Stay 'n' Play



Highlights:

Victoria's Inner Harbour • Government House • Finnerty Garden • Horticulture Centre of the Pacific • Abkhazi Gardens • Emily Carr House • James Bay • Beacon Hill Park • Butchart Gardens

Tour includes:

Three nights accommodation
Three breakfasts
Three lunches
One dinner
Meal gratuities
Side tours and entrance fees
Ferry tolls

Accommodation:

Victoria Inn at Laurel Point

AGELESS PEACE OF MIND: \$140.00



Be prepared to walk on uneven ground

Price Per Person:

Double or Twin: **\$1,919.00**

Single: **\$2,694.00**

Adults 56 - 64 or Non BC seniors 65+:

Add \$20.00 to the above rates

Prices include all taxes •

Your tour guide, Marlene Kumnick, is a master gardener for 10 years, and has a landscape design citation from Kwantlen Polytechnic University, and has previously owned a garden maintenance business

Day One:

Vancouver – Victoria

Meals: D

Take the morning ferry to **Vancouver Island**. Our first stop today is a visit to **Finnerty Garden** located at the **University of Victoria**. Then its on to **Government House** and a tour of its amazing garden. Our three night stay is at the **Inn at Laurel Point**, all rooms have water views. Dinner tonight is at a local Victoria eatery.

Day Two:

Victoria

Meals: B, L

After breakfast depart for the **Horticulture Centre of the Pacific** which features a **Mediterranean garden**, **Takata Japanese Garden**, and **Doris Page Winter garden**, to name a few. Following that visit we will travel to **Abkhazi Gardens** in the heart of downtown Victoria. This garden and teahouse have a rich, romantic history: The Prince and Princess Abkhazi began creating their garden in 1946. Begin with a high tea lunch followed by a guided tour of the garden.

Day Three:

Victoria

Meals: B, L

Today we experience Victoria as seen through the eyes of Canada's leading painter and writer, **Emily Carr** (1875 – 1945), as we meander through the historic community of **James Bay** and **Beacon Hill Park** with its seaside vistas. Hear the colourful stories about this unique woman and the independent path through life that she chose.

Day Four:

Victoria – Vancouver

Meals: B, L

Travel from Victoria for an early lunch at the **Fireside Grill** and a visit to **Butchart Gardens**.



Incredible Iceland

Land of Wonders

Reykjavik, Blue Lagoon,
Gulfoss Waterfall, Golden Circle

June 6 - 15

Overnight flight + 8 nights 10 days
18 meals



Highlights:

Reykjavik • Harpa Opera House • Reykjanes Peninsula • Kleifarvatn Lake • Krýsuvík & Gunnhver Geyser • Kleifarvatn Lake • Blue Lagoon • Vestmanneyjar Island • Pompeii of the North Museum • The Golden Circle • Þingvellir • Strokkur Geyser • Gullfoss Waterfall • Hvítá River • Flúðir • Þjórsárdalur Valley • Secret Lagoon • Friðheimar • Icelandic Horses • Seljalandsfoss Waterfall • Skógarfoss Waterfall • Skógar Museum • Þrasi Þórólfsson • Eyjafjallajökull Volcano • Kirkjubæjarklaustur • Skaftafell National Park • Jökulsárlón Glacier Lagoon

Tour includes:

Round trip airfare with Icelandair
Eight nights accommodation
Nine breakfasts
One lunch
Eight dinners
Meal gratuities
All side tours and entrance fees
Local guide
Local guide gratuities
Park fees

Join Ageless Adventures and a local guide as we explore Iceland, an island of dramatic contrasts and a landscape forged by fire and ice. Steaming lava fields and hot pools reflect its volcanic nature, while massive glaciers continue to sculpt the mountains and valleys, leaving thundering waterfalls and plunging fjords.

Day One:

Vancouver – Iceland

Departure from **Vancouver International Airport** with **Icelandair** on a nonstop overnight flight to **Iceland**.

Day Two:

Keflavík – Reykjanes Peninsula – Reykjavik

Meals: B, L, D

An early arrival in **Keflavík International Airport**. Explore the volcanic wonderland of **Reykjanes Peninsula**. Our Iceland adventure begins with breakfast in the **Viking Ship Museum**. Among the attractions to be seen is **Kleifarvatn Lake**, the colourful geothermal area of **Krýsuvík** and **Gunnhver Geyser**. Enjoy a short city sightseeing tour as you enter **Reykjavik** and visit the **Harpa Opera House**, followed by an included lunch. Settle in to a two night stay in downtown Reykjavik. You have leisure time to relax and adjust to the time difference before dinner together with the group.

Day Three:

Reykjavik and the Blue Lagoon

Meals: B, D

After a big travel day yesterday, this day starts a little later than usual. It begins with a city tour where you will be introduced to Reykjavik's most interesting sites. This afternoon head to the renowned **Blue Lagoon Geothermal Pool** to bathe and relax. (Entrance, towel, & bathrobe included) Afterwards, head back to Reykjavik and enjoy a leisurely dinner in the city centre.

Day Four:

The Golden Circle

Meals: B, D

Depart the city for the first of the three most visited attractions in Iceland, collectively known as **The Golden Circle**. Starting with **Þingvellir**, where the North American and Eurasian tectonic plates meet, enjoy amazing landscapes. It too holds historical and cultural importance to Icelanders as it is where parliament was convened for almost 900 years. Next stop is the **Geysir geothermal area**, where the greatest attraction is **Strokkur**, a geyser that erupts 25m in the air every 8-10 minutes. Next up is the massive, two-levelled waterfall – **Gullfoss**. The wide **Hvítá River** rushes southward, and about a kilometre above the falls it turns sharply to the right and flows down into a wide curved three-step "staircase" and then abruptly plunges in two stages into a 32m crevice. The crevice is 20m wide, 2.5 km in length, and extends perpendicular to the flow of the river. Its great power is astonishing and one can walk right up to the waterfall in order to witness it from different angles. Afterwards, depart for two nights in the region of **Flúðir**.

Day Five:

Þjórsárdalur

Meals: B, D

Explore the lush fields and impressive mountains of **Þjórsárdalur Valley**. You'll be shown to the **Secret Lagoon** in **Flúðir** and swim in this beautiful geothermal pool (optional). Visit **Friðheimar** to learn about the growing of tomatoes and tropical fruits in Icelandic greenhouses by use of geothermal energy and get to know the **Icelandic horses**.

Day Six:

The Westman Islands

Meals: B, D

Today travel by coach south and a 30 minute ferry ride to **Vestmanneyjar Island** from **Landeyjarhöfn Port**. The island, with a population of 4,000 contains two active volcanoes, one of which erupted in 1973. A large portion of the town was under lava and the island was evacuated for a while as a result. Visit the unique museum **Pompeii of the North** and learn about the eruption. View buildings that have been excavated from the lava and preserved in their original state. Enjoy a boat ride around the islands and learn more about this unique, beautiful site. Overnight in the **Westman Islands**.





Accommodation:

Reykjavik	Foss Hotel
Vestmannaeyjar	Vestmannaeyjar Hotel
Flúðir	Geysir Hotel
Klaustur	Hotel Klaustur

Group size based on 15 passengers

AGELESS PEACE OF MIND:
Not available for this tour

Deadline to register is March 6, 2024

Medical & Cancellation Insurance is Recommended

Passport is Required

Price Per Person:

Double or Twin: **\$11,232.00**
Single: **\$13,889.00**

Prices include all taxes

Day Seven:

The South Coast of Iceland

Meals: B, D

Today take the morning ferry back to the mainland and then travel east and explore the attractions of the **South Coast** of Iceland. Stop at **Seljalandsfoss Waterfall**, this waterfall is one of the most popular waterfalls and natural wonders in Iceland. The waterfall drops 60m and is part of the **Seljalands-River** that has its origin in the volcanic glacier **Eyafjallajökull**. One of the interesting things about this waterfall is the fact that visitors can walk behind it into a small cave. A few kilometers further is the tall **Skógafoss Waterfall**, the Skógafoss is one of the biggest waterfalls in the country with a width of 25m and a drop of 60m. Due to the amount of spray the waterfall consistently produces, a single or double rainbow is normally visible on sunny days. According to legend, the first Viking settler in the area, **Þrasi Þórólfsson**, buried a treasure in a cave behind the waterfall. Visit the **Skógar Museum** which commemorates the 2010 volcanic eruption of **Eyafjallajökull volcano** and its implications in the area around. The two night stay is in the region of **Kirkjubæjarklaustur**, Icelandic for "church farm cloister".

Day Eight:

Skaftafell National Park and Jökulsárlón

Meals: B, D

Enjoy the beauty of **Skaftafell National Park**, which was formed over thousands of years by fire and ice. Take a cruise on the **Jökulsárlón Glacier Lagoon** and learn of its nature and history. The floating iceblocks in the light blue water are a sight to remember and if you're lucky you'll spot some lazy seals relaxing on the ice.

Day Nine:

Back to Reykjavik

Meals: B, D

After approximately a three hour drive back to civilization there is free time on your own to explore. A group dinner at one of Reykjavik's great restaurants is in order before resting for the flight back home.

Day Ten:

Iceland – Vancouver

Meals: B

Leisure time until the flight back home. Depart from the hotel at 1:00 p.m. for Keflavik International Airport and the direct flight back to Vancouver with time to reflect on this amazing adventure.



Should be physically active, able to walk up to two blocks on uneven rocky ground. This tour is not suitable for those who rely on a walker.



Newfoundland & Labrador

and highlights of Nova Scotia

June 13 - 29

16 nights 17 days
32 meals



Highlights:

Halifax, Nova Scotia • Canso Causeway • Cape Breton Island • Sydney • Louisbourg • Newfoundland • Port aux Basques • Corner Brook • Port au Choix • Gros Morne National Park • Labrador • Red Bay National Historic Site • L'Anse Aux Meadows National Historic Site • St. Anthony • Norris Point • Grand Falls-Windsor • Twillingate • Clarenville • Bonavista • Ryan Premises National Historic Site • Boat tours to view puffins, Gros Morne, and icebergs • St. John's • Local Culture and Entertainment



Day One:

Vancouver – Halifax

Arrive in **Halifax** and check in to the **Halifax Hotel** for a two night stay. This lovely hotel is ideally located in the downtown core.

Day Two:

Halifax

Meals: B, D

Explore Halifax with a local guide. Visit **Pier 21** to learn of immigration history and visit the **Halifax Citadel National Historic Site**. A lobster dinner is included at the hotel.

Day Three:

Halifax – Sydney

Meals: B, D

This morning depart by coach from Halifax for **Sydney**. Travel across the **Canso Causeway** to **Cape Breton Island**. En route there is a visit to the **Alexander Graham Bell National Historic Site** in **Baddeck** where he made his home, followed by a two night stay in Sydney at the **Holiday Inn Sydney Waterfront**.

Day Four:

Sydney – Louisbourg – Sydney

Meals: B

Travel to the **Fortress of Louisbourg National Historic Site**. This is Canada's most ambitious historical reconstruction of a part of the 18th-century French fortified town of Louisbourg. In the early 1700's the French colony was home to 2,100 civilians and a garrison of 700 soldiers. Louisbourg was important because of the fishery and as a hub for international trade between France, the West Indies, Quebec, Acadia, and New England.

Day Five:

Sydney – Port aux Basques

Meals: B

Mid morning at North Sydney, board a **Marine Atlantic** ferry for a relaxing crossing to **Port aux Basques**, your port of entry on the island of **Newfoundland**. Overnight in the community of Port aux Basques.

Day Six:

Port aux Basques – Corner Brook

Meals: B, L, D

Depart mid morning from the town of Port aux Basques. Drive through the **Codroy Valley** and on to **Corner Brook**, the largest city on the west coast of the island. Our overnight stay is at the **Hew & Draw Hotel**, located in the centre of Newfoundland's premier tourism destination that is highlighted by the **Long Range Mountains** and the beautiful **Bay of Islands**. Enjoy musical entertainment from Newfoundland's own **The Sharecroppers**.

Day Seven:

Corner Brook – St. Barbe

Meals: B, L, D

After breakfast board the coach for a scenic drive through **Gros Morne National Park** (there will be more time spent in the park later in the tour) en route to **St. Barbe**. Visit the archaeological habitats of the **Port au Choix National Historic Site**.

Day Eight:

St. Barbe – L'Anse au Clair, Labrador

Meals: B, L, D

Board the ferry from St. Barbe to cross the **Strait of Belle Isle** to **Labrador**. Continue to **Red Bay National Historic Site** where the Basques had a whaling station in the 16th century. Spend the night in Labrador at the **Northern Light Inn** located in **L'Anse au Clair**.

Day Nine:

L'Anse au Clair, Labrador – St. Anthony

Meals: B, L, D

Take a short drive to **Blanc Sablon** and board the ferry back to Newfoundland. Travel to **L'Anse Aux Meadows National Historic Site**, the earliest known European settlement in the New World. The reconstructions of three Norse buildings are the focal point. Continue on to your **St. Anthony** accommodation. Enjoy some local entertainment following dinner.

Day Ten:

St. Anthony – Rocky Harbour

Meals: B, L, D

Experience a two hour Iceberg tour, a true highlight, followed by a visit to the **Grenfell House**, the restored residence of **Sir Wilfred Grenfell**. Sir Wilfred was a young medical doctor who came to Newfoundland in 1892 and left behind a legacy of schools, orphanages, and medical services, which still exist today. The two night stay is in the town of **Rocky Harbour**.



Possible uneven ground with inclines



Tour includes:

Round trip airfare with WestJet
Sixteen nights accommodation
Sixteen breakfasts
Five lunches
Eleven dinners
Meal gratuities
Gros Morne, Iceberg &
Puffin boat rides
All side tours and entrance fees
Newfoundland entertainment
Park Ranger / Step-on guides
Ferry tolls

**Out of Province Medical
Insurance is Recommended**

Accommodation:

Halifax	Halifax Hotel
Sydney	Holiday Inn
Port aux Basques	Hotel Port aux Basques
Corner Brook	Hew & Draw Hotel
St. Barbe	Dockside Inn
L'Anse au Clair	Northern Light Inn
St. Anthony	Hotel St. Anthony
Rocky Harbour	Fisherman's Landing Inn
Gander	Sinbad Inn
Clarenville	Clarenville Inn
St. John's	Delta St. John's Hotel

Day Eleven: Rocky Harbour – Gros Morne National Park – Rocky Harbour Meals: B, D
After breakfast board the coach for a day of discovering **Gros Morne National Park, a UNESCO World Heritage Site**. The Park represents a 1,805 km² sample of Newfoundland's western highlands and coastal lowlands – a landscape of mountains, fjords, coastal bogs, and wave carved cliffs. Enjoy an included adventure boat tour through the heart of a fjord and an opportunity to get ceremonially **"Screeched In"**. Tonight experience local entertainment with **Anchors Aweigh**.

Day Twelve: Rocky Harbour – Gander Meals: B, D
Travel through central Newfoundland and visit the **Mary March Regional Museum** which tells the stories of Newfoundland and Labrador and its diverse peoples. Overnight in **Gander**.

Day Thirteen: Gander – Twillingate – Clarenville Meals: B
This morning we are off on the **"Road to the Isles"**, before travelling across **"Tickles and Runs"** to spend time at **Twillingate**. This is one of Newfoundland's oldest and most interesting fishing communities. Visit Twillingate and take a boat ride to view the **Icebergs**. Followed by lunch at **Auk Island Winery**. The overnight stay is at the waterfront community of **Clarenville**.

Day Fourteen: Clarenville – Bonavista – St. John's Meals: B
Travel to **Bonavista**, the landfall of **John Cabot** in 1497. Here we visit the **Ryan Premises National Historic Site of Canada** and have an opportunity to learn about inshore fishing techniques that have allowed this town to thrive for hundreds of years. After the visit to Bonavista travel to **St. John's**, the capital of Newfoundland, and our three night stay at the **Delta St. John's Hotel**.

Day Fifteen: St. John's Meals: B, D
After breakfast, depart from the hotel for a three hour city tour. The afternoon is free to explore downtown St. John's on your own. Meet up with the group for dinner.

Day Sixteen: St. John's – Bay Bulls – St. John's Meals: B, D
Travel to the **Bay Bulls** for a two hour boat tour of the **Witless Bay Bird Sanctuary** to see the puffins and other sea birds. A definite highlight of the trip! This afternoon we visit **Cape Spear National Historic Park**, the most easterly point of land in North America. Enjoy a farewell dinner.

Day Seventeen: St. John's – Vancouver Meals: B
Depart on a midmorning flight to Vancouver with memories of your **Newfoundland and Labrador Adventure**.

AGELESS PEACE OF MIND: \$595.00



Price Per Person:

Double or Twin: **\$8,459.00**

Single: **\$10,615.00**

Prices include all taxes



Yukon & the NWT

Featuring: Inuvik & Tuktoyaktuk

July 2 - 13

11 nights 12 days
25 meals



Highlights:

Whitehorse, Yukon • Beringia Interpretive Centre • McBride Museum • Yukon Wilderness Preserve • Klondike Highway • Dawson City • Gold Panning • Tombstone and Ogilvie Ranges • Dempster Highway • Inuvik, NWT • Mackenzie River Cruise • Tuktoyaktuk • Pingos • Visit a Dog Team • Mackenzie River Cruise • Kluane National Park • Emerald Lake • Carcross • Skagway, Alaska • White Pass & Yukon Railway

View Pingos when visiting Tuktoyaktuk What is a Pingo?

Pingos are ice core hills that can only grow in a permafrost environment and can reach a height of 150 feet. Pingo is an Inuvialuit word for conical hill. A.E. Porsild (the scout for the Reindeer expedition) was first to suggest the scientific use of the word "pingo". There are an estimated 3,000 pingos in North America with some 1,500 found in the Mackenzie Delta – Tuktoyaktuk. The Inuvialuit & the Canadian Parks Service have recognized the significance of these unique landforms and designated the area a Pingo Canadian Landmark Site.

Day One:

Vancouver – Whitehorse

Meals: D

Your **Yukon Adventure** begins with a flight to **Whitehorse**, the capital city of **Yukon**. After collecting your luggage enjoy an informative visit to the **Beringia Interpretive Centre** before checking in to the **Best Western Gold Rush Inn**. After freshening up partake in a welcome dinner at a local restaurant.

Day Two:

Whitehorse

Meals: B, L

Visit and tour the **Yukon Wildlife Preserve**. View many Yukon species in over 350 acres of natural landscapes. After lunch at a local Whitehorse eatery tour the **McBride Museum** which houses the history of the city of Whitehorse, the gold rush, the Mounties, and First Nations. The museum also includes vast geological history and boasts the largest public collection of Yukon gold in the world.

Day Three:

Whitehorse – Dawson City

Meals: B, L, D

Enjoy a spectacular drive north on the **Klondike Highway**. Stops along the way include the **Five Finger Rapids** with a late afternoon arrival in **Dawson City**. There are many activities in this Gold Rush town. Your Ageless Adventures guide will assist you with your plans that may include: **Diamond Tooth Gertie's Gambling Hall**, a historical walking tour, or a coach tour to **Dome Mountain** to view the **Midnight Sun**. Enjoy dinner at the Aurora Inn.

Day Four:

Dawson City

Meals: B, D

Depart for a city coach tour including the **Robert Service** and **Jack London cabins** and a tour to **Bonanza Creek** and the famous **Dredge #4**. The afternoon is yours to enjoy and explore. Join the group for dinner.

Day Five:

Dawson City – Dempster Highway – Dawson City

Meals: B, L

The adventure continues. Experience the **Dempster Highway** on a day tour to **Tombstone Territorial Park** and the **Ogilvie-Peel Lookout**, the most picturesque scenery on the Dempster Highway.

Day Six:

Dawson City – Inuvik, NWT

Meals: B, L, D

Fly from Dawson City with **Air North** to **Inuvik, NWT**. Upon arrival enjoy a Inuvik town and cultural tour and discover how three main cultures have shaped its growth. Enjoy a traditional dinner in the town's greenhouse and learn more about the Inuvialuit culture.





Day Seven: *Inuvik – Tuktoyaktuk – Inuvik*

Visit a husky dog team in the morning and learn about sled dogs of the North. After lunch, enjoy a cruise of the **Mackenzie Delta** with a local guide.

Meals: B, D

Day Eight: *Inuvik*

Journey by plane over the **Arctic Ocean** to **Tuktoyaktuk (round trip)**. This experience is typically the highlight of the tour. The **Tuk peninsula** has the world's highest concentration of **Pingos** and is a **Canadian National Landmark**. A local guide will share the **Inuvialuit** culture with you. Dip your toe into the Arctic Ocean and receive a "Toe Dipping Certificate". Dinner tonight is at a local eatery.

Meals: B, D

Day Nine: *Inuvik – Whitehorse*

This morning visit the historic **Igloo Church** followed by lunch and then free time to explore. Dinner is in Inuvik. Depart early evening for Whitehorse. Arrive at the Gold Rush Inn for a three night stay.

Meals: B, L, D

Day Ten: *Whitehorse – Kluane Lake – Whitehorse*

Proceed along the Alaska Highway to **Kluane Lake** located alongside the **Kluane National Park**. Travel alongside the most breathtaking mountain range, the great **Kluane Range**, with views of **Mt. Logan** and **Saint Elias**. There are photo stops and a visit to the **Haines Junction Visitor Centre** en route.

Meals: B, L

Day Eleven: *Whitehorse – Skagway, U.S. – Whitehorse*

The destination for today is **Skagway, Alaska** with stops en route at picturesque **Emerald Lake** and the historic community of **Carcross**. Ride the legendary **White Pass and Yukon Railway**, touted as the "Scenic Railway of the World", from **Fraser, BC** to Skagway. There is free time in Skagway and a late afternoon departure to Whitehorse with photo stops en route. This evening take some time to reflect on your visit to the Yukon and Northwest Territories and enjoy a farewell dinner with your new friends.

Meals: B, D

Day Twelve: *Whitehorse – Vancouver*

A mid morning departure for Vancouver as you bid farewell to the North.

Meals: B

Tour includes:

- Round trip airfare with Air North
- Eleven nights accommodation
- Eleven breakfasts
- Six lunches
- Eight dinners

- Flight between Dawson City and Inuvik
- Flight between Inuvik and Whitehorse
- Flight between Inuvik and Tuktoyaktuk
- Mackenzie River cruise
- One way rail fare
- All side tours and entrance fees
- Services of a local guide
- Local guide gratuities

Out of Province & U.S. Medical Insurance are Recommended

Passport is required

Accommodation:

- Whitehorse** BW Gold Rush Inn
- Dawson City** Downtown Hotel
- Inuvik** Mackenzie Hotel

AGELESS PEACE OF MIND: \$420.00



Should be physically active. Uneven and unpaved ground at various points

Price Per Person:

Double or Twin: **\$8,579.00**

Single: **\$9,886.00**

Prices include all taxes

St. Lawrence Seaway Cruise

July 10 - 19

9 nights 10 days
22 meals



Highlights:

Toronto • Kingston • Canadian Empress • 1000 Islands • Gananoque • Wanderer's Channel • Admiralty Islands • Millionaires' Row • Ivy Lea • 1000 Islands Bridge & Tower • Brockville • Fulford Mansion • Prescott • Fort Wellington National Historic Site • Iroquois Lock • Upper Canada Village • Coteau Landing, Quebec • Wiley-Dondero Canal • Eisenhower & Snell Locks • Port of Montreal • Beauharnois Locks • Lake St. Louis • Cote Ste. Catherine & St. Lambert Locks • Ile Sainte-Helene • Mount Royal • Notre Dame Basilica • Trois Rivières • Shrine at Cap de la Madeleine • Quebec City • Montmorency Falls • Hotel Chateau Laurier • Place D'Armes • Place Royale • Cape Diamond • Joan of Arc Garden • Grand-Allee • Parliament • Plains of Abraham

Price Per Person:

St. Lawrence Room Double: **\$7,436.⁰⁰**

Ottawa Room Double: **\$7,977.⁰⁰**

St. Lawrence Room Single: **\$10,009.⁰⁰**

Prices include all taxes

Join Ageless Adventures as we explore the St. Lawrence Seaway aboard the *Canadian Empress* which was launched in 1981. The year 1908 was chosen as a design and decor theme as it integrated well with the history of the St. Lawrence River. The ship is not a replica of any specific vessel but is a composite of many in the St. Lawrence region during the last century. She carries only 66 passengers in 32 cabins.

There are three decks on the ship. *St. Lawrence Deck* is the lowest and has most of the cabins and a gift shop. The *Ottawa Deck* has eight cabins, the Grand Saloon and Dining Room, and forward and aft outdoor sitting areas. The *Sun Deck* has lots of outdoor seating. Cabins have windows, two single beds, and a bathroom with a shower. Cabins are very compact compared to an ocean cruise ship. There is daily maid service. Nightly entertainment is included. The ship docks most nights in a community along the St. Lawrence River so you can go ashore at your leisure and explore the area.

Three meals a day plus afternoon tea and in-between treats are served in the Grand Saloon. There are usually two entrees offered with dinner. The menus utilize fresh, in-season, locally-produced fruits and vegetables, and bread may come from the pioneer ovens at Upper Canada Village. Wine is included with lunch and dinner. Coffee and tea are available 24 hours a day.

Day One:

Vancouver – Toronto

Travel from Vancouver to **Toronto**. Overnight at the **Sheraton Gateway Hotel** located near the airport.

Day Two:

Toronto – Kingston – 1000 Islands

Meals: B, D

Travel by coach to **Kingston**. Explore Kingston with the help of a local guide. At 5:30 pm, the **Canadian Empress** is ready for boarding in downtown Kingston. The Captain's welcome reception is followed by dinner. We cruise out of Kingston's harbour at 7:00 pm and anchor for the night amid the **1000 Islands**.

Day Three:

1000 Islands – Brockville

Meals: B, L, D

The ship weaves among the 1000 Islands and docks at **Gananoque** to visit the **Heritage Museum**. We continue via **Wanderer's Channel**, the **Admiralty Islands**, and **Millionaires' Row** where palatial mansions overlook the river. Sail past and learn about **Boldt Castle** and the **St. Lawrence Statue** en route to **Ivy Lea**. Disembark at Ivy Lea where we drive across half of the **1000 Islands Bridge** to the 40-storey **1000 Islands Tower** and enjoy a panoramic view. We continue down the river and dock at **Brockville** for the night. Upon arrival relax or stroll along the park walkways. Tonight enjoy some fun-loving entertainment.

Day Four:

Brockville – Prescott

Meals: B, L, D

Travel by bus for a tour of **Fulford Mansion**, once owned by Senator George Taylor Fulford who made millions of dollars around the world from "Pink Pills for Pale People" - a patent medicine he manufactured in Brockville and sold around the world. Once back onboard travel to **Prescott**. Visit **Fort Wellington National Historic Site** which defended the St. Lawrence during the war of 1812 and the Upper Canada Rebellion of 1837. In the late afternoon, the *Canadian Empress* passes through the **Iroquois Lock**, the first of seven on this voyage.

Day Five:

Prescott – Coteau Landing

Meals: B, L, D

A miniature train takes the group to **Upper Canada Village** to meet horse-drawn wagon rides for the tour of the site. Founded in 1961, Upper Canada Village is one of the largest living-history sites in Canada. It depicts life in a rural English Canadian setting during the year 1866. Back onboard we cast off





Tour includes:

Round trip flight with Air Canada
Seven days cruise on the St. Lawrence
Seaway
Nine nights accommodation
Nine breakfasts
Five lunches
Eight dinners
Meal gratuities
All side tours and entrance fees
Ship board gratuities
Port charges
Services of a step-on guide

Accommodation:

Toronto Sheraton Gateway Hotel
Seven Day Cruise Canadian Empress
Quebec City Hotel Chateau Laurier

**Out of Province Medical & Cancellation
Insurance is Recommended**

**\$200 Nonrefundable Deposit Required
Upon Booking**

bound for **Coteau Landing, Quebec**. Near Cornwall, we enter the **Wiley-Dondero Canal** for 15 kilometres and the ship is lowered through the **Eisenhower** and **Snell Locks**.

Day Six:

Coteau Landing – Montreal

Meals: B, L, D

Depart Coteau Landing bound for the **Port of Montreal**. Pass through **Beauharnois Locks** into **Lake St. Louis**. Pass through **Cote Ste. Catherine** and **St. Lambert Locks**. Arrive in **Montreal** and enjoy a guided tour exploring this vibrant city with its French Canadian traditions including **Ile Sainte-Helene, Mount Royal**, and the imposing **Notre Dame Basilica**.

Day Seven:

Montreal – Trois Rivières

Meals: B, L, D

Leave Montreal behind as we continue down the ever widening St. Lawrence River. Arrive in **Trois Rivières** and take a tour of the **Shrine at Cap de la Madeleine**. There is time to explore this quaint village on your own. Tonight is the ship's farewell dinner followed by Big Band music and dancing.

Day Eight:

Trois Rivières – Quebec City

Meals: B, D

Travel along the St. Lawrence River to **Quebec City**. Witness the scenic approach to romantic Quebec City with the landmark **Chateau Frontenac**. View the majestic **Montmorency Falls**. We arrive at 2:00 pm and say goodbye to the Canadian Empress. Travel by coach to the **Hotel Chateau Laurier** for a two night stay.

Day Nine:

Quebec City

Meals: B, D

Tour Canada's only walled city, crowned by the great turrets of the Chateau Frontenac. **Old Quebec** is one of the best preserved cities in North America. Highlights include the **Place d'Armes**, ancient **Place Royale**, **Cape Diamond**, the **Joan of Arc Garden**, **Parliament**, the **Plains of Abraham**, and much more. The afternoon is yours to enjoy. Join the group for a farewell dinner at **Restaurant Louis-Hebert**.

Day Ten:

Quebec City – Vancouver

Meals: B

After breakfast and with time to relax we depart for a mid day flight to Vancouver. Reflect on your memories of the St. Lawrence Seaway.

The St. Lawrence Seaway is one of the most ambitious engineering feats of the last century. The objectives: increase the size of the St. Lawrence River shipping channel and generate hydro-electric power for Ontario, Quebec, and New York State. Entire villages were relocated to higher ground, utilizing the largest moving and construction equipment in the world. As the temporary "coffer dams" were blown on July 1st, 1958, people watched with mixed emotions. Slowly rising water covered familiar land forever. It was sad for some to know they could never go home again. Others were excited to think of the new conveniences and services, modern schools, and new friends. A major highlight is the opportunity to pass through the locks between Kingston and Montreal, experiencing an overall change in water level of 246 feet.



AGELESS PEACE OF MIND:

Not available for this tour

Deadline to register is April 10, 2024



Should be physically active, able to walk up stairs, there are no elevators on the ship. This tour is not suitable for those who rely on a walker.

Historic Barkerville

& the South Thompson Inn

June 26 - 29

3 nights 4 days
7 meals



Highlights:

Gold Rush Trail • Ashcroft • Quesnel •
Barkerville • Turtle Valley Donkey Refuge
• Kamloops

Tour includes:

Three nights accommodation
Three breakfasts
Two lunches
Two dinners
Meal gratuities
All side tours and entrance fees

Accommodation:

Quesnel Billy Barker Hotel & Casino
Kamloops South Thompson Inn

Day One:

Vancouver – Quesnel

Meals: L, D

Wind northward along the **Fraser Canyon** and the **Gold Rush Trail** to **Quesnel** for your two night stay at the historic **Billy Barker Hotel and Casino**. There will be coffee stops en route with lunch at **Ashcroft Manor**.

Day Two:

Quesnel – Barkerville – Quesnel

Meals: B

Depart from the hotel for **Historic Barkerville**. Explore this historic gold rush town with its unique streetscape of 130 heritage buildings, live theatre, informative and entertaining interpretation, and many shops that bring to life the history of BC. Dinner tonight is on your own.

Day Three:

Quesnel – Kamloops

Meals: B, L, D

Travel south on the gold rush trail via **Clinton**, **Cache Creek**, and **Highways 24 & 97** to Kamloops. Your overnight stay is at the **South Thompson Inn**. Dinner is served in the inn's restaurant.

Day Four:

Kamloops – Vancouver

Meals: B

This morning depart for a visit to the **Turtle Valley Donkey Refuge**. After a stop in **Kamloops** for lunch travel via scenic **Highway 5A** through BC's High Country en route to your point of origin.

AGELESS PEACE OF MIND: \$140.00



Possible uneven ground and
extended walks

Price Per Person:

Double or Twin: **\$1,516.00**

Single: **\$1,878.00**

Prices include all taxes





Discovery Coast Passage

& the Cariboo Chilcotin

August 27 - 31 & September 20 - 24

4 nights 5 days
10 meals

Highlights:

Hat Creek Ranch • Chasm Provincial Park
• Clinton • Williams Lake • The Freedom Highway • Coast Mountain Range • Chilcotin Plateau • The Hill • Tweedsmuir Park • Hagensborg • Bella Coola • *Grizzly Bear viewing • Discovery Coast Passage cruise • Queen Charlotte Strait / Sound • Port Hardy • Qualicum • Georgia Strait

Tour includes:

Four nights accommodation
Three breakfasts
Four lunches
Three dinners
Meal gratuities
All side tours and entrance fees
Discovery Coast Passage cruise
Services of a local guide
Local guide gratuities
Ferry tolls

Accommodation:

Williams Lake	Coast Fraser Inn
Bella Coola	Bella Coola Valley Inn
Port Hardy	Kwa'lilas Hotel

AGELESS PEACE OF MIND: \$175.00



Price Per Person:

Double or Twin: **\$2,124.00**

Single: **\$2,559.00**

Adults 56 - 64 or Non BC seniors 65+:
Add \$80.00 to the above rates

Prices include all taxes

Day One:

Vancouver – Williams Lake

Meals: L

Travel north alongside the **Fraser Canyon** to **Hat Creek Ranch** for lunch with a coffee stop in **Hope**. After lunch continue north to the hidden and amazingly beautiful **Chasm Provincial Park**, where a 25 million year old, 120m deep canyon was carved by active volcanoes. Journey along the mighty Fraser Canyon past famous towns including **Lac La Hache** and **100 Mile House** before arriving at the **Coast Fraser Inn** for your overnight stay in **Williams Lake**.

Day Two:

Williams Lake – Bella Coola

Meals: B, L, D

The deluxe highway coach will take you past the rugged peaks of the **Rainbow Range**, which are visible from one of the many viewpoints, as are the pacific fjords, steep-sided valleys, ice fields, and glaciers. Small and abandoned villages and herds of wild horses can be seen from **Highway 20** en route to **Bella Coola**. The "**Freedom Highway**" literally traverses the **Coast Mountains** and the **Chilcotin Plateau** for some unforgettable, breathtaking scenery through this fantastic and seemingly untouched Chilcotin countryside.

Day Three:

Bella Coola

Meals: B, L, D

After breakfast explore the area of Bella Coola with a local guide. Learn about the diverse histories behind the people of Bella Coola, from the **Nuxalk Nation** to the unique Norwegian community, as well as the effects of fur trading and the gold rush. A camera will be an asset as you explore some of the most scenic spots in Bella Coola including picturesque **Clayton Falls**. Join the group for an included dinner. **Please note, on the September departure, time will be allotted to view the Grizzly Bears at a bear viewing area in Tweedsmuir Provincial Park.**

Day Four:

Bella Coola – Port Hardy

Meals: D

Board the **Northern Sea Wolf** BC Ferries vessel to begin your **Discovery Passage** adventure. A multitude of scenic surprises are in store on the cruise to **Port Hardy**. Weave through the remote channels past **Finn Bay**. Arrive in Port Hardy as early as 5:30 p.m.

Day Five:

Port Hardy – Vancouver

Meals: B, L

Follow the scenic **North Island Highway** past **Campbell River** to **Nanaimo**. Lunch is included today at a scenic setting overlooking **Georgia Strait**. Arrive midafternoon back in the lower mainland.



Should be physically active and able to walk reasonable distances on uneven ground



Cruising the West Coast Waterways

Featuring the Broughton Archipelago and Nootka Sound

July 5 - 10 & July 12 - 17

5 nights 6 days
13 meals

Highlights:

Georgia Strait • Vancouver Island • Port McNeill • Broughton Archipelago • Alert Bay • U'mista Cultural Centre • T'sasala Dance Group • Telegraph Cove • Campbell River • Gold River • M.V. Uchuck III • Nootka Sound • Qualicum

Tour includes:

Five nights accommodation
Five breakfasts
Three lunches
Five dinners
Broughton Archipelago Cruise
Nootka Sound Cruise*
All side tours and entrance fees
Ferry tolls

Accommodation:

Port McNeill Dalewood Inn
Gold River Ridgeview Motor Inn
Best Available

AGELESS PEACE OF MIND: \$210.00

* This boat ride runs approximately from 9:00 a.m. to 6:00 pm, sometimes later depending on the route for the day.



Must be able to climb stairs and navigate getting on and off a small vessel.

Price Per Person:

Double: **\$2,646.00**
Single: **\$3,098.00**

Adults 56 - 64 or Non BC seniors 65+:
Add \$18.00 to the above rates

Prices include all taxes

Day One:

Vancouver – Port McNeill

Meals: D

Travel across the **Georgia Strait** to **Vancouver Island** with **BC Ferries**. Experience a leisurely day as we travel north to **Port McNeill**, your home for three nights. Dinner is included in the inn's restaurant.

Day Two:

Port McNeill – Alert Bay– Port McNeill

Meals: B, L, D

Depart by ferry for **Alert Bay** and a guided tour of the **U'mista Cultural Centre**, which houses one of the finest collections of historical artifacts and elaborately carved cedar masks depicting the **Potlatch Ceremony** of the **Kwakwaka'wakw People**. Enjoy traditional dances by the **T'sasala Dance Group**. Lunch is served locally. Dinner is served at the inn's restaurant.

Day Three:

Port McNeill – Broughton Archipelago – Port McNeill

Meals: B, L, D

Board the **Naiad Explorer** for the first of two exciting ocean experiences — a cruise through the **Broughton Archipelago**. Broughton Archipelago is a wilderness area consisting of a maze of several small islands, numerous islets, and adjacent foreshore at the southern extremity of **Queen Charlotte Strait**. This is an opportunity to see **Orcas** and other sea mammals in their natural habitat. There is a stop at **Gilford Island**. Dinner is served at the inn's restaurant.

Day Four:

Port McNeill – Gold River

Meals: B, L, D

Travel south to **Telegraph Cove**. The historic Telegraph Cove Resort includes a charming boardwalk with eclectic buildings, gift shops, and restaurants. Telegraph Cove's history as a lumber mill and salmon saltery goes back to the early 20th century. It acquired its name in 1912 when the Superintendent of Telegraphs was shopping for a lineman's station and northern terminus for the telegraph line from **Campbell River**. Depart for Campbell River with lunch at the **Riptide Pub**. Travel west through **Strathcona Park**, Vancouver Island's oldest park, to **Gold River** for a two night stay at **Ridgeview Motor Inn**.

Day Five:

Gold River – Nootka Sound – Gold River

Meals: B, D

After breakfast board the **M.V. Uchuck III**, a working vessel, as it makes its way through **Nootka Sound**. This one-day marine cruise allows you to experience the day-to-day activities of a working marine vessel first hand as it makes deliveries to logging camps, fishing lodges, and other remote marine outposts throughout Nootka Sound*. The best of West Coast scenery is in store today. Lunch is available for sale onboard the boat. Dinner is included at a local eatery.

Day Six:

Gold River – Vancouver

Meals: B

Depart Gold River for **Qualicum**. Take the midafternoon ferry back to the lower mainland.



Haida Gwaii

Experience Super Natural BC

3 Departures:

July 13 - 19, July 26 - August 1,
& August 10 - 16

6 nights 7 days

16 meals



Highlights:

Masset • Agate Beach and Tow Hill • Naikoon Provincial Park • Old Massett • Haida Artists • Dixon Entrance Maritime Museum • Delkatla Wildlife Sanctuary • Davidson Longhouse • Haida Dance Performance • Port Clements and Tlell • Village of Daajing Giids • Skidegate • Haida Heritage Centre • Balance Rock • Loo Taas Canoe Shed • Gwaii Haanas National Park Reserve • Zodiac to Skedans Haida Site • Haida Feast

Tour includes:

Round trip flight with Pacific Coastal Airlines
Six nights accommodation
Six breakfasts
Four lunches
One snack
Five dinners
Meal gratuities
Step-on guide
Step-on guide gratuities
Zodiac trip
Ferry tolls
All side tours and entrance fees

Accommodation:

Masset	Masset OceanView Hotel
Daajing Giids	Sea Raven Inn <i>Best available accom.</i>

AGELESS PEACE OF MIND: \$245.⁰⁰



You must be able to walk unaided on uneven ground or extended inclines and negotiate boarding a small boat

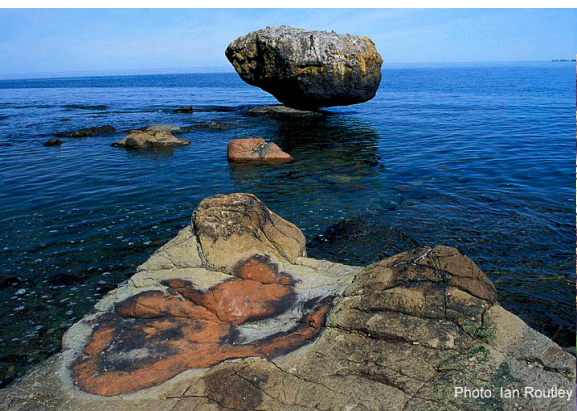


Photo: Ian Routley

Day One:

Vancouver – Masset

Meals: L, D

Take a morning flight with **Pacific Coastal Airlines** from **Vancouver** to the **Village of Masset**. Begin your Haida Gwaii adventure with a visit to pristine **Naikoon Provincial Park**. There is plenty of time to explore **Agate Beach**, **Tow Hill**, and **Rose Point** with the help of a local guide. Arrive midafternoon at the **Masset OceanView Hotel** for a two night stay. Tonight, enjoy dinner at a local eatery.

Day Two:

Masset – Old Massett – Masset

Meals: B, L, D

This morning visit the private residence of Haida artist **Christian White** and learn about his cultural history. Spend the afternoon in **Old Massett** for lunch and time to explore. A visit to the **Dixon Entrance Maritime Museum** and **Delkatla Wildlife Sanctuary** will cap off the afternoon. This evening visit **Davidson Longhouse**, enjoy a traditional seafood meal, and experience a Haida dance performance.

Day Three:

Masset – Village of Daajing Giids

Meals: B, L, D

Travel south to **Queen Charlotte City**. Along the way visit the **Port Clements Museum**, picnic at **Meares Lake**, and visit **Tlell**, home to many local crafters. Arrive in **Skidegate**, and join a local guide who will bring Haida's history and culture to life. Arrive midafternoon in the **Village of Daajing Giids** (formerly **Queen Charlotte City**) and settle into the **Sea Raven Inn**, your home for four nights.

Day Four:

Daajing Giids – Skidegate – Daajing Giids

Meals: B

Travel this morning to Skidegate and visit the **Haida Heritage Centre** at **Kay Llnagaay** that houses information on the history of the islands. View the **Loo Taas Canoe Shed** and the new poles symbolizing the continuation of the Haida lifestyle and celebrate a thriving culture. A highlight of the time in Skidegate is a visit to **Balance Rock**. Return to Daajing Giids for time on your own to visit local shops and the visitor centre.

Day Five:

Daajing Giids – Moresby Island – Daajing Giids

Meals: B, S, L, D

Haida history and culture can be experienced firsthand at the remote **Gwaii Haanas National Park Reserve** with a zodiac trip to the **Skedans**, an abandoned Haida Site. En route to the village, view many types of seabirds that are rarely seen from the coastal shores. A guide will take the group on a walking tour of the village site that includes viewing the standing totems. This full day away includes a picnic lunch and snacks en route. Dinner is at a local eatery.

Day Six:

Daajing Giids

Meals: B, D

Join the group for a walk to **Spirit Lake**. Experience the quietness of the moss carpeted forest, wander over bridges and boardwalks and spanning creeks. Come and explore the sights, sounds, and smells of a temperate rainforest with a Haida Gwaii interpreter. As you meander alongside a small stream to the tranquil Spirit Lake, learn how the Haida harvest plants and trees. This evening's highlight is a contemporary **Haida Feast**. Sample many traditional dishes ranging from seafood to venison.

Day Seven:

Daajing Giids – Masset – Vancouver

Meals: B

Depart the inn for the Masset Airport and your midmorning flight to Vancouver. Leave Haida Gwaii with memories of a lifetime!



Price Per Person:

Double or Twin: **\$4,839.⁰⁰**

Single: **\$5,487.⁰⁰**

Adults 56 - 64 or Non BC seniors 65+:
Add **\$18.⁰⁰** to the above rates

Prices include all taxes



Grizzly Bears of Knight Inlet

Highlights of Alert Bay & U'mista Cultural Centre

August 1 - 5

4 nights 5 days
9 Meals

Stay 'n' Play

Highlights:

Qualicum • Campbell River • Grizzly Viewing Cruise to Knight Inlet • Alert Bay • Telegraph Cove • Johnstone Strait • Robson Bight Ecological Reserve • Whale Watching at Robson Bight • U'Mista Cultural Centre • T'sasala Dancers • Alert Bay tour • Courtenay

Tour includes:

Four nights accommodation
Four breakfasts
Three lunches
Two dinners
Meal gratuities
Ferry tolls
Seven hour grizzly bear cruise & tour*
Services of a local guide
Local guide gratuities
Three & a half hour whale watching tour
All side tours and entrance fees

Accommodation:

Telegraph Cove Telegraph Cove Resort

Group size is limited to 20 passengers

*Passengers are transported in two enclosed vessels (30-ft & 32-ft) with washrooms on board. At the grizzly bear hot spot, passengers switch to open skiffs to get closer to the bears. Lunch, coffee, & tea are served on board the enclosed vessels.



AGELESS PEACE OF MIND: \$175.00



Guests will need to be able to negotiate stairs, walk short distances, and get in and out of the tour vans regularly as well as get on and off a small vessel. We will be boarding the ferry to Alert Bay as foot passengers

Day One:

Vancouver – Telegraph Cove

Meals: D

Board the morning ferry to **Vancouver Island**. Lunch is on your own in the quaint community of **Qualicum**. Follow the beautiful **North Island Highway** past **Campbell River** for a four night stay in the marine community of **Telegraph Cove** at the **Telegraph Cove Resort**.

Day Two:

Telegraph Cove – Knight Inlet – Telegraph Cove

Meals: B, L, D

Depart by boat for **Knight Inlet** located on the coastal mainland. View the grizzly bears in their natural surroundings in this spectacular inlet, as they interact and feed in the estuary and on the beaches near the river. The pristine beauty of the area enhances this rare opportunity to view these magnificent grizzlies. It is typical to find the bears chasing salmon around in the low tide pools at the river mouth.

Day Three:

Telegraph Cove – Alert Bay – Telegraph Cove

Meals: B, L

Depart by ferry for **Alert Bay** and a guided tour of the **U'mista Cultural Centre** which houses one of the finest collections of historical artifacts and elaborately carved cedar masks depicting the **Potlach Ceremony** of the **Kwakwaka'wakw People**. Enjoy traditional dances and performances by the **T'sasala Dance Group**. This includes a lovely catered lunch.

Day Four:

Telegraph Cove

Meals: B, L

Telegraph Cove is a whale-watchers paradise. From the comfort of the 60-ft coast guard certified vessel this excursion takes the tour group into **Johnstone Strait** and **Robson Bight** to see **killer whales** in their natural habitat. Robson Bight is a world famous coastal area and ecological reserve for killer whales, also called Orca. Lunch is served at the **Killer Whale Cafe**.

Day Five:

Telegraph Cove – Vancouver

Meals: B

Travel south to **Courtenay** with time for lunch and exploring on your own, before heading back to the lower mainland.



Price Per Person:

Double or Twin: **\$3,297.00**
Single: **\$4,019.00**

Adults 56 - 64 or Non BC seniors 65+:
Add \$18.00 to the above rates

Prices include all taxes



MV Frances Barkley & the Uchuck

August 14 - 18

4 nights 5 days
10 meals

Highlights:

Vancouver Island • Port Alberni • MV Frances Barkley • McLean Mill National Historic Site • Bamfield • Cathedral Grove • 40 Knots Winery • Gold River • MV Uchuck III • Friendly Cove

Tour includes:

Four nights accommodation
Four breakfasts
Two lunches
Four dinners
Meal gratuities
All side tours and entrance fees
Services of a local guide
Local guide gratuities
Ferry tolls

Accommodation:

Port Alberni Best Western Plus
Barclay Hotel
Gold River Ridgeview Motor Inn
Best Available

AGELESS PEACE OF MIND: \$175.00



Uneven and inclined pathways and stairs throughout the tour. This tour is not suitable for those rely on a walker

Price Per Person:

Double or Twin: **\$2,213.00**

Single: **\$2,719.00**

Adults 56 - 64 or Non BC seniors 65+:

Add \$18.50 to the above rates

Prices include all taxes

Day One:

Vancouver – Port Alberni

Meals: D

Travel mid morning to **Vancouver Island** and on to **Port Alberni** and the **McLean Mill National Historic Site** for a tour. After the tour check in to the **Best Western Plus Barclay Hotel**. Dinner is included.

Day Two:

Port Alberni – Bamfield – Port Alberni

Meals: B, L, D

Sail along the majestic **Alberni Inlet** to historic **Bamfield** and experience the spectacular sights. Aquatic wildlife, remote communities, beautiful views, and salt water air await you! Bamfield also services **Pachena Bay** and the start of the world famous 77-kilometre **West Coast Trail**.

The **MV Frances Barkley** is a 65-year-old heritage ship originating in Norway. After trekking through the Atlantic Ocean to Vancouver Island, she started her current route in 1990. Today, the ship is known for the essential services it provides to people in the remote communities of the inlet. The 36-metre vessel can carry up to 144 passengers and 100 tons of cargo. This boat cruise is 4.5 hours. Upon arrival enjoy a picnic lunch in Bamfield. Following lunch the coach drives back to the hotel.

Day Three:

Port Alberni – Comox – Gold River

Meals: B, L, D

Depart from the Port Alberni Valley with a brief stop at **Cathedral Grove**. Continue to **Comox** for lunch and wine tasting at the **40 Knots Winery**. After lunch travel east through **Strathcona Park** to the hamlet of **Gold River** and a two night stay at the **Ridgeview Motor Inn**. Dinner tonight is at the **Sea & Field Bistro**.

Day Four:

Gold River – Friendly Cove – Gold River

Meals: B, D

After breakfast board the **MV Uchuck III**, a working vessel, as it makes its way through **Nootka Sound** to **Friendly Cove (Yuquot)**. This is the historic birthplace of British Columbia and ancestral home to the Mowachaht/Muchalaht First Nations people where European Traders made first contact. Visit the lighthouse and historic **Catholic Church/Cultural Centre**, hike the beaches and trails, and learn about the significant native culture of the area. Lunch is available for sale onboard the boat. Dinner is included at a local eatery.

Day Five:

Gold River – Vancouver

Meals: B

Depart Gold River for **Qualicum**. Take the midafternoon ferry back to the lower mainland.



Desolation Sound & Princess Louisa Inlet

August 19 - 23

4 nights 5 days
11 meals



Highlights:

Sunshine Coast • Sechelt • Gibsons • Powell River • Lund • Desolation Sound boat ride • Madeira Bay • Secret Cove • Egmont • Jervis Inlet • Malibu Rapids • Princess Louisa Inlet • Chatterbox Falls

Tour includes:

Four nights accommodation
Four breakfasts
Three lunches
One snack
Three dinners
Meal gratuities
Six hour Desolation Sound Cruise
Princess Louisa Inlet Cruise
Local guide gratuities
All side tours and entrance fees
Ferry tolls

Accommodation:

Powell River Beach Gardens Resort
Secret Cove Rockwater Secret Cove Resort

*Group size is limited to
11 passengers*

Deadline to register is April 30, 2024



Must be able to climb stairs and navigate getting on and off a small vessel.

AGELESS PEACE OF MIND: \$175.00

Price Per Person:

Double or Twin: **\$3,786.00**
Single: **\$4,657.00**

Adults 56 - 64 or Non BC seniors 65+:
Add \$30.00 to the above rates

Prices include all taxes

Day One:

Vancouver – Powell River

Meals: D

Travel from the lower mainland to the **Sunshine Coast** and on to **Powell River** for a two night stay at the **Beach Gardens Resort**. Dinner is included at the resort.

Day Two:

Powell River – Desolation Sound – Powell River

Meals: B, S, L, D

Travel by coach north to the community of **Lund** and board **Pristine Charters** for a cruise to and around **Desolation Sound**. Cruise through **Thulin Passage** and the **Copeland Islands Marine Park** to Desolation Sound. Meander through **Prideaux Haven's** labyrinth of islets. Enjoy a lunch and snack on the cruise.

Day Three:

Powell River – Secret Cove

Meals: B, L

Depart Powell River for **Secret Cove** with a stop at **Madeira Park** for a waterfront lunch. Arrive mid afternoon at the well appointed **Rockwater Secret Cove Resort** for a two night stay.

Day Four:

Secret Cove – Princess Louisa Inlet – Secret Cove

Meals: B, L, D

After breakfast depart by coach for the community of **Egmont** and board a boat for **Princess Louisa Inlet** and **Chatterbox Falls**, one of the prettiest spots in BC. Cruise through **Jervis Inlet** and enter **Malibu Rapids** into **Princess Louisa Inlet**. Upon arrival at Chatterbox Falls enjoy time for a light lunch and an opportunity to explore.

Day Five:

Secret Cove – Vancouver

Meals: B

Depart the resort for **Sechelt** and the historical waterfront community of lower **Gibsons**. There is time spent in both locations before returning to the lower mainland.



B.C. Wildlife Adventure

August 26 - 29

3 nights 4 days
10 meals

Stay 'n' Play



Highlights:

Vancouver Island • Campbell River • Broughton Archipelago • Bute Inlet • Grizzly Bear viewing • Orford Bay • Homalco First Nation Territory • Discovery Islands • Comox

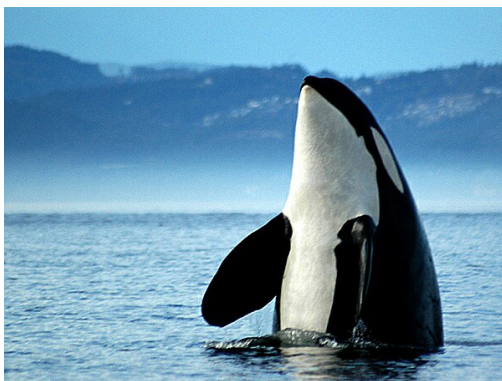
Tour includes:

Three nights accommodation
Three breakfasts
Two lunches
Two snacks
Three dinners
Meal gratuities
Grizzly Bear tour
Whales, Wildlife, and Culture Excursion
Local guide gratuities
All side tours and entrance fees
Ferry tolls

Accommodation:

Campbell River Coast Discovery Inn

AGELESS PEACE OF MIND: \$140.00



Day One:

Vancouver – Campbell River

Meals: D

Travel from the lower mainland to **Campbell River** for your three night stay at the waterfront **Coast Discovery Inn**. Dinner is included at the inn.

Day Two:

Orford Bay

Meals: B, S, L, D

Travel with **Homalco Wildlife & Cultural Tours** for a unique **Grizzly Bear tour**. The grizzly bear knows that around mid-August the annual salmon run begins in **Orford Bay** on the edge of the **Great Bear Rainforest**. Bears journey long distances to **Algard Creek** and the **Orford River** to feast on the spawning salmon and their eggs. This exciting full day tour begins with a two hour journey through the **Salish Sea** and lands of the First Peoples into **Bute Inlet**. We'll engage in respectful wildlife viewing while you discover the people, land, and waters of this truly spectacular part of Canada. The abundance of marine wildlife provides chances to observe whales, sea lions, dolphins, bald eagles, and a variety of colourful sea birds.

Your arrival in Orford Bay begins a three hour land experience. Guides will transport you by bus to a variety of raised wildlife viewing platforms and prime ground viewing locations to look for the magnificent grizzly bears.

Along the way, guides will share knowledge about the bears, salmon, Homalco people, and their ties to the land. You'll learn about the significance of their Nation-run salmon enhancement hatchery. Lunch will be served on the boat in Orford Bay with an unobstructed view of the estuary and its spectacular mountain surroundings. Dinner tonight is at a local eatery.

Day Three:

Grizzly Tour

Meals: B, S, D

Your adventure continues on a four hour **Whales, Wildlife, and Culture Excursion** of discovery focused on large marine mammals. Campbell River ranks among the most sought after destinations for viewing some of the world's most magnificent marine mammals. We depart from the **Coast Marina** aboard a custom-designed tour vessel* to search for humpback whales, orcas (killer whales), porpoises, dolphins, sea lions, otters, bald eagles, and a variety of marine birds. Dinner tonight is at a local eatery.

Day Four:

Campbell River – Comox – Vancouver

Meals: B, L

This morning depart the hotel for **Comox** for a guided tour of the lovely **Filberg Heritage Lodge**. Lunch is served at a local restaurant before returning to the lower mainland.

**The vessel is a new, state of the art, 12 passenger landing craft. Featuring two seating options for each guest: 12 comfort seats inside the heated cabin, motor coach quality bucket seat with arm rests and a beverage holder, and 12 adventure seats outside on the front deck. There is a washroom on board. 12 guests will take the Grizzly Bear tour and 12 will take the Whale Watching tour. Then the groups will reverse on Day Three.*

Price Per Person:

Double or Twin: **\$2,872.00**

Single: **\$3,429.00**

Adults 56 - 64 or Non BC seniors 65+:
Add **\$18.00** to the above rates

Prices include all taxes



Must be able to climb stairs and navigate getting on and off a small vessel.

AGELESS
ADVENTURES

Fabulous Kootenays

September 9 - 13

4 nights 5 days
9 meals



Highlights:

Kelowna • Gray Monk Estate Winery •
Vernon • Nakusp • Nikkei Internment
Centre • Nelson • Prestige Lakeside
Resort • Hume Hotel • Rossland •
Watermark Beach Resort • Orofino Winery
• Crowsnest Vineyards

Tour includes:

Four nights accommodation
Four breakfasts
One lunch
Wine tasting & snack
Three dinners
Meal gratuities
All side tours and entrance fees
Services of a local guide

Accommodation:

Vernon	Prestige Vernon Lodge
Nelson	Prestige Lakeside Resort
Osoyoos	Watermark Beach Resort

AGELESS PEACE OF MIND: \$175.00



Uneven ground on portions of this tour

Day One:

Vancouver – Vernon

Meals: S

Travel east on the **Trans-Canada Highway** to **Hope**. Continue on **Highway 5** to **Kelowna** and the heart of B.C.'s **Okanagan Valley** for wine tasting at the legendary **Gray Monk Estate Winery**. Continue north on **Highway 97** to **Vernon** and your one night stay at the **Prestige Vernon Lodge**.

Day Two:

Vernon – Nelson

Meals: B, D

The day begins with a scenic drive to the Village of **Nakusp**. Situated beside the mouth of **Kuskanax Creek** on the **Upper Arrow Lake** in the **West Kootenay** region. You will stop for a lunch break and have an opportunity to take in the picturesque mountain lakeside setting. The journey continues to **New Denver** and the **Nikkei Internment Memorial Centre**. Here you will tour the historic site that preserves and interprets the incarceration of more 27,000 Japanese Canadians during and after World War II. Travel to **Nelson**, a vibrant mountain town located in the rugged **Selkirk Mountains** on the west arm of **Kootenay Lake** and arrive at the **Prestige Lakeside Resort**, your home for the next two nights. Dinner is served in the resort's dining room.

Day Three:

Nelson

Meals: B, D

After breakfast enjoy a visit and guided tour of the **Nelson Museum and Art Gallery**. The museum is housed in a 1902 building with artwork and rotating exhibits exploring local history and culture. After a lunch break, continue your day with a coach tour of the city. The rest of the afternoon is yours to enjoy before departing for dinner at the famous **Hume Hotel**, formerly known as the Heritage Inn.

Day Four:

Nelson – Osoyoos

Meals: B, D

Enjoy the scenic beauty of the Kootenays as we travel from Nelson to **Osoyoos**. Stop in the charming city of **Rossland**, located in the West Kootenay region. Rossland sits high in the **Monashee Mountains**, and lies immediately east of the intersections of **BC Highways 3B** and **22**, providing a winter base for the nearby ski hills of the **Red Mountain Resort**. You will take in a guided tour of the **Rossland Museum and Discovery Centre** before a lunch break and continuing to the desert town of **Osoyoos**. Here you will arrive at the luxurious **Watermark Beach Resort and Spa** with its spectacular views of **Osoyoos Lake** for a one night stay. Then relax and unwind over a meal in the cozy ambience of **Convivia Bistro Cuisine**.

Day Five:

Osoyoos – Vancouver

Meals: B, L

Your journey home takes you through the small community of **Cawston** located just east of **Keremeos**. Cawston is known for its farm gate markets, bistros, and farm-to-table restaurants. Stop for a wine sampling at the **Orofino Winery** before you arrive at the scenic **Crowsnest Vineyards** for an included lunch. There will be a short stop in **Hope** before you proceed to the lower mainland and home.

Price Per Person:

Double or Twin: **\$2,656.00**

Single: **\$3,578.00**

Prices include all taxes





Grizzly Bears of Toba Inlet

*Desolation Sound &
Klahoose Wilderness Resort*

September 26 - 29

Stay 'n' Play

3 nights 4 day
9 meals

Highlights:

Powell River • Lund • Desolation Sound •
Homfray Channel • Great Bear Rainforest
• Toba Inlet

Tour includes:

Round trip flight with Pacific Coastal Air
Three nights accommodation
Welcome reception
Three breakfasts
Two lunches
Three dinners
Local transportation
Boat transportation
Two 3 hour bear viewing tours
All side tours and entrance fees

Accommodation:

Desolation Sound Klahoose
Wilderness Resort

*Group size is limited to
8 passengers*

AGELESS PEACE OF MIND:

Not available for this tour

Day One: *Vancouver – Powell River – Lund – Klahoose Wilderness Resort* **Meals: R, D**

Travel with **Pacific Coastal Airlines** from Vancouver's south terminal to **Powell River**. Upon arrival travel to **Lund**. Lund is located at the tip of the **Sunshine Coast** and is the gateway to **Desolation Sound**. Enjoy a welcome reception and meet the crew as we set off from this quaint village. Motoring north into Desolation Sound, we pass **Desolation Sound Provincial Marine Park**, a haven for boaters and kayakers with its calm waters and sheltered anchorages. As we leave the boaters behind, we cruise into **Homfray Channel**, one of the deepest in North America and flanked by towering peaks. In the evening, we reach **Klahoose Wilderness Resort**, nestled in the remote wilderness of Desolation Sound, where we will be greeted with a warm Klahoose welcome, meet the staff, and enjoy our meals prepared by the resort's chef. Experienced Indigenous Interpreters and friendly staff add to the memorable experience, particularly on the grizzly bear viewing tours in **Toba Inlet**. Guests leave transformed by the beauty of the Klahoose territory, their Nation's unique culture, and the region's exceptional wildlife.

Day Two: *Klahoose Resort – Toba Inlet – Klahoose Resort* **Meals: B, L, D**

Grizzly bear viewing tours depart the resort with a cruise to Toba Inlet, on the edge of the **Great Bear Rainforest**. Upon arriving at the river, you will receive a warm and traditional welcome from the **Klahoose First Nation guides**. A short drive will transport you to specially designed viewing areas where you will spend about three hours with the bears in their natural habitat, from raised and covered viewing platforms along the remote wilderness river. The highlight of the tour is the chance to view the grizzly bears feeding on salmon in their natural habitat. After having lunch onboard, return to the resort in the afternoon with time to relax on the lodge's expansive deck as the chef prepares your dinner.

Day Three: *Klahoose Resort – Toba Inlet – Klahoose Resort* **Meals: B, L, D**

A second day of the **Grizzly Bear Viewing Tour**.

Day Four: *Klahoose Resort – Lund – Powell River – Vancouver* **Meals: B**

Depart the resort after breakfast. Cruise this morning from Klahoose Wilderness Resort south through Homfray Channel. Pass Desolation Sound Marine Park and return back to the Sunshine Coast and **Lund Harbour**. (Estimated arrival at 12:00pm). Have lunch on your own in Lund and then travel back to Powell River for your afternoon flight to **Vancouver**.



Must be able to negotiate boarding and
disembarking from a small vessel

Price Per Person:

Double or Twin: **\$4,557.⁰⁰**

Single: **\$5,149.⁰⁰**

Prices include all taxes



Rocky Mountaineer Rail

From the Rockies to the Red Rocks

September 20 - 27

7 nights 8 days

13 meals



Highlights:

Denver • Colorado Springs • Garden of the Gods • Old Colorado City • Manitou Springs • Continental Divide • Moffat Tunnel • Byers Canyon • Gore Canyon • Gross Reservoir Dam • Glenwood Springs • Mount Logan • De Beque Canyon • Mount Garfield • Moab • Colorado River boat ride • Arches National Park • Canyonland National Park • Salt Lake City • Mormon Tabernacle Choir

Tour includes:

Round trip flight with United and Delta airlines
Seven nights accommodation
Seven breakfasts
Three lunches
Three dinners
Meal gratuities
Two days on the Rocky Mountaineer
All side tours and entrance fees
Step-on guides
Step-on guides gratuities

Accommodation:

Denver	Hotel Indigo
Glenwood Springs	TBA
Moab	Hyatt Place Moab
Salt Lake City	Little America Hotel

Medical Insurance is Recommended

Passport is Required

AGELESS PEACE OF MIND: \$350.00

Price Per Person:

	SilverLeaf
Double or Twin:	\$7,439.00
Single:	\$9,849.00
	SilverLeaf Plus
Double or Twin:	\$8,542.00
Single:	\$10,939.00

Prices include all taxes

Day One:

Vancouver – Denver

Meals: D

Start this adventure with a mid morning flight to **Denver**. Check into the **Hotel Indigo** and join the group for an included dinner.

Day Two:

Denver – Colorado Springs – Denver

Meals: B

After breakfast depart for **Colorado Springs** for a day of exploring with a local guide. Visit the **Garden of the Gods** followed by a driving tour of the **Old North End Historical District** with turn-of-the-century Victorian houses built with gold mining money. Next, visit the historical downtown area of Colorado Springs, **Old Colorado City**, an 1850s mining town, and **Manitou Springs** known for its Victorian mountainside houses and famous mineral springs.

Day Three:

Denver – Glenwood Springs

Meals: B, L

All aboard the **Rocky Mountaineer**! Experience the American Southwest on this new route, **Rockies to the Red Rocks**. As you hear the whistle blow, board the train, take your seat, and get ready to start your journey alongside the **Colorado River** through a series of canyons and rugged landscapes. As you enjoy breakfast and a beverage, take in the scenic views of the **Gross Reservoir dam**. Built in 1954, it has a surface area of 440 acres with a spillway that sits at 7,225 feet in elevation. The route slowly gains elevation before reaching the **Continental Divide**. Here you'll pass through the historic **Moffat Tunnel** and emerge on the western side of the Continental Divide. This railway tunnel opened in 1928 and cuts through 6.3 miles of mountainous terrain.

Enjoy a three-course lunch as our onboard hosts share stories about the region we travel through. Make sure you keep your camera nearby as we travel along the Colorado River through a series of captivating canyons, including **Byers Canyon** and **Gore Canyon**. Keep your eyes peeled for wildlife as these canyons are the perfect place to spot pronghorns, deer, and eagles.

Today's journey ends in the historic town of **Glenwood Springs**. Enjoy the evening at your leisure in this true Wild West town, before relaxing in your cozy hotel and look forward to tomorrow's adventure.

Day Four:

Glenwood Springs – Moab

Meals: B, L, D

In the morning, you'll board the train for another day of incredible scenery as we head southwest past mountain vistas, desert cliffs, and vibrant sandstone mountains. Enjoy a two-course hot breakfast as we pass by **Parachute Creek** and **Mount Logan** towards **De Beque Canyon**, a 15-mile long narrow canyon with stair-step cliffs of sedimentary rock layers.

As we continue west, look out for **Mount Garfield**. At 6,765 feet, it's the highest point of the **Book Cliffs** so it should be easy to spot! These sandstone mountains stretch nearly 200 miles from west to east – another great excuse to get your camera out!

Arrive in **Moab** and spend the afternoon exploring this little town, full of great and unique shops and restaurants. Tonight, join the group for a cowboy-style Dutch oven dinner overlooking the Colorado River. After dinner, depart on a flat-bottomed boat as we head up river with a knowledgeable and entertaining guide who will point out things of interest and ignite your imagination.

Once darkness settles in, the formal part of the evening begins with 40,000 watts of natural light illuminating the canyon wall. Lights, shadows, music, and narration make the stories of the canyon's formation, creation, and history come to life on the walls above the river—as learned from the early settlers of the area, the Catholic conquistadors, Native Americans, and Mormon pioneers.

Day Five:

Moab

Meals: B, L

Today we are joined by a local guide for a visit to **Arches** and **Canyonland National Park**. Arches National Park has over 2,000 natural stone arches, hundreds of soaring pinnacles, massive rock fins, and giant balanced rocks. This red-rock wonderland will amaze you with its formations. After



Uneven ground on portions of this tour



a picnic lunch Canyonlands invites you to explore a wilderness of countless canyons and fantastically formed buttes carved by the Colorado River and its tributaries.

Day Six:

Moab – Salt Lake City

Meals: B

After breakfast depart for **Salt Lake City** and check into the **Little America Hotel**, nestled between the **Wasatch** and **Oquirrh Mountain Ranges** in the heart of downtown Salt Lake City. Little America is close to the best shopping, restaurants, and culture the city has to offer.

Day Seven:

Salt Lake City

Meals: B, D

Visit Salt Lake City's top attractions and hidden gems with a local guide who will entertain you with stories and explain local culture and the city's fascinating history. Tonight, join the group for a farewell dinner in a local restaurant followed by a visit to **Temple Square** and the home of the world-famous **Mormon Tabernacle Choir** (pending scheduling). This 360-member chorus of men and women, all volunteers, has performed at World's Fairs and expositions, and at inaugurations of U.S. presidents.

Day Eight:

Salt Lake City – Vancouver

Meals: B

Depart mid morning for your flight home to Vancouver.

Rocky Mountaineer Rail Booking Deadline: May 17, 2024

\$200 Nonrefundable Deposit Required Upon Booking



Thanksgiving in Parksville

October 14 - 17

3 nights 4 days
7 meals

Stay 'n' Play

Highlights:

Qualicum Beach • Parksville • Thanksgiving dinner • North Island Recovery Centre • Coombs Old Country Market • Little Qualicum Cheeseworks • Chemainus • Chemainus Theatre • Malahat Highway • Victoria

Tour includes:

Three nights accommodation
Three breakfasts
Two lunches
Two dinners
Meal gratuities
All side tours and entrance fees
Ferry tolls

Accommodation:

Parksville The Beach Club Resort

Price Per Person:

Double or Twin: **\$1,967.00**

Single: **\$2,387.00**

Adults 56 - 64 or Non BC seniors 65+:
Add \$18.00 to the above rates

Prices include all taxes

Day One:

Vancouver – Parksville

Meals: D

Sail from **Horseshoe Bay** to **Departure Bay** with BC Ferries and then on to **Qualicum Beach** for some free time to explore this lovely town. Check into **The Beach Club Resort**, the ultimate destination for oceanfront luxury on Vancouver Island, and your home for three nights. This resort is located in the charming town of **Parksville**, surrounded by breathtaking scenery and endless opportunities for adventure and relaxation. Tonight, join the group for a traditional **Thanksgiving Dinner** in the hotel's restaurant.

Day Two:

Parksville – Duncan – Coombs – Parksville

Meals: B, D

Today we visit the **North Island Recovery Centre**, a non-profit, world-class rehabilitation facility situated on acres of immaculately manicured grounds, caring for animals with all types of needs, including birds with broken wings, orphaned black bears, electrocuted eagles, and much more! Next up is the **Coombs Old Country Market**, started as a roadside stand providing fresh produce to travellers heading to the west coast of Vancouver Island. Over the years it has evolved and grown into a landmark with gifts, groceries, great food, and goats... on the roof! This afternoon enjoy a tour of **Little Qualicum Cheeseworks**, a small family run cheesemaking facility located on a picturesque Vancouver Island farm. Tonight, dinner is at **Kalvas Restaurant**, immerse yourself in the authentic charm and coziness of Parksville's elegant log house.

Day Three:

Parksville – Chemainus – Parksville

Meals: B, L

This morning, depart for **Chemainus**, a quaint artisan village nestled between the mountains and ocean directly on the Cowichan coast. Home to 50+ giant murals, trendy boutiques and galleries, a public market, and so much more. Next, we visit the famous **Chemainus Theatre** for a buffet lunch followed by a matinee performance.

Day Four:

Parksville – Victoria – Vancouver

Meals: B, L

Follow the scenic **Malahat Highway** south towards **Victoria** and **Swartz Bay**. Enjoy lunch en route at the **Fireside Grill**. Depart on a BC Ferry back to the mainland.

AGELESS PEACE OF MIND: \$140.00



Uneven ground on portions of this tour

Autumn in Québec

Featuring Montréal, Québec City, & the Charlevoix Region

October 8 - 15

7 nights 8 days
15 meals



Highlights:

Montréal • Old Montréal • Ste-Catherine Street • St-Helen Island • Mont Royal • St-Joseph's Oratory • Montréal's Old Port • Place Jacques • Notre Dame Basilica • Chemin Du Roy • St. Lawrence River • Québec City • Château Frontenac • Place d'Armes • Plains of Abraham • Charlevoix Region • King's Road • Montmorency Falls • Charlevoix train ride • Fairmont Le Manoir Richelieu • Baie-Saint-Paul

Tour includes:

Round trip airfare with Air Canada
Seven nights accommodation
Seven breakfasts
Three lunches
Five dinners
Meal gratuities
All side tours and entrance fees
Services of local guides
Local guide gratuities

Accommodation:

Montréal	Hotel Le Cantlie Suites
Québec City	Hotel Chateau Laurier
Charlevoix	Fairmont Le Manoir Richelieu

Out of Province Medical Insurance is Recommended

AGELESS PEACE OF MIND: \$280.00

Price Per Person:

Double or Twin: \$5,459.00

Single: \$6,919.00

Prices include all taxes



Uneven ground on portions of this tour.
Plus some stairs involved.



Day One:

Vancouver – Montréal

Meals: D

Depart on a morning flight to **La Belle Province, Québec**, to experience the magnificent colours of autumn. Arrive in **Montréal** and check in to the centrally located **Hotel Le Cantlie Suites** for a three night stay. Join the group for a welcome dinner.

Day Two:

Montréal

Meals: B, D

This morning enjoy a three hour city tour with a step-on guide featuring **Ste-Catherine Street, St-Helen Island, Mont Royal, St-Joseph's Oratory, The Old Port, Place Jacques Cartier**, an included visit to the **Notre Dame Basilica**, and much more. The afternoon is yours to enjoy and explore. The evening features a delicious dinner at a local restaurant and an opportunity to explore **Old Montréal**.

Day Three:

Montréal – Eastern Townships

Meals: B, L

Today our destination is the picturesque **Eastern Townships** area with breathtaking autumn scenery and quaint villages and towns. The group will visit the **Abbey of Saint-Benoit-du-Lac**, founded in 1912. Situated in a beautiful rural setting the abbey produces cheese, ciders, and candy. Next is the lovely town of **Magog**. Have time to explore this lakeside community and savour a lunch bursting with local flavours. After a leisurely tour of this beautiful region return to the hotel for time on your own.

Day Four:

Montréal – Québec City

Meals: B, L, D

Depart Montréal and travel along the **Chemin du Roy**, the first carriage road linking Québec to Montréal built in 1737. It follows along the **St. Lawrence River**. Along the way the group will experience a French Canadian tradition at **Sugar Shack Chez Dany**, including lunch and live entertainment. Arrive in historic **Québec City**, the heart of French Canada and a UNESCO World Heritage Site, for a two night stay at the **Hotel Chateau Laurier**. Dinner tonight is included at a local restaurant.

Day Five:

Québec City

Meals: B

Tour Canada's only walled city, crowned by the great turrets of the **Château Frontenac**. **Old Québec** is one of the best-preserved cities in North America. Highlights include the **Place d'Armes**, ancient **Place Royale**, **Cape Diamond**, the **Joan of Arc Garden**, **Grand-Allée**, **Parliament**, the **Plains of Abraham**, and much more. The afternoon and evening are yours to relax and enjoy.

Day Six:

Québec City – Charlevoix Region

Meals: B, L, D

After breakfast, depart the hotel for beautiful **Montmorency Falls** (1 ½ times taller than the Niagara Falls). A highlight of this day will be a stunning train ride on the **Charlevoix Light Rail Transit**. The train hugs the **St. Lawrence River** shoreline revealing otherwise inaccessible scenery with the final destination of **Baie-Saint-Paul**. Baie-Saint-Paul boasts two hundred year old houses in the traditional Québec style. The next two nights will be spent in the **Charlevoix Region** at the incredible **Fairmont Le Manoir Richelieu**, known as "The Castle on the Cliff". This evening will include a delicious dinner at a restaurant in **La Malbaie**.

Day Seven:

Charlevoix Region

Meals: B, D

Tour this spectacular area by coach and soak in the sights of the Québec countryside in the fall. The rest of the day is free to enjoy the many amenities of the Fairmont Le Manoir Richelieu. A scrumptious farewell group dinner at the hotel will be a fitting conclusion to the trip.

Day Eight:

Charlevoix – Québec City – Vancouver

Meals: B

Depart by coach from the hotel for an afternoon flight from Québec City to Vancouver. Reflect on your memories of Autumn in Québec.



Wickaninnish Inn Experience

Stormwatching at Long Beach

December 1 - 5

4 nights 5 days

9 meals

Stay 'n' Play

Highlights:

Qualicum • The Rugged West Coast of Vancouver Island • Pacific Rim National Park Reserve • Long Beach • Wickaninnish Inn • Tofino • Wild Pacific Trail • Ucluelet

Tour includes:

Four nights accommodation
Four breakfasts
Two lunches
Three dinners
Meal gratuities
All side tours and entrance fees
Ferry tolls

This is an opportunity to treat yourself at one of BC's most well known, deluxe properties, the Wickaninnish Inn: Rustic Elegance on Nature's Edge. Surrounded on three sides by the wild blue waters of the Pacific with an old growth forest as a backdrop, explore spectacular Chesterman Beach and the beauty of Vancouver Island's wild west coast. The Wickaninnish Inn was built to embrace Storm Season. Pounding surf, howling winds, scudding clouds heavy with rain, thundering across the sky like a team of horses. Whether you bundle up outside or watch it all from the comfort of your fireplace-warmed suite, storm watching is an awe inspiring experience that invigorates the soul. Ocean and beach views are standard from every guest room. Indulge in acclaimed West Coast Canadian Cuisine in the beautiful dining room with its award winning wine list. Don't miss out on this luxurious West Coast experience!

Deadline to register is September 1, 2024

Accommodation:

Tofino Wickaninnish Inn

AGELESS PEACE OF MIND: \$175.00



You must be able to walk a kilometre or more on uneven ground and be able to climb stairs

Price Per Person:

	1 st floor	2 nd floor	3 rd floor
Double or Twin:	\$3,318.00	\$3,529.00	\$3,927.00
Single:	\$4,617.00	\$5,126.00	\$5,913.00

Adults 56 - 64 or Non BC seniors 65+: Add \$18.00 to the above rates

Prices include all taxes



Desert Canyons

Arizona & Utah, Featuring: Grand, Bryce, Arches, & Zion Canyons

October 11 - 21

10 nights 11 days
22 meals



Highlights:

Zion National Park • Bryce Canyon National Park • Moab • Arches National Park • Monument Valley Jeep Tour • Glen Canyon National Recreation Area • Lake Powell Cruise • Grand Canyon • Grand Canyon National Park Lodge • Oak Creek Canyon • Sedona • Old Town Scottsdale • Scottsdale

Accommodation:

Zion	Holiday Inn Springdale
Bryce	Bryce Canyon Resort
Moab	Hyatt Place
Page	Lake Powell Resort
Grand Canyon	National Park Lodge
Scottsdale	Hilton Garden Inn

Day One:

Vancouver – Springdale, Utah

Meal: D

This tour of the Canyons features some of the most spectacular scenery in the U.S., it includes overnight accommodation at **Bryce Canyon** and **Grand Canyon National Park Lodges**, and the **Lake Powell Resort**, all of which are located in the heart of this amazing scenery. The tour includes Park rangers / step-on guides at all National Parks. Arrive early afternoon in **Springdale, Utah** (a 10 minute drive from Zion National Park).

Day Two:

Zion National Park

Meals: B

Arrive mid morning at **Zion National Park Lodge** located on the floor of the canyon. Board a private **Zion Canyon Shuttle** with live commentary and experience the scenic highlights of the park. There will be time to have lunch and explore the park on your own before departing for Springdale.

Day Three:

Zion National Park – Bryce National Park

Meals: B, L, D

Climb from the Zion Canyon floor by coach for **Bryce Canyon National Park**. This afternoon our step-on guide will take us to Bryce Canyon's most famous viewpoints, dizzying in scope, including **Fairyland**, **Sunrise**, **Bryce**, and **Inspiration Points**. Thousands of delicately carved spires rise in brilliant colour from the amphitheatres of Bryce Canyon National Park. Overnight at the **Bryce Canyon Resort** for a one night stay. You are just a two minute walk from the hoodoos. Tonight join the group for dinner in the resort's dining room.

Day Four:

Bryce National Park – Moab

Meals: B, L, D

Depart from Bryce Canyon for **Moab** via the magnificent scenery of the **Grand Staircase Escalante**. Upon arrival in Moab enjoy a two night stay at the **Hyatt Place**.

Day Five:

Moab – Arches National Park – Moab

Meals: B, L, D

Explore **Arches National Park** with a local guide. View an impressive array of spires, pinnacles, balanced rocks, and the highest concentration of natural sandstone arches in the world. After spending time at the park travel back to Moab to enjoy the scenic beauty of the area and the amenities of the hotel which include a heated outdoor pool. Relax and reflect on the amazing scenery on your journey so far. Tonight enjoy a Canyon Cruise and dinner.

Day Six:

Moab – Monument Valley – Lake Powell

Meals: B, L, D

Today you will experience some of the most striking and recognizable landscapes in the entire Southwest. A jeep tour takes you halfway into "the valley", with additional driving photo stops, driving the entire 17 mile loop road, to see the most celebrated sandstone buttes, spires, mesas, and panoramic views from different angles. Late afternoon arrive at the **Lake Powell Resort**, the only hotel that overlooks the lake. Relax and enjoy the amenities of this amazing resort.



Price Per Person:

Double or Twin: **\$7,654.00**

Single: **\$9,499.00**

Prices include all taxes



Warning! Altitudes exceeding 8-9,000 ft. (2,700m).
Possible unstable or uneven ground





Tour includes:

Round trip with WestJet
Ten nights accommodation
Ten breakfasts
Five lunches
Seven dinners
Meal gratuities
All side tours and entrance fees
Park Ranger / step-on guides
Local guide gratuities

Medical Insurance is Recommended

Passport is Required

AGELESS PEACE OF MIND: \$385.00

Day Seven:

Lake Powell – Grand Canyon National Park.

Meals: B, L, D

Enjoy a morning boat cruise to **Glen Canyon Dam**, a definite highlight of the day. The journey continues with a stop at **Glen Canyon Dam Visitor Center** followed by the mesa-studded desert and a stop for lunch at the **Cameron**, a **Historic Navajo Trading Post**, featuring southwest Native American arts and crafts before travelling to the **Grand Canyon**. The Grand Canyon is overwhelming with its immense size. Unique combinations of geologic colour and erosional forms decorate a canyon that is 277 river miles (446km) long, up to 18 miles (29km) wide and a mile (1.6km) deep. The two night stay is inside the park system.

Day Eight:

Grand Canyon National Park

Meals: B

This morning there is a guided coach tour along the rim to **Desert View** with a local guide. This four hour tour will bring the majestic Grand Canyon to light. The afternoon is yours to enjoy a stroll through the **National Geographic Photo Gallery** or visit **Yavapai Point**, a major lookout point with a view of the **Colorado River**. Enjoy free time as you walk along the rim to capture spectacular views of the Grand Canyon! Your guide will assist you with an optional helicopter trip over the canyon.

Day Nine:

Grand Canyon National Park – Sedona – Scottsdale

Meals: B

Depart from Grand Canyon National Park for **Sedona** and on to **Scottsdale**. Enjoy one of Arizona's finest drives through **Oak Creek Canyon** to the city of Sedona with time to shop in the Mexican marketplace. The red rocks of Sedona are truly a special sight to see. Continue on to **Scottsdale, Arizona** for a two night stay at the **Hilton Garden Inn**.

Day Ten:

Scottsdale

Meals: B, D

Today is a free day, perhaps take a visit to **Old Town** or relax by the pool and reminisce about your Canyon adventures with friends. Join the group for a farewell dinner at a local eatery.

Day Eleven:

Scottsdale – Vancouver

Meals: B

Depart early afternoon with memories of your spectacular canyon tour.



The Plains of Africa Kenya Wildlife Safari

September 11 - 25, 2024

Double: \$10,999.00

Single: \$12,729.00

Deadline to book is: February 3, 2024

Contact our office for a detailed itinerary



Rome, Umbria, & Tuscany

May 11 - 23, 2024

Double: \$7,979.00

Single: \$9,648.00

Only a few spots left!!

Deadline to book is: February 3, 2024



General Information: *Please Read Carefully*

A non-refundable deposit of \$100.00 per person is required when booking, (some exceptions apply) plus the Peace of Mind Plan fee (if purchasing). Call 604-542-5566 or toll free 1-877-277-5577 to register.

Early payment discount:

A 5% discount applies when full payment is received 75 days in advance of the tour departure date. Full payment is due no less than 45 days prior to departure. (some tour exceptions)

Ageless Adventure Tours' Peace of Mind Plan:

Ageless Adventure's Peace of Mind Plan guarantees a full refund on all trip payments in the event of a cancellation for any reason up to 48 hours before the trip departure. This excludes the cost of the plan fee itself. During the course of a trip, if a passenger has to return home due to illness or a death in the immediate family, the plan fee guarantees a refund on any unused portion of the tour. If cancellation occurs less than 48 hours prior to departure the expenses associated with the first day of the tour are non-refundable.

Payment of the Peace of Mind Plan fee must accompany the initial deposit or full payment, whichever comes first. The plan fee is non-transferable.

The plan fee does not cover the cost of the increase in rates from a twin/double booking to a single booking and/or a triple to a twin, if the travelling companion cancels for any reason.

The plan fee does not include medical or baggage insurance. Refunds will be made within 30 days after the date of cancellation. This coverage is available for any Ageless Adventures product, some tour exceptions may apply, ask your Ageless Adventures tour agent.

When we have these tour exceptions we can recommend **TuGo Travel Insurance**, they have a variety of travel insurance available including Out of Province Medical and Trip Cancellation and Interruption.

Canadian-owned and operated for nearly 60 years, TuGo specializes in products & services that support travellers' health, wellness, and safety across Canada and around the globe. As one of Canada's top travel insurance providers, TuGo offers 24/7 in-house emergency travel medical assistance. Visit our website www.agelessadventures.com and go to the "Info" section and click TuGo to get a insurance quote.

Peace of Mind Plan Fee: see individual tour for price.

The Peace of Mind Plan is available only for tours operated by Ageless Adventure Tours. (some exceptions apply)

Ageless Adventure Tours is not responsible for any acts of omission or wrong or misleading information provided by any seniors centre, travel club, or outside agents, other than acts or omissions of Ageless Adventure Tours, a division of Mandate Tours & Transportation Inc.

Cancellation Penalties:

If the Ageless Adventure's Peace of Mind Plan is not purchased and you must cancel for any reason prior to the tour departure, the cancellation penalty will be as follows:

- 1) \$100 deposit is non-refundable
- 2) Medical reasons (Doctor's letter required): Up to and including 30 days prior to departure: 10% of the tour cost or \$100, whichever is greater, is non-refundable
- 3) Any other reason: Up to and including 30 days prior to departure: 50% of the tour cost is non-refundable
- 4) 29 days or less prior to departure: 100% of the tour cost is non-refundable

St. Lawrence Seaway

- 1) 75 days or more prior to departure: \$200 is non-refundable
- 2) 74 - 46 days prior to departure: 25% of the tour cost is non-refundable
- 3) 45 - 16 days prior to departure: 50% of the tour cost is non-refundable
- 4) 15 days or less prior to departure: 100% of the tour cost is non-refundable

Incredible Iceland

- 1) 90 days or more prior to departure: \$100 is non-refundable
- 2) 89 - 59 days prior to departure: 20% of the tour cost is non-refundable
- 3) 58 - 31 days prior to departure: 50% of the tour cost is non-refundable
- 4) 30 days or less prior to departure: 100% of the tour cost is non-refundable

Grizzly Bears of Toba Inlet

- 1) 75 days or more prior to departure: \$100 is non-refundable
- 2) 74 days or less prior to departure: 100% of the tour cost is non-refundable

Rome, Umbria, & Tuscany

- 1) \$100 deposit is non-refundable
- 2) 90 days or less prior to departure: 100% of the tour cost is non-refundable

Rocky Mountaineer Rockies to Red Rocks

- 1) \$200 deposit is non-refundable
- 2) 60 days or less prior to departure: 100% of the tour cost is non-refundable

Plains of Africa

Please request additional information booklet.

Baggage:

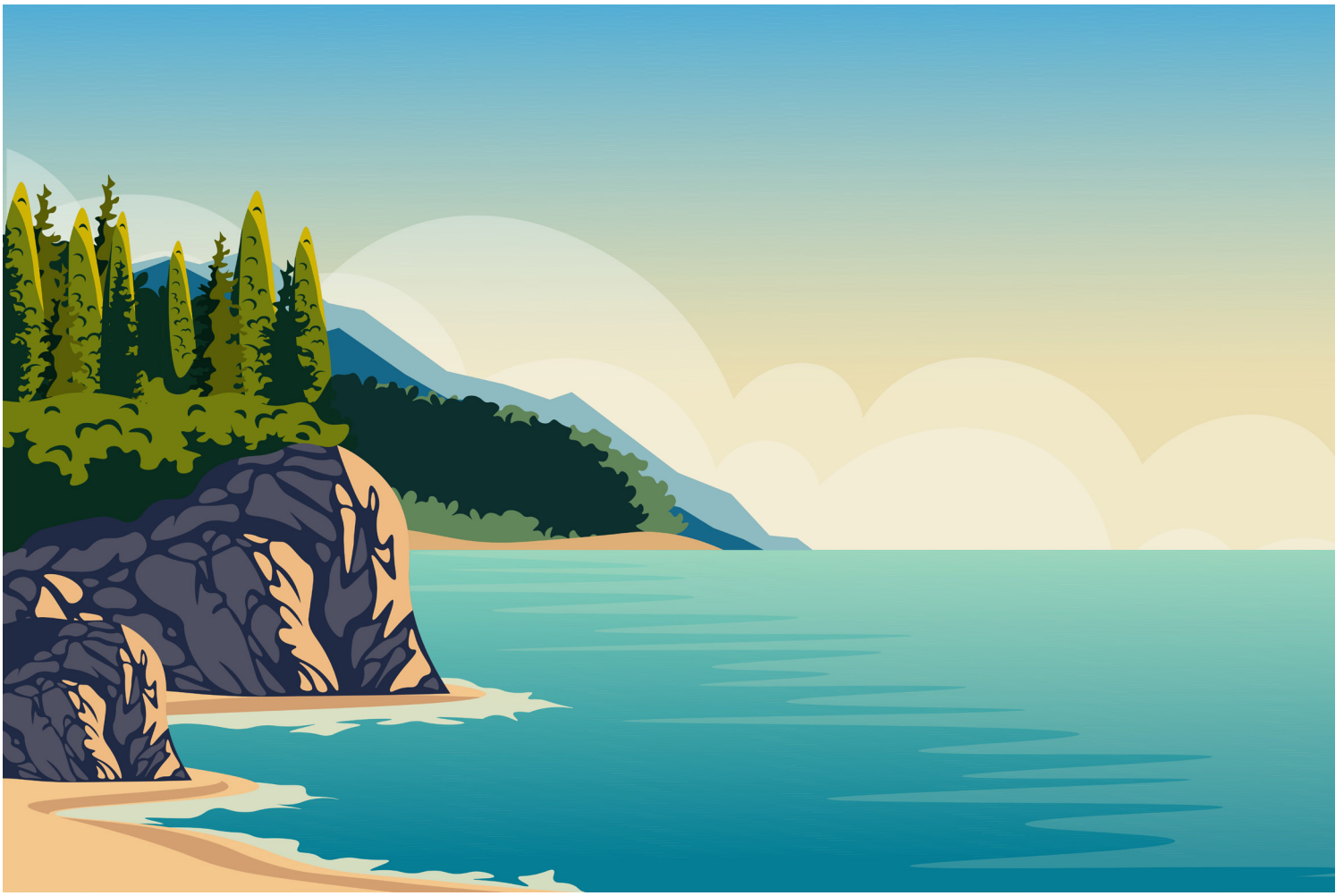
Includes handling of one large suitcase per person. A carrying case may be brought onboard the coach and is the passenger's responsibility. Airline baggage charges are not included in tour cost.

Pick-up Points:

Our Door-to-Door Service within the lower mainland includes: North and West Vancouver, Vancouver, Burnaby, Richmond, Delta, Surrey, Port Coquitlam, Coquitlam, Port Moody, Maple Ridge, New Westminster, White Rock, Pitt Meadows, Langley City, Fort Langley, Walnut Grove, Aldergrove, and Abbotsford. All other areas may be subject to additional charges. Please call 1-877-277-5577 to discuss pick-up and drop-off options.

Tour Interruption: Responsibility is not accepted for loss, cost for expenses due to: sickness, lack of appropriate medical facilities or practitioners, weather, strikes, theft or other criminal acts, computer problems, acts of God, dangers incident to sea, fire, acts of government or other authorities, war, acts of terrorism, civil unrest, riots, pilferage, epidemics, quarantines, other disease, climatic aberrations or other such causes beyond Ageless Adventure Tours / Mandate Tours & Transportation Inc's control. **Additional tour costs associated with the above mentioned situations will be borne by the tour participant.**

Ageless Adventure Tours reserves the right, with or without notice, to make any changes in hotels, meals, transportation, accommodation, and tour schedules. Tour prices are subject to change without notice.



AGELESS ADVENTURES

WINDSOR SQUARE SHOPPING CENTRE

#237 - 1959 152nd STREET

SOUTH SURREY, B.C. V4A 9E3